

Medal Winners 1975 – to Present

NATIONAL YOUTH TRACK & FIELD CHAMPIONSHIPS

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**MEDAL WINNERS
1975 – TO PRESENT**

TOP LEGION ATHLETES BY YEAR

Year	Award (introduced in 2007)	Athlete & Provincial Command	Location of Competition
2007	LeRoy Washburn Top Female	Christabel Nettey, BC/YT	Oromocto, NB
	Jack Stenhouse Top Male	Aleksandr Kuternin, ON	
2008	LeRoy Washburn Top Female	Christabel Nettey, BC/YT	Sherbrooke, QC
	Jack Stenhouse Top Male	Gregory Macneill, ON	
2009	LeRoy Washburn Top Female	Sarah Moss, ON	Sherbrooke, QC
	Jack Stenhouse Top Male	Steve Ajayi, ON	
2010	LeRoy Washburn Top Female	Christian Brennan, ON	Ottawa, ON
	Jack Stenhouse Top Male	Xavier King, ON	
2011	LeRoy Washburn Top Female	Julia Zrinyi, MB&NWO	Ottawa, ON
	Jack Stenhouse Top Male	Brandon McBride, ON	
2012	LeRoy Washburn Top Female	Mariam Abdul-Rashid, ON	Charlottetown, PE
	Jack Stenhouse Top Male	Davis Edward, ON	
2013	LeRoy Washburn Top Female	Chicago Bains, BC/YT	Langley, BC
	Jack Stenhouse Top Male	Joseph Maxwell, ON	
2014	LeRoy Washburn Top Female	Xahria Santiago, ON	Langley, BC
	Jack Stenhouse Top Male	Callum MacNab, BC/YT	
2015	LeRoy Washburn Top Female	Trinity Tutti, ON	Ste Therese, QC
	Jack Stenhouse Top Male	Aaron Marcynuk, AB-NT	
2016	LeRoy Washburn Top Female	Jasneet Nijjar, BC/YT	Ste Therese, QC
	Jack Stenhouse Top Male	Jarret Chang, BC/YT	
2017	LeRoy Washburn Top Female	Trinity Tutti, ON	Brandon, MB



MEDAL WINNERS
1975 – TO PRESENT

	Jack Stenhouse Top Male	Marcus Renford, ON	
2018	LeRoy Washburn Top Female	Savannah Sutherland, SK	Brandon, MB
	Jack Stenhouse Top Male	Emmanuel Désilets, QC	
2019	Jack Stenhouse Top Male	Ryan Jacklin, ON	Cape Breton, NS
	LeRoy Washburn Top Female	Jaeland Cummings, BC/YT	
2022	Jack Stenhouse Top Male	Jake McEachern, AB/NWT	Sherbrooke, QC
	LeRoy Washburn Top Female	Sofia Agudelo, QC	
2023	Jack Stenhouse Top Male	Caleb Pivin, QC	Sherbrooke, QC
	LeRoy Washburn Top Female	Hannah Gates, SK	
2024	Jack Stenhouse Top Male	Gursher Gabri, BC/Yukon	Calgary, AB
	Leroy Washburn Top Female	Kiana Charest, ON	

100 METRES – Girls Under 16

Year	Location of Camp	Athlete & Province	Time	Record
1975	Waterloo, ON	Cathy Costea (ON)	12.8*	12.8
1976	Edmonton, AB	Angela Bailey (ON)	12.2 *	12.2
1977	Oromocto, NB	Kim Gretzky (ON)	12.3	12.2
1978	Peace Garden, MB	Karen Aiken (AB-NT)	12.9	12.2
1979	St. John's, NL	Jillian Richardson (AB-NT)	13.0	12.2
1980	Saskatoon, SK	Rosie Edeh (QC)	12.5	12.2
1981	Hamilton, ON	Stephanie Currie (ON)	12.5	12.2
1982	Fredericton/Oromocto, NB	France Gareau (ON)	12.0 *	12.0
1983	Ottawa, ON	Christina Forward (ON)	12.0 *	12.0
1984	Halifax, NS	Christina Forward (ON)	12.5	12.0
1985	Saskatoon, SK	Michelle Oliver (ON)	12.56	12.0
1986	Sudbury, ON	Monica Highbaugh (AB-NT)	12.55	12.0
1987	Calgary, AB	Esther Brown (ON)	12.14	12.0
1988	Quebec City, QC	Caroline Vachon (QC)	12.59	12.0
1989	Victoria, BC	Caroline Vachon (QC)	12.49	12.0
1990	Mount Pearl, NL	Tania Archer (ON)	12.51	12.0
1991	Toronto, ON	Margaret Fox (ON)	12.31	12.0
1992	Calgary, AB	Margaret Fox (ON)	12.56	12.0
1993	Saskatoon, SK	Amorette Bradshaw (AB-NT)	12.19	12.0
1994	Ottawa, ON	Stephany Reid (NB)	12.55	12.0



**MEDAL WINNERS
1975 – TO PRESENT**

Year	Location of Camp	Athlete & Province	Time	Record
1995	Winnipeg, MB	Shelley-Ann Brown (ON)	12.29	12.0
1996	Sherbrooke, QC	Christine Fleury (NS)	12.53	12.0
1997	Mt. Pearl, NL	Vernee Samuel (ON)	12.65	12.0
1998	Prince George, BC	Toyin Olupona (ON)	12.29	12.0
1999	Sudbury, ON	Lyndsay Wilson (ON)	12.28	12.0
2000	Calgary, AB	Chandra Ewing (AB-NT)	12.71	12.0
2001	Sherbrooke, QC	Teneshia Pearn (AB-NT)	12.26	12.0
2002	Sherbrooke, QC	Jenni Hucul (SK)	11.90*	11.90
2003	Kitchener/Waterloo, ON	Rhonda Trusty (ON)	12:55	11.90
2004	Sudbury, ON	Chantal Grant (MB/NW ON)	12.41	11.90
2005	Edmonton, AB	Loudia Laarman (AB-NT)	12.26	11.90
2006	Burnaby, BC	Loudia Laarman (AB-NT)	12.20	11.90
2007	Oromocto, NB	Leah Walkeden (AB)	12.29	11.90
2008	Sherbrooke, QC	Shai Davis (BC)	11.85*	11.85
2009	Sherbrooke, QC	Naomi Kerr (ON)	12.08	11.85
2010	Ottawa, ON	Christian Brennan (ON)	11.88	11.85
2011	Ottawa, ON	Leye Buchanan (ON)	12.29	11.85
2012	Charlottetown, PE	Mariam Abdul-Rashid (ON)	12.08	11.85
2013	Langley, BC	Zion Corrales-Nelson (BC)	12.12	11.85
2014	Langley, BC	Xahria Santiago (ON)	12.38	11.85
2015	Ste. Therese, QC	Tatiana Aholou (QC)	11.93	11.85
2016	Ste. Therese, QC	Ma Pierre-Webster (ON)	12.34	11.85
2017	Brandon, MB	Praise Omogbai (QC)	12:15	11.85
2018	Brandon, MB	Jillian Catton (ON) Ella Clayton (AB) Gabrielle Cole (ON)	12.08 12.27 12.34	11.85
2019	Cape Breton, NS	Jaeland Cummings (BC) Gabrielle Cole (Flying Angel) Julia Vallée (QC)	12.55 12.58 12.61	11.85
2022	Sherbrooke, QC	Ashey Johnson (Miss. T.F.C.) Makenna Self (BC) Tatiana Reyes (AB/NWT)	12.24 12.391 12.397	11.85
2023	Sherbrooke, QC	J. Oppong-Nketiah (Ott T.F.C.) Jordynn Scott (ON) Kyla Findley (MB/NWO)	12.07 12.45 12.51	11.85
2024	Calgary, AB	Alexia Jones (ON) Nia Morgan (Capital City) Elizabeth Okemakinde (AB/NWT)	11.89 12.26 12.28	11.85

100 METERS – Boys Under 16

Year	Location of Camp	Athlete & Province	Time	Record
1975	Waterloo, ON	Howard Swaby (ON)	12.1*	12.1
1976	Edmonton, AB	Mike Patterson (ON)	11.9*	11.9
1977	Oromocto, NB	Real Andrews (BC)	11.4*	11.4



**MEDAL WINNERS
1975 – TO PRESENT**

1978	Peace Garden, MB	Marve Bowen (ON)	11.1*	11.1
1979	St. John's, NL	Enver Carolissen (ON)	11.6	11.1
1980	Saskatoon, SK	Keith Dormand (ON)	11.1*	11.1
1981	Hamilton, ON	Steve Dane (ON)	11.8	11.1
1982	Fredericton/Oromocto, NB	Bob Jordaine (AB-NT)	11.2	11.1
1983	Ottawa, ON	Michael Charles (ON)	10.8*	10.8
1984	Halifax, NS	Tony Lucas (NS)	11.1	10.8
1985	Saskatoon, SK	Derrick Dempster (NS)	11.14	10.8
1986	Sudbury, ON	Mathieu Hurtubise (QC)	11.39	10.8
1987	Calgary, AB	Sean McKillop (ON)	11.36	10.8
1988	Quebec City, QC	Martin Curtis (AB-NT)	11.62	10.8
1989	Victoria, BC	Abby Isaac (AB-NT)	11.43	10.8
1990	Mount Pearl, NL	Elliott Perrin (ON)	11.02	10.8
1991	Toronto, ON	Chris Robinson (ON)	11.12	10.8
1992	Calgary, AB	Randy Brooks (ON)	11.15	10.8
1993	Saskatoon, SK	B. Martel (QC)	11.24	10.8
1994	Ottawa, ON	Matt Stenson (ON)	11.39	10.8
1995	Winnipeg, MB	Roger Woon (AB-NT)	11.39	10.8
1996	Sherbrooke, QC	Sebastien Caron (QC)	11.33	10.8
1997	Mt. Pearl, NL	Sheldon Scott (ON)	11.40	10.8
1998	Prince George, BC	Steve Wood (ON)	11.31	10.8
1999	Sudbury, ON	Joshua Taylor (ON)	11.15	10.8
2000	Calgary, AB	Cameron Sahadath (ON)	11.69	10.8
2001	Sherbrooke, QC	John Jamal (ON)	11.22	10.8
2002	Sherbrooke, QC	Seyi Smith (ON)	10.95	10.8
2003	Kitchener/Waterloo, ON	Brendan Dills (ON)	11.62	10.8
2004	Sudbury, ON	Tyrone Halstead	11.17	10.8
2005	Edmonton, AB	Dushane Farrier (ON)	11.01	10.8
2006	Burnaby, BC	Phillip Hayle (ON)	10.96	10.8
2007	Oromocto, NB	Jason Charbonneau (QC)	11.14	10.8
2008	Sherbrooke, QC	Emeke Agada (ON)	11.27	10.8
2009	Sherbrooke, QC	Steven Ajayi (ON)	11.07	10.8
2010	Ottawa, ON	Andre Ford-Azonwanna (ON)	10.75*	10.75
2011	Ottawa, ON	Nathan Kyeame (ON)	11.26	10.75
2012	Charlottetown, PE	Chad Elliott (Open)	11.21	10.75
2013	Langley, BC	Chubba Hubbard (AB-NT)	11.12	10.75
2014	Langley, BC	Chubba Hubbard (AB-NT)	11.13	10.75
2015	Ste. Therese, QC	Emmanuel Ajiroba (Flying Angel)	10.96	10.75
2016	Ste. Therese, QC	Myl Misener-Daley (ON)	11.29	10.75
2017	Brandon, MB	Marcus Renford (ON)	10.97	10.75
2018	Brandon, MB	Jadon Rose (ON)	10.94	
		Jalon Rose (ON)	11.00	10.75
		Joe Bernard Ezzeddine (QC)	11.07	
2019	Cape Breton, NS	Daniel Kidd (AB-NT)	11.30	
		Ryder Hardy (SK)	11.36	
		Mesele Klassen (Riversdale A) (3 rd)	11.60	
		Grant White (MB) (3 rd)		10.75



**MEDAL WINNERS
1975 – TO PRESENT**

2022	Sherbrooke, QC	Will Batley (Ottawa Lions) Jordan Lewis (Flying Angel) Ryan Lofstrom (BC)	11.39 11.47 11.58	10.75
2023	Sherbrooke, QC	Jahleel Hayley (flying Angels) Dennis Iriowen (ON) Jackson Brhelle (Unattached BC)	11.46 11.67 11.68	10.75
2024	Calgary, AB	Yusuff Ajibola Yusuff (MN/NWO) Andre Bell (ON) Benny Allangba (Nova Athletics)	10.68 10.69 10.89	10.75

100 METRES – Girls Under 18

Year	Location of Camp	Athlete & Province	Time	Record
1975	Waterloo, ON	Tay Breen (NB)	12.2*	12.2
1976	Edmonton, AB	Cindy Moore (ON)	12.2	12.2
1977	Oromocto, NB	Colleen Gibson (BC)	12.0*	12.0
1978	Peace Garden, MB	Nicole Pothier (QC)	12.5	12.0
1979	St. John's, NL	Nicole Pothier (QC)	12.5	12.0
1980	Saskatoon, SK	Jillian Richardson (AB-NT)	12.0*	12.0
1981	Hamilton, ON	Diana Clark (BC)	12.2	12.0
1982	Oromocto, NB	Diana Clark (BC)	11.8*	11.8
1983	Ottawa, ON	Beanie Daye (AB-NT)	11.7*	11.7
1984	Halifax, NS	Althea Thomas (ON)	12.3	11.7
1985	Saskatoon, SK	Trina Penney (NB)	12.36	11.7
1986	Sudbury, ON	Wanita Leopetier (AB-NT)	12.22	11.7
1987	Calgary, AB	Nicole Gillis, (NS)	11.98	11.7
1988	Quebec City, QC	Charmaine Gilgeous (ON)	12.42	11.7
1989	Victoria, BC	Dionne Wright (ON)	12.24	11.7
1990	Mount Pearl, NL	Tara Perry (BC)	12.28	11.7
1991	Toronto, ON	Ladonna Antoine (SK)	12.09	11.7
1992	Calgary, AB	Sandra Glazer (QC)	12.36	11.7
1993	Saskatoon, SK	Natasha Quan-Vie (AB-NT)	12.14	11.7
1994	Ottawa, ON	Natasha Quan-Vie (AB-NT)	11.98	11.7
1995	Winnipeg, MB	Jennifer Mayhue (ON)	12.27	11.7
1996	Sherbrooke, QC	Heather Dennis (BC)	12.67	11.7
1997	Mt. Pearl, NL	Nicole Charles (ON)	12.18	11.7
1998	Prince George, BC	Christine Fleury (NS)	12.44	11.7
1999	Sudbury, ON	Toyin Olupona (ON)	12.10	11.7
2000	Calgary, AB	Krysha Bayley (BC)	12.05	11.7
2001	Sherbrooke, QC	Yvonne Mensah (BC/Yukon)	11.70*	11.7
2002	Sherbrooke, QC	Yvonne Mensah (BC/Yukon)	11.79	11.7



**MEDAL WINNERS
1975 – TO PRESENT**

2003	Kitchener/Waterloo, ON	Emily Johnson (ON)	12.18	11.7
2004	Sudbury, ON	Jenni Hcul (SK)	11.95	11.7
2005	Edmonton, AB	Kimberly Hyacinthe (QC)	11.74	11.7
2006	Burnaby, BC	Christina Harrison (ON)	12.01	11.7
2007	Oromocto, NB	Sabrina Nettey (BC/Yukon)	11.91	11.7
2008	Sherbrooke, QC	Simone Martin (ON)	12.17	11.7
2009	Sherbrooke, QC	Jonel Bell-Spence (Open)	11.94	11.7
2010	Ottawa, ON	Khamica Bingham (ON)	11.81	11.7
2011	Ottawa, ON	Khamica Bingham (ON)	11.55*	11.55
2012	Charlottetown, PE	Clemence Paiment (QC)	11.83	11.55
2013	Langley, BC	Natasha Brown (AB-NT)	12.04	11.55
2014	Langley, BC	Taryn Smiley (BC)	12.22	11.55
2015	St. Therese, QC	Shyvon Roxborough (Ottawa Lions)	12.05	11.55
2016	St. Therese, QC	Tatiana Aholou(QC)	12.10	11.55
2017	Brandon, MB	Deondra Green (QC)	11.88	11.55
2018	Brandon, MB	Hannah Heise (AB) Makenzy Pierre-Webster (ON) Praise Omogbai (QC)	11.98 12.01 12.22	11.55
2019	Cape Breton, NS	Laurie-Ann Desormes (QC) Ella Clayton (AB-NT) Emma Cannan (Okanagan)	12.21 12.26 12.28	11.55
2022	Sherbrooke, QC	Dianna Proctor (AB/NWT) Susan Adenitan (Border City AC) Roxane Tedga	12.31 12.42 12.47	11.55
2023	Sherbrooke, QC	Roxane Tedga (QC) Ashley Johnson (ON) Brooklyn Taylor (York University)	12.37 12.41 12.50	11.55
2024	Calgary, AB	Jorai Oppong-Nketiah (Ottawa Lions) Elizabeth Tannis (Speed Academy) Jaela Bailey (Border City)	11.43* 11.73 11.82	11.43

100 METRES – Boys Under 18

Year	Location of Camp	Athlete & Province	Time	Record
1975	Waterloo, ON	Leroy Ryan (ON)	11.1*	11.1
1976	Edmonton, AB	Robert Mathens (ON)	11.1	11.1
1977	Oromocto, NB	Anthony Sharp (ON)	10.9*	10.9
1978	Peace Garden, MB	Jeff Deproze (AB-NT)	11.7	10.9
1979	St. John's, NL	Chris Brandy (ON)	11.3	10.9
1980	Saskatoon, SK	Earle Philadelphia (ON)	10.7*	10.7
1981	Hamilton, ON	Courtney Brown (MB/NWO)	10.9	10.7
1982	Oromocto, NB	Courtney Brown (MB/NWO)	10.5*	10.5
1983	Ottawa, ON	Francois Boudreault (QC)	10.8	10.5
1984	Halifax, NS	Josh Jonker (ON)	10.8	10.5
1985	Saskatoon, SK	D. Johnston (QC)	10.8	10.5
1986	Sudbury, ON	Derrick Dempster (NS)	10.81	10.5



**MEDAL WINNERS
1975 – TO PRESENT**

1987	Calgary, AB	Bobby Mathew (AB-NT)	10.86	10.5
1988	Quebec City, QC	Pierre Johann (BC)	11.0	10.5
1989	Victoria, BC	Sean McKillop (ON)	10.93	10.5
1990	Mount Pearl, NL	Eric Pemberton (AB-NT)	11.01	10.5
1991	Toronto, ON	Martin Proulx (QC)	10.73	10.5
1992	Calgary, AB	Steve Sweet (BC)	11.34	10.5
1993	Saskatoon, SK	Willem Ryan (BC)	10.71	10.5
1994	Ottawa, ON	Randy Brookes (ON)	10.82	10.5
1995	Winnipeg, MB	Darryl Olczak (ON)	10.97	10.5
1996	Sherbrooke, QC	Joel Nelson (BC)	11.11	10.5
1997	Mt. Pearl, NL	Sebastien Caron (QC)	10.84	10.5
1998	Prince George, BC	Chris Gudge (ON)	10.92	10.5
1999	Sudbury, ON	Patrick Benjamin (NS)	10.66	10.5
2000	Calgary, AB	Nathan Taylor (BC)	10.87	10.5
2001	Sherbrooke, QC	Joshua Taylor (ON)	10.66	10.5
2002	Sherbrooke, QC	Hank Palmer	10.60	10.5
2003	Kitchener/Waterloo, ON	Pierre Han Horacius (QC)	10.71	10.5
2004	Sudbury, ON	Jonathan Charest (QC)	10.98	10.5
2005	Edmonton, AB	Jonathan Charest (QC)	10.79	10.5
2006	Burnaby, BC	Mason Foote (NS)	11.01	10.5
2007	Oromocto, NB	Keynan Parker (BC)	10.57	10.5
2008	Sherbrooke, QC	Philip Hayle (ON)	10.60	10.5
2009	Sherbrooke, QC	Aaron Brown (Open)	10.49*	10.49
2010	Ottawa, ON	Devon Rettinger (ON)	10.73	10.49
2011	Ottawa, ON	Andre Ford-Azonwanna (Open)	10.65	10.49
2012	Charlottetown, PE	Bolade Ajomale (Open)	10.60	10.49
2013	Langley, BC	Adam Paslawski (SK)	10.96	10.49
2014	Langley, BC	Temitope Olonisaki (AB-NT)	10.86	10.49
2015	Ste. Therese, QC	Chuba Hubbard (Edmonton)	10.73	10.49
2016	Ste. Therese, QC	Garth Williams (Flying Angels)	11.19	10.49
2017	Brandon, MB	Myles Misener-Daley (Hamilton Oly)	10.89	10.49
2018	Brandon, MB	Dami Ogunbiyi (SK) Nick Bealieau (NS/NV) Joakim Généreux (QC)	10.71 10.82 10.84	10.49
2019	Cape Breton, NS	Joe Bernard Ezzeddine (QC) Domenic Barresi (Hamilton Oly) (2 nd) Chase Haagensen (Unattached) (2 nd) Jadon Rose (Mississauga)	11.16 11.33 11.34	10.49
2022	Sherbrooke, QC	Isaiah Luke (Flying Angel) Darren Beaver (AB/NWT) Calib Gruninger (BC)	10.85 10.98 11.03	10.49



**MEDAL WINNERS
1975 – TO PRESENT**

2023	Sherbrooke, QC	D. Richer-Mugford (Limitless Era T.C.) Nathan Malenfant (QC) Josh Onwuanimkwu (MN/NOW)	11.21 11.26 11.32	10.49
2024	Calgary, AB	Gavyn Small (ON) Joshua Onwuanimkwu (MB/NOW) Wyatt Lee (ON)	10.57 10.59 10.61	10.49

200 METRES – Girls Under 16

Year	Location of Camp	Athlete & Province	Time	Record
1975	Waterloo, ON	Cathy Costea (ON)	26.8*	26.8
1976	Edmonton, AB	Angela Bailey (ON)	25.1*	25.1
1977	Oromocto, NB	Kim Gretzky (ON)	25.9	25.1
1978	Peace Garden, MB	Karen Aiken (AB-NT)	26.2	25.1
1979	St. John's, NL	Carol Ann Leslie (QC)	25.3	25.1
1980	Saskatoon, SK	Rosie Edeh (QC)	26.3	25.1
1981	Hamilton, ON	Donald Duprey (ON)	25.7	25.1
1982	Fredericton/Oromocto, NB	France Gareau (ON)	24.7*	24.7
1983	Ottawa, ON	Christina Forward (ON)	25.78	24.7
1984	Halifax, NS	Christina Forward (ON)	25.2	24.7
1985	Saskatoon, SK	Cheryl Allan (AB-NT)	24.7*	24.7
1986	Sudbury, ON	Monica Highbaugh (AB-NT)	26.4	24.7
1987	Calgary, AB	Esther Brown (ON)	25.83	24.7
1988	Quebec City, QC	Nicole Devonish (ON)	25.37	24.7
1989	Victoria, BC	Marsha Rodney (ON)	26.04	24.7
1990	Mount Pearl, NL	Tania Archer (ON)	26.60	24.7
1991	Toronto, ON	Terri Baker (NS)	25.59	24.7
1992	Calgary, AB	Veronica Dyer (ON)	25.0	24.7
1993	Saskatoon, SK	Amorette Bradshaw (AB-NT)	25.50	24.7
1994	Ottawa, ON	Joni Matthews (AB-NT)	25.71	24.7
1995	Winnipeg, MB	Leia Ince-Mercier (ON)	26.13	24.7
1996	Sherbrooke, QC	Jessica Zelinka (ON)	25.56	24.7
1997	Mt. Pearl, NL	Vernee Samuel (ON)	26.51	24.7
1998	Prince George, BC	Toyin Olupona (ON)	25.16	24.7
1999	Sudbury, ON	Lyndsay Wilson (ON)	25.51	24.7
2000	Calgary, AB	Shannon Boodram (ON)	25.58	24.7
2001	Sherbrooke, QC	Kimesha Hamilton (ON)	25.12	24.7
2002	Sherbrooke, QC	Jenni Hcul (SK)	24.08	24.7
2003	Kitchener/Waterloo, ON	Rhonda Trusty (ON)	25.48	24.7
2004	Sudbury, ON	Kimberly Hyacinthe (QC)	25.05	24.7
2005	Edmonton, AB	Loudia Laarman (AB-NT)	25.69	24.7
2006	Burnaby, BC	Loudia Laarman (AB)	25.56	24.7
2007	Oromocto, NB	Leah Walkeden (AB)	25.40	24.7



**MEDAL WINNERS
1975 – TO PRESENT**

2008	Sherbrooke, QC	Shai Davis (BC)	24.82	24.7
2009	Sherbrooke, QC	Naomi Kerr (ON)	24.88	24.7
2010	Ottawa, ON	Elisa Joyce (BC)	25.39	24.7
2011	Ottawa	Morgan Walker (AB)	25.06	24.7
2012	Charlottetown, PE	Mariam Abdul-Rashid (ON)	24.77	24.7
2013	Langley, BC	Zion Corrales-Nelson (BC)	24.53*	24.53
2014	Langley, BC	Xahria Santiago (ON)	25.11	24.53
2015	Ste. Therese, QC	Lauren Gale (Ottawa Lions)	24.32*	24.32
2016	Ste. Therese, QC	Ma Pierre-Webster (ON)	25.62	24.32
2017	Brandon, MB	Hannah Heise (AB)	25.19	24.32
2018	Brandon, MB	Gabrielle Cole (ON) Nicole McKenzie (ON) Laurie-Ann Desormes (QC)	25.09 25.50 25.57	24.32
2019	Cape Breton, NS	Jaeland Cummings (BC) Gabrielle Cole (Flying Angel) Emily Martin (ON)	25.34 25.34 25.51	24.32
2022	Sherbrooke, QC	Ashley Johnson (Miss. T.F.C.) Tatiana Reyes (AB/NWT) Monica Galouon-Eta (AB/NWT)	24.78 25.02 25.58	24.32
2023	Sherbrooke, QC	J. Oppong-Nketiah, (Ott T.F.C.) Mariah Williams (Flying Angels) Alexia Latore (BC/YT)	24.65 25.02 25.32	24.32
2024	Calgary, AB	Payton Rogers (Kajaks Track) Athéa-Faye Tapa (QC) Maïtée Trépanier (QC)	25.47 25.67 25.93	24.32

200 METRES – Boys Under 16

Year	Location of Camp	Athlete & Province	Time	Record
1975	Waterloo, ON	Howard Swaby (ON)	24.4*	24.4
1976	Edmonton, AB	Chris Pawlyk (BC)	24.4	24.4
1977	Oromocto, NB	John Valere (ON)	24.0*	24.0
1978	Peace Garden, MB	Marve Bowen (ON)	23.4*	23.4
1979	St. John's, NL	Enver Carolissen (ON)	23.5	23.4
1980	Saskatoon, SK	Keith Dormond (ON)	23.8	23.4
1981	Hamilton, ON	Steve Dane (ON)	24.1	23.4
1982	Fredericton/Oromocto, NB	Brian Althouse (ON)	23.2*	23.2
1983	Ottawa, ON	Michael Charles (ON)	22.89*	22.89
1984	Halifax, NS	Todd Faunt (AB-NT)	22.07*	22.07
1985	Saskatoon, SK	Brad McCuaig (AB-NT)	21.9*	21.9
1986	Sudbury, ON	Christian Alain (QC)	23.46	21.9
1987	Calgary, AB	Sean McKillop (ON)	23.40	21.9
1988	Quebec City, QC	Troy Dos Santos (ON)	23.40	21.9
1989	Victoria, BC	Abby Issac (AB-NT)	22.75	21.9
1990	Mount Pearl, NL	Elliott Perrin (ON)	23.80	21.9
1991	Toronto, ON	Chris Robinson (ON)	22.41	21.9



**MEDAL WINNERS
1975 – TO PRESENT**

1992	Calgary, AB	Randy Brooks (ON)	22.50	21.9
1993	Saskatoon, SK	Darryl Olczak (ON)	22.93	21.9
1994	Ottawa, ON	Matt Stenson (ON)	23.37	21.9
1995	Winnipeg, MB	Roger Woon (AB-NT)	23.44	21.9
1996	Sherbrooke, QC	Matthew Lyn (ON)	23.59	21.9
1997	Mt. Pearl, NL	Sheldon Scott (ON)	23.74	21.9
1998	Prince George, BC	Steve Wood (ON)	22.87	21.9
1999	Sudbury, ON	Devon Blair (ON)	23.38	21.9
2000	Calgary, AB	Gabriel LeBlanc (NB)	23.11	21.9
2001	Sherbrooke, QC	Shannon King (ON)	22.79	21.9
2002	Sherbrooke, QC	Seyi Smith (ON)	22.23	21.9
2003	Kitchener/Waterloo, ON	Jonathan Charest (QC)	22.65	21.9
2004	Sudbury, ON	Tyrone Halstead (ON)	22.55	21.9
2005	Edmonton, AB	Carlisle Stanford (ON)	22.57	21.9
2006	Burnaby, BC	Segun Makinde (ON)	22.43	21.9
2007	Oromocto, NB	Nicholas Chiarot (ON)	22.36	21.9
2008	Sherbrooke, QC	Thomas Juha (ON)	22.96	21.9
2009	Sherbrooke, QC	Steven Ajayi (ON)	22.52	21.9
2010	Ottawa, ON	Andre Ford-Azonwanna (ON)	22.03	21.9
2011	Ottawa, ON	Nathan Kyeame (ON)	22.34	21.9
2012	Charlottetown, PE	Shermar Paul (Open)	22.38	21.9
2013	Langley, BC	Kurdell Reason (ON)	22.76	21.9
2014	Langley, BC	Chubba Hubbard (AB-NT)	22.48	21.9
2015	Ste. Therese, QC	Emmanuel Ajiroba (Flying Angel)	22.32	21.9
2016	Ste. Therese, QC	Myl Misener-Daley (ON)	22.57	21.9
2017	Brandon, MB	Nifaiya Robinson (ON)	22.55	21.9
2018	Brandon, MB	Jadon Rose (ON) Joe Bernard Ezzeddine (QC) Jalon Rose (ON)	22.75 22.86 23.08	21.90
2019	Cape Breton, NS	Daniel Kidd (AB-NT) Ryder Hardy (SK) Jordan MxIntosh Cundari (Boost Athl) Mesele Klassen (Riversdale A)	22.52 22.70 23.05	21.90
2022	Sherbrooke, QC	Dominik Bahadur (Laurel Creek) Will Batley (Ottawa Lions) Ryan Lofstrom (BC)	23.16 23.60 23.69	21.90
2023	Sherbrooke, QC	Dennis Iriowen (ON) Jahleel Haley (Flying Angels) Kerwin Brookes (Flying Angels)	22.50 22.53 22.55	21.90
2024	Calgary, AB	Andre Bell (ON) Yusuff Ajibola (MB/NWO) Benny Allangha (Nova Athletics)	22.39 22.42 22.50	21.90



**MEDAL WINNERS
1975 – TO PRESENT**

200 METRES – Girls Under 18

Year	Location of Camp	Athlete & Province	Time	Record
1975	Waterloo, ON	Lorraine Howard (AB-NT)	25.4*	25.4
1976	Edmonton, AB	Cindy More (ON)	24.9*	24.9
1977	Oromocto, NB	Colleen Gibson (BC)	25.7	24.9
1978	Peace Garden, MB	Nicole Pothier (QC)	25.8	24.9
1979	St. John's, NL	Nicole Ali (ON)	24.9	24.9
1980	Saskatoon, SK	Jillian Richardson (AB-NT)	24.4*	24.4
1981	Hamilton, ON	Lisa Kroll (SK)	24.8	24.4
1982	Fredericton/Oromocto, NB	Gail Harris (SK)	24.0*	24.0
1983	Ottawa, ON	Rosey Edeh (QC)	24.88	24.0
1984	Halifax, NS	Althea Thomas (ON)	24.5	24.0
1985	Saskatoon, SK	Leslie King (ON)	24.6	24.0
1986	Sudbury, ON	Christine Peasgood(AB-NT)	25.52	24.0
1987	Calgary, AB	Charmaine Gilgeous (ON)	25.17	24.0
1988	Quebec City, QC	Charmaine Gilgeous (ON)	24.70	24.0
1989	Victoria, BC	Gladys Mortey (MB/NWO)	25.38	24.0
1990	Mount Pearl, NL	Ladonna Antoine (SK)	26.10	24.0
1991	Toronto, ON	Ladonna Antoine (SK)	24.19	24.0
1992	Calgary, AB	Crystal Shadd (ON)	25.13	24.0
1993	Saskatoon, SK	Erica Witter (ON)	25.43	24.0
1994	Ottawa, ON	Natasha Quan-Vie (AB-NT)	24.67	24.0
1995	Winnipeg, MB	Jennifer Mayhue (ON)	25.50	24.0
1996	Sherbrooke, QC	Krissy Liphardt (ON)	25.51	24.0
1997	Mt. Pearl, NL	Melissa Guerrier (QC)	26.09	24.0
1998	Prince George, BC	Victoria Bendle (ON)	25.18	24.0
1999	Sudbury, ON	Jennifer Cobbina (ON)	25.40	24.0
2000	Calgary, AB	Krysha Bayley (BC)	24.78	24.0
2001	Sherbrooke, QC	Yvonne Mensah (BC)	24.26	24.0
2002	Sherbrooke, QC	Yvonne Mensah (BC/Yukon)	23.67	24.0
2003	Kitchener/Waterloo, ON	Emily Johnson (ON)	24.43	24.0
2004	Sudbury, ON	Jenna Martin (NS/NU)	24.59	24.0
2005	Edmonton, AB	Allyson Howatt (NB)	25.01	24.0
2006	Burnaby, BC	Christina Harrison (ON)	25.17	24.0
2007	Oromocto, NB	Sabrina Nettey (BC/Yukon)	24.13	24.0
2008	Sherbrooke, QC	Simone Martin (ON)	24.87	24.0
2009	Sherbrooke, QC	Shai Davis (BC)	24.38	24.0
2009	Sherbrooke, QC	Isatu Fofanah (AB)	24.38	24.0
2010	Ottawa, ON	Cassandra Pascal (Open)	24.35	24.0
2011	Ottawa, ON	Christian Brennan(Open)	23.43*	23.43
2012	Charlottetown, PE	Ally Christiani (Open)	24.87	23.43
2013	Langley, BC	Natasha Brown (AB-NT)	24.67	23.43
2014	Langley, BC	Mariam Abdul-Rashi (ON)	25.05	23.43
2015	Ste. Therese, QC	Marv Agbonwaneten (ON)	25.16	23.43
2016	Ste. Therese, QC	Ashlan Best (Speed River)	24.54	23.43
2017	Brandon, MB	Deondra Green (QC)	24.56	23.43



**MEDAL WINNERS
1975 – TO PRESENT**

2018	Brandon, MB	Makenzy Pierre-Webster (ON) Princess Roberts (AB) Anna Witherspoon (ON)	24.52 25.18 25.35	23.43
2019	Cape Breton, NS	Isabella Goudros (ON) Jillian Catton (ON) Emma Cannan (Okanagan Athletics)	24.26 24.88 24.97	23.43
2022	Sherbrooke, QC	Dianna Proctor (AB/NWT) Imani Reid (Flying Angel) Raeanne Jones (Flying Angel)	24.38 25.02 25.12	23.43
2023	Sherbrooke, QC	Shadae Thompson (ON) Caly Mounkala (QC) (Tied at 2 nd) Roxane Tedga (QC) (Tied at 2 nd) Naomi Byam (ON)	25.10 25.21 25.21 25.42	23.43
2024	Calgary, AB	Jorai Oppong-Nketiah (Ottawa Lions) Kyla Findley (MB/NWO) Shadae Thompson (ON)	23.90 24.33 24.36	23.43

200 METRES - Boys Under 18

Year	Location of Camp	Athlete & Province	Time	Record
1975	Waterloo, ON	Leroy Ryan (ON)	22.6*	22.6
1976	Edmonton, AB	Robert Mathens (ON)	22.8	22.6
1977	Oromocto, NB	Sterling Hinds (ON)	22.8	22.6
1978	Peace Garden, MB	Jeff Deproze (AB-NT)	23.9	22.6
1979	St. John's, NL	Peter Campbell (ON)	22.7	22.6
1980	Saskatoon, SK	Earle Philadelphia (ON)	22.5*	22.5
1981	Hamilton, ON	Courtney Brown (MB/NWO)	21.8*	21.8
1982	Fredericton/Oromocto, NB	Courtney Brown (MB/NWO)	21.6*	21.6
1983	Ottawa, ON	Trent Hague (BC)	22.24	21.6
1984	Halifax, NS	Josh Jonker (ON)	21.8	21.6
1985	Saskatoon, SK	D. Johnston (QC)	21.8	21.6
1986	Sudbury, ON	Robert Clark (QC)	22.33	21.6
1987	Calgary, AB	Derrick Dempster (NS)	22.31	21.6
1988	Quebec City, QC	Pierre Johann (BC)	21.20*	21.20
1989	Victoria, BC	Chris Keane (ON)	22.18	21.20
1990	Mount Pearl, NL	Eric Pemberton (AB-NT)	22.80	21.20
1991	Toronto, ON	Martin Proulx (QC)	21.48	21.20
1992	Calgary, AB	Don Bruno (AB-NT)	22.44	21.20



**MEDAL WINNERS
1975 – TO PRESENT**

1993	Saskatoon, SK	Willem Ryan (BC)	22.41	21.20
1994	Ottawa, ON	Charles Allen (ON)	22.37	21.20
1995	Winnipeg, MB	Darryl Olczak (ON)	22.74	21.20
1996	Sherbrooke, QC	Joel Nelson (BC)	22.24	21.20
1997	Mt. Pearl, NL	Jesse Bent (BC)	22.70	21.20
1998	Prince George, BC	Preston Wilkins (SK)	22.06	21.20
1999	Sudbury, ON	Patrick Benjamin (NS)	22.18	21.20
2000	Calgary, AB	Nathan Taylor (BC)	21.98	21.20
2001	Sherbrooke, QC	Joshua Taylor (ON)	21.78	21.20
2002	Sherbrooke, QC	Jared Connaughton (PE)	21.47	21.20
2003	Kitchener/Waterloo, ON	Neil Whittaker (ON)	22.21	21.20
2004	Sudbury, ON	Jonathan Charest (QC)	21.85	21.20
2005	Edmonton, AB	Mitchell Gorman (AB/NT)	22.36	21.20
2006	Burnaby, BC	Mike Robertson (ON)	22.31	21.20
2007	Oromocto, NB	Kenyan Parker (BC)	21.44	21.20
2008	Sherbrooke, QC	Oluwasegun Makinde (Ottawa Lions)	21.43	21.20
2009	Sherbrooke, QC	Aaron Brown (Open)	21.48	21.20
2010	Ottawa, ON	Toluwalope Makinde (Open)	21.88	21.20
2011	Ottawa, ON	Andre Ford-Azonwanna(Open)	21.28	21.20
2012	Charlottetown, PE	Deion Barker (Open)	21.84	21.20
2013	Langley, BC	Lucanus Robinson (QC)	21.67	21.20
2014	Langley, BC	Temitope Olonisaki (AB/NT)	21.84	21.20
2015	Ste. Therese, QC	Chuba Hubbard (Edmonton Columbians)	21.85	21.20
2016	Ste. Therese, QC	Kh Stewart-Baynes (ON)	22.21	21.20
2017	Brandon, MB	Myles Misener-Daley (Hamilton Oly)	21.79	21.20
2018	Brandon, MB	Joakim Généreux (QC) Jordan McKenzie (ON) Nick Beaulieu (NS/NV)	22.28 22.43 22.61	21.20
2019	Cape Breton, NS	Domenic Barresi (Hamilton Oly) Dawson Klinger (SK) Joe Bernard Ezzeddine (QC) (3 rd) Daniel Reader (Hamilton Oly) (3 rd)	21.98 22.07 22.08	21.20
2022	Sherbrooke, QC	Darren Beaver (AB/NWT) Jaxson Jean-Jacques (Flying Angels) Pishon Haughton (BC) Adnan Jimoh (Flying Angels)	21.90 22.18 22.18 22.48	21.20
2023	Sherbrooke, QC	D. Richer-Mugford (Limitless Era T.C.) Parker Long (ON) Philip Richard (Sherbrooke)	22.16 22.20 22.37	21.20



MEDAL WINNERS
1975 – TO PRESENT

2024	Calgary, AB	Dakari Milks (Border City) Ange-Mathis Kramo (Ottawa Lions) Noel Morah (Nova Athletics)	21.33 21.53 21.72	21.20
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400 METRES (Replaced by 300M in 2010) – Girls Under 16

Year	Location of Camp	Athlete & Province	Time	Record
1975	Waterloo, ON	Cathy Crichton (ON)	61.6*	61.6
1976	Edmonton, AB	Chris MacKay (ON)	58.6*	58.6
1977	Oromocto, NB	Cynthia Thiesson (AB-NT)	58.6*	58.6
1978	Peace Garden, MB	Denise Fillion (ON)	58.8	58.6
1979	St. John's, NL	Jillian Richardson (AB-NT)	58.6*	58.6
1980	Saskatoon, SK	Gail Harris (SK)	59.9	58.6
1981	Hamilton, ON	Donald Duprey (ON)	57.9*	57.9
1982	Fredericton/Oromocto, NB	Donald Duprey (ON)	57.8*	57.8
1983	Ottawa, ON	Maxine Scringer (AB-NT)	59.1	57.8
1984	Halifax, NS	Stephanie Taylor (ON)	58.0	57.8
1985	Saskatoon, SK	Cheryl Allan (AB-NT)	56.26*	56.26
1986	Sudbury, ON	Maureen Cinq-Mars (ON)	58.10	56.26
1987	Calgary, AB	Cora Fleming (AB-NT)	57.93	56.26
1988	Quebec City, QC	Heather Henningan (NS)	1:00.1	56.26
1989	Victoria, BC	Sylvia Gaetan (QC)	58.7	56.26
1990	Mount Pearl, NL	Pennie Santiago	58.77	56.26
1991	Toronto, ON	Terri Baker (NS)	58.89	56.26
1992	Calgary, AB	Andrea Webb (QC)	58.02	56.26
1993	Saskatoon, SK	Jennifer Mayhue (ON)	58.15	56.26
1994	Ottawa, ON	Krissy Liphardt (ON)	57.56	56.26
1995	Winnipeg, MB	Michelle MacDonald (ON)	58.39	56.26
1996	Sherbrooke, QC	Janice Zawaski (AB-NT)	57.30	56.26
1997	Mt. Pearl, NL	Tara Halls (ON)	59.53	56.26
1998	Prince George, BC	Tara Halls (ON)	57.46	56.26
1999	Sudbury, ON	Lyndsay Wilson (ON)	59.77	56.26
2000	Calgary, AB	Shannon Boodram (ON)	56.64	56.26
2001	Sherbrooke, QC	Bailey Lewis (ON)	59.42	56.26
2002	Sherbrooke, QC	Jenna Martin (NS/Nunavut)	57.51	56.26
2003	Kitchener/Waterloo, ON	Jenna Martin (NS/NU)	56.21*	56.21
2004	Sudbury, ON	Maddie Buttlinger (ON)	57.87	56.21
2005	Edmonton, AB	Stephani Romanson (MB-NWO)	57.01	56.21
2006	Burnaby, BC	Kaitlin Nelson (BC)	57.40	56.21
2007	Oromocto, NB	Laura Affeld (AB)	56.69	56.21
2008	Sherbrooke, QC	Katie Reid (BC)	55.84*	55.84
2009	Sherbrooke, QC	Sage Watson (AB)	56.24	55.84



**MEDAL WINNERS
1975 – TO PRESENT**

300 METRES – Girls Under 16

Year	Location of Camp	Athlete & Province	Time	Record
2010	Ottawa, ON	Christian Brennan (ON)	37.17*	37.17
2011	Ottawa, ON	Morgan Walker (AB)	39.89	37.17
2012	Charlottetown, PE	Mariam Abdul-Rashid	39.66	37.17
2013	Langley, BC	Kyra Constantine (ON)	38.65	37.17
2014	Langley, BC	Victoria Tachinski (Open)	39.10	37.17
2015	Ste. Therese, QC	Lauren Gale (Ottawa Lions)	38.68	37.17
2016	Ste. Therese, QC	Jasneet Nijjar (BC)	39.57	37.17
2017	Brandon, MB	Nicole McKenzie (ON)	40.43	37.17
2018	Brandon, MB	Savannah Sutherland (SK) Ella Clayton (AB) Nicole McKenzie (ON)	39.61 39.61 40.38	37.17
2019	Cape Breton, NS	Emily Martin (ON) Mckayla Francis (Flying Angel) Jaeland Cummings (BC) (Tied at 3 rd) Jaya Boucher (AB-NT) (Tied at 3 rd)	39.57 40.31 40.95	37.17
2022	Sherbrooke, QC	Tatiana Reyes (AB/NWT) Gabriella Ruggeri (Etobicoke) Mariah Willaims (Flying Angels)	39.78 40.38 40.43	37.17
2023	Sherbrooke, QC	Moni Galouon (AB/NWT) Mariah Williams (Flying Angels) Sienna Rubio (QC)	38.71 39.09 41.08	37.17
2024	Calgary, AB	Payton Rogers (Kajaks Track) Anieu Chan (ON) Juliette Dionne (QC)	39.79 40.11 40.45	37.17

300 METRES (400M until 2010) – Boys Under 16

Year	Location of Camp	Athlete & Province	Time	Record
1975	Waterloo, ON	David Cushing (AB-NT)	56.5*	56.5
1976	Edmonton, AB	Greg Antle (BC)	54.0*	54.0
1977	Oromocto, NB	Jess Kasman (ON)	55.1	54.0
1978	Peace Garden, MB	Bill Ferguson (ON)	54.5	54.0
1979	St. John's, NL	Scott Wilson (ON)	54.4	54.0
1980	Saskatoon, SK	Denis Vringer (NB)	54.8	54.0
1981	Hamilton, ON	Ron Martin (ON)	54.2	54.0
1982	Fredericton/Oromocto, NB	Brian Althouse (ON)	52.4*	52.4
1983	Ottawa, ON	Michael Charles (ON)	52.4*	52.4



**MEDAL WINNERS
1975 – TO PRESENT**

1984	Halifax, NS	Jamie Steer (MB/NWO)	52.5	52.4
1985	Saskatoon, SK	Gordon Laxton (AB-NT)	50.80*	50.80
1986	Sudbury, ON	Fraser Veitch (NB)	52.21	50.80
1987	Calgary, AB	John Dumont (AB-NT)	50.26*	50.26
1988	Quebec City, QC	Ian Lowe (QC)	50.80	50.26
1989	Victoria, BC	Scott Jensen (AB-NT)	51.97	50.26
1990	Mount Pearl, NL	Andrew Dawe (NL)	53.50	50.26
1991	Toronto, ON	Xavier Ibaratta (SK)	51.66	50.26
1992	Calgary, AB	Robert Kirby (NS)	51.24	50.26
1993	Saskatoon, SK	Mike Williams (ON)	51.89	50.26
1994	Ottawa, ON	Chuck Ross (ON)	51.97	50.26
1995	Winnipeg, MB	Card Liam (ON)	51.26	50.26
1996	Sherbrooke, QC	Carl Henry (ON)	53.16	50.26
1997	Mt. Pearl, NL	Charles Holder (ON)	51.67	50.26
1998	Prince George, BC	Carl Hayes (ON)	50.99	50.26
1999	Sudbury, ON	Mark Gochalski (AB-NT)	52.94	50.26
2000	Calgary, AB	Chris Marion (ON)	51.81	50.26
2001	Sherbrooke, QC	Ian Butcher (ON)	51.47	50.26
2002	Sherbrooke, QC	Eric Clark (SK)	51.96	50.26
2003	Kitchener/Waterloo, ON	Jonathan Charest (QC)	56.21	50.26
2004	Sudbury, ON	Olivier Paquette (QC)	50.99	50.26
2005	Edmonton, AB	Matthew Crosswhite (AB-NT)	51.66	50.26
2006	Burnaby, BC	Tim Smith (BC)	51.17	50.26
2007	Oromocto, NB	Andrew Cackette (ON)	51.18	50.26
2008	Sherbrooke, QC	Benjamin Ayesu-Attah (BC)	50.99	50.26
2009	Sherbrooke, QC	Brendon Restall (BC)	51.46	50.26

300 METERS – Boys Under 16

Year	Location of Camp	Athlete & Province	Time	Record
2010	Ottawa, ON	Jordan Sherwood (ON)	36.71	36.71
2011	Ottawa, ON	Nathan Kyeame (ON)	35.87*	35.87
2012	Charlottetown, PE	Jake Hanna (BC)	35.49*	35.49
2013	Langley, BC	William Gagnon (QC)	36.64	35.49
2014	Langley, BC	Nathan Friginette (Open)	35.53	35.49
2015	Ste. Therese, QC	Vaughn Taylor (SK)	35.41*	35.41
2016	Ste. Therese, QC	Daunte Henriques (ON)	35.90	35.41
2017	Brandon, MB	Nifaiya Robinson (ON)	34.62*	34.62
2018	Brandon, MB	Jo Bernard Ezzeddine (QC) David Hurst Jr. (ON) Daniel Reader (ON)	35.38 36.03 36.26	34.62
2019	Cape Breton, NS	Mats Swanson (AB-NT) Ryder Hardy (SK) Destiny Emuze (ON) (3 rd) Mesele Klassen (Riversdale A)	35.68 36.42 36.50	34.62



**MEDAL WINNERS
1975 – TO PRESENT**

2022	Sherbrooke, QC	Francis Hinnah (London Western) Ryan Lofstrom (BC) Nic Serezlis Bracoviche (AB/NWT)	36.48 36.50 37.02	34.62
2023	Sherbrooke, QC	Mickael Allaire (QC) Derek Frimpong (BC/YT) Yusuff Aj Yusuff (MN/NWT)	35.74 36.36 36.84	34.62
2024	Calgary, AB	Rook Erechook (ON) Benny Allangba (Nova Athletics) Yusuff Ajibola Yusuff (MB/NWO)	35.21 35.41 35.71	34.62

400 METRES – Girls Under 18

Year	Location of Camp	Athlete & Province	Time	Record
1975	Waterloo, ON	Janet Wood (ON)	57.0*	57.0
1976	Edmonton, AB	Janet Wood (ON)	57.0*	57.0
1977	Oromocto, NB	Gay Melville (ON)	57.1	57.0
1978	Peace Garden, MB	Cynthia Theissen (AB-NT)	58.2	57.0
1979	St. John's, NL	Brenda Tkatch (SK)	59.7	57.0
1980	Saskatoon, SK	Carol Ann Leslie (QC)	56.5*	56.5
1981	Hamilton, ON	Lisa Kroll (SK)	55.8*	55.8
1982	Fredericton/Oromocto, NB	Gail Harris (SK)	55.6*	55.6
1983	Ottawa, ON	Rosey Edeh (QC)	58.3	55.6
1984	Halifax, NS	Sharon Small (ON)	56.6	55.6
1985	Saskatoon, SK	Suzanne Bachelor (AB-NT)	56.62	55.6
1986	Sudbury, ON	Karen Layne (ON)	56.11	55.6
1987	Calgary, AB	Caroline Fortin (QC)	55.54*	55.54
1988	Quebec City, QC	Maureen Cinq-Mars (ON)	57.45	55.54
1989	Victoria, BC	Corinne Podolsky (MB/NWO)	57.03	55.54
1990	Mount Pearl, NL	Debbie Hooke (MB/NWO)	58.26	55.54
1991	Toronto, ON	Samantha Watt (ON)	57.26	55.54
1992	Calgary, AB	Jane Loskot (AB-NT)	1:03.60	55.54
1993	Saskatoon, SK	Collette Courtney (ON)	57.66	55.54
1994	Ottawa, ON	Veronique St-Pierre (QC)	57.09	55.54
1995	Winnipeg, MB	Jennifer Mayhue (ON)	56.09	55.54
1996	Sherbrooke, QC	Krissy Liphardt (ON)	56.47	55.54
1997	Mt. Pearl, NL	Jenna Lock (BC)	55.92	55.54
1998	Prince George, BC	Victoria Bendle (ON)	56.54	55.54
1999	Sudbury, ON	Angela Anoliefoh (BC)	56.16	55.54
2000	Calgary, AB	Danielle Abraham (ON)	57.13	55.54
2001	Sherbrooke, QC	Shannon Boodram (ON)	57.48	55.54
2002	Sherbrooke, QC	Alicia Brown (ON)	55.39*	55.39



**MEDAL WINNERS
1975 – TO PRESENT**

2003	Kitchener/Waterloo, ON	Erin Payne (BC/YUKON)	57.29	55.39
2004	Sudbury, ON	Melissa Bishop (ON)	56.59	55.39
2005	Edmonton, AB	Deanna Sullivan (AB-NT)	56.20	55.39
2006	Burnaby, BC	Maddie Buttlinger (ON)	57.18	55.39
2007	Oromocto, NB	Kaitlyn Nelson (BC)	56.69	55.39
2008	Sherbrooke, QC	Jenessa Olson (St Thomas LE)	56.32	55.39
2009	Sherbrooke, QC	Katie Reid (BC)	54.90*	54.90
2010	Ottawa, ON	Devan Wiebe (BC)	56.34	54.90
2011	Ottawa, ON	Christian Brennan (Open)	53.11*	53.11
2012	Charlottetown, PE	Alison Fraser (Open)	55.77	53.11
2013	Langley, BC	Kendra Clarke (AB-NT)	54.70	53.11
2014	Langley, BC	Lauren D'Agnolo (Open)	56.26	53.11
2015	Ste. Therese, QC	Ashlan Best (Speed River)	55.22	53.11
2016	Ste. Therese, QC	Victori Tachinski (Stride Ahead)	53.38	53.11
2017	Brandon, MB	Catherine Léger (QC)	55.78	53.11
2018	Brandon, MB	Princess Roberts (AB) Amy Stieh (MB) Aleeya Hutchins (ON)	56.18 56.22 56.83	53.11
2019	Cape Breton, NS	Ella Clayton (AB-NT) Avery Pearson (SK) Nicole McKenzie (Boost Ath)	54.78 55.35 56.24	53.11
2022	Sherbrooke, QC	Sorcha Shiu (AB/NWT) Elise Sawyer (Monte Cristo) Cara MacDonald (NS/NU)	56.42 57.65 58.43	53.11
2023	Sherbrooke, QC	Chloe Symon (BC/YT) Gabriell Ruggeri (Etobicoke T.F.C.) Quinn Coughlin (Ottawa Lions T.F.C.)	56.47 57.02 57.11	53.11
2024	Calgary, AB	Chloe Symon (BC) Hailee Woodhouse (SK) Tatiana Reyes (Caltaf)	54.99 55.50 56.22	53.11

400 METRES – Boys Under 18

Year	Location of Camp	Athlete & Province	Time	Record
1975	Waterloo, ON	Chris Reid (ON)	50.8*	50.8
1976	Edmonton, AB	Arnold Stotz (ON)	50.7*	50.7
1977	Oromocto, NB	Scott Turnbull (NS)	51.9	50.7
1978	Peace Garden, MB	Dave Soper (MB/NWO)	52.7	50.7
1979	St. John's, NL	Steven Beauregard (QC)	50.6*	50.6
1980	Saskatoon, SK	Enver Carolissen (ON)	51.2	50.6
1981	Hamilton, ON	Dave Williams (ON)	50.4*	50.4
1982	Fredericton/Oromocto, NB	Enver Carolissen (ON)	49.8*	49.8
1983	Ottawa, ON	Michael Charles (ON)	52.4	49.8
1984	Halifax, NS	Trent Hague (BC)	49.0*	49.0



**MEDAL WINNERS
1975 – TO PRESENT**

1985	Saskatoon, SK	A. Wilson (QC)	49.23	49.0
1986	Sudbury, ON	Karl Jones (AB-NT)	50.1	49.0
1987	Calgary, AB	Eric Lorscheider (AB-NT)	49.65	49.0
1988	Quebec City, QC	Brooke Cooper (ON)	49.56	49.0
1989	Victoria, BC	Mark Graham (ON)	48.88*	48.88
1990	Mount Pearl, NL	Andrew Grady (NS)	50.90	48.88
1991	Toronto, ON	Troy Langevine (ON)	49.62	48.88
1992	Calgary, AB	Don Bruno (AB-NT)	49.43	48.88
1993	Saskatoon, SK	David McQuinn (ON)	49.81	48.88
1994	Ottawa, ON	Scott Mooney (BC)	48.89	48.88
1995	Winnipeg, MB	Shane Niemi (BC)	47.64*	47.64
1996	Sherbrooke, QC	Ben Dunville (SK)	49.08	47.64
1997	Mt. Pearl, NL	Ray Ardill (BC)	48.31	47.64
1998	Prince George, BC	Ray Ardill (BC)	48.03	47.64
1999	Sudbury, ON	Josh Guggenheimer (BC)	49.07	47.64
2000	Calgary, AB	Erik Sroll (MB/NWO)	48.45	47.64
2001	Sherbrooke, QC	Julien Dugal (QC)	49.18	47.64
2002	Sherbrooke, QC	Chris Marion (ON)	49.90	47.64
2003	Kitchener/Waterloo, ON	Keenan Geer (ON)	49.93	47.64
2004	Sudbury, ON	Jonathan Charest (QC)	48.75	47.64
2005	Edmonton, AB	Jonathan Charest (QC)	49.10	47.64
2006	Burnaby, BC	Mike Robertson (ON)	48.75	47.64
2007	Oromocto, NB	Andre Hamilton (ON)	49.13	47.64
2008	Sherbrooke, QC	Michael Trinkus (Univ O)	48.87	47.64
2009	Sherbrooke, QC	Benjamin Ayesu-Attah (BC)	48.89	47.64
2010	Ottawa, ON	Brandon McBride (ON)	48.73	47.64
2011	Ottawa, ON	Brandon McBride (ON)	46.83*	46.83
2012	Charlottetown, PE	Alex Tourigny-Plante (QC)	48.96	46.83
2013	Langley, BC	Jake Hanna (BC)	48.74	46.83
2014	Langley, BC	Myles Banfield (ON)	48.19	46.83
2015	Ste. Therese, QC	Nathan Friginette (ON)	48.50	46.83
2016	Ste. Therese, QC	Kh Stewart-Baynes (ON)	47.66	46.83
2017	Brandon, MB	Myles Misener-Daley (Hamilton Oly)	48.08	46.83
2018	Brandon, MB	Nicholas Aron (BC) Brady Galvin (AB) Carson Bradley (BC)	49.99 50.24 50.42	46.83
2019	Cape Breton, NS	Zachary Bowness (ON) Carter Teal (Thorold Elit) Michael Rosth (ON) (3 rd) Tyler Cox-Yestrau (MB) (3 rd)	48.13 48.59 48.69	46.83
2022	Sherbrooke, QC	Pishon Haughton (BC) Eli Vialva (Durham Legion) Adnan Jimoh (Flying Angel)	48.24 48.85 48.87	46.83



**MEDAL WINNERS
1975 – TO PRESENT**

2023	Sherbrooke, QC	Ryder Rattee (AB/NWT) Zachary Jeggo (Ottawa Lions T.F.C.) Farsan Abdi (AB/NWT)	48.53 48.60 48.77	46.83
2024	Calgary, AB	Mickael Allaire (QC) Zachary Jeggo (Ottawa Lions) Emmett Charles (London Western)	47.90 48.43 48.67	46.83

800 METRES – Girls Under 16

Year	Location of Camp	Athlete & Province	Time	Record
1975	Waterloo, ON	Joanne Graves (ON)	2.19.7*	2.19.7
1976	Edmonton, AB	Kim Hobden (ON)	2.22.6	2.19.7
1977	Oromocto, NB	Kim Hobden (ON)	2.17.3*	2.17.3
1978	Peace Garden, MB	Paula Schnurr (ON)	2.24.8	2.17.3
1979	St. John's, NL	July Insley (ON)	2.20.5	2.17.3
1980	Saskatoon, SK	Karen Reid (ON)	2.19.3	2.17.3
1981	Hamilton, ON	Michelle Bathurst (ON)	2.17.6	2.17.3
1982	Fredericton/Oromocto, NB	Robin Meagher (NS)	2.15.1*	2.15.1
1983	Ottawa, ON	Michelle Bathurst (ON)	2.17.49	2.15.1
1984	Halifax, NS	Vicki Lynch (AB-NT)	2.17.5	2.15.1
1985	Saskatoon, SK	Vicki Lynch (AB-NT)	2.16.4	2.15.1
1986	Sudbury, ON	Julie Armstrong (ON)	2.15.20	2.15.1
1987	Calgary, AB	Brigitte Nehma (QC)	2.17.12	2.15.1
1988	Quebec City, QC	Candace Lessmeiter (SK)	2.21.0	2.15.1
1989	Victoria, BC	Danielle Fisher (AB-NT)	2.16.07	2.15.1
1990	Mount Pearl, NL	Julie Dupuis (NB)	2.24.70	2.15.1
1991	Toronto, ON	Patricia Holmen (AB-NT)	2.20.44	2.15.1
1992	Calgary, AB	Jane Shannon (ON)	2.16.58	2.15.1
1993	Saskatoon, SK	Aimee Teteris (ON)	2.18.56	2.15.1
1994	Ottawa, ON	Aimee Teteris (ON)	2.13.8*	2.13.8
1995	Winnipeg, MB	Tanya Wright (AB-NT)	2.19.49	2.13.8
1996	Sherbrooke, QC	Tanya Wright (AB-NT)	2.12.54*	2.12.54
1997	Mt. Pearl, NL	Jenny Van Kempen (AB-NT)	2:17.83	2.12.54
1998	Prince George, BC	Tara Halls (ON)	2.17.69	2.12.54
1999	Sudbury, ON	Robyn Kowalski (ON)	2.17.36	2.12.54
2000	Calgary, AB	Chloe Allen (QC)	2.20.78	2.12.54
2001	Sherbrooke, QC	Alyson Kohlmeier	2.12.14*	2.12.14
2002	Sherbrooke, QC	Justine L=Heureux (QC)	2.18.90	2.12.14
2003	Kitchener/Waterloo, ON	Melissa Bishop (ON)	2:17.25	2:12.14
2004	Sudbury, ON	Angela Shaw (BC/Yukon)	2.19.04	2:12.14
2005	Edmonton, AB	Stephani Romanson (MB-NWO)	2.13.70	2.12.14
2006	Burnaby, BC	Diana Boulbee (ON)	2.13.57	2.12.14
2007	Oromocto, NB	Laura Affeld (AB)	2.13.15	2.12.14



**MEDAL WINNERS
1975 – TO PRESENT**

2008	Sherbrooke, QC	Carly Paracholski (MB)	2:13.85	2:12.14
2009	Sherbrooke, QC	Jenna Westaway (AB)	2:15.65	2:12.14
2010	Ottawa, ON	Christina Kyritsis (ON)	2:15.51	2:12.14
2011	Ottawa, ON	Kailee Sawyer (Open)	2:13.54	2:12.14
2012	Charlottetown, PE	Kailee Sawyer (Open)	2:14.12	2:12.14
2013	Langley, BC	Madeleine Sumner (Open)	2:15.20	2:12.14
2014	Langley, BC	Victoria Tachinski (Open)	2:07.91*	2:07.91
2015	Ste. Therese, QC	Sophie Sigfstead (AB/NT)	2:11.23	2:07.91
2016	Ste. Therese, QC	Tiana Lostracco (Speed River)	2:11.22	2:07.91
2017	Brandon, MB	Camryn Bonia (NL)	2:12.40	2:07.91
2018	Brandon, MB	Jillian Schaber (AB) Ella Clayton (AB) Hallee Knelsen (ON)	2:13.42 2:15.42 2:16.79	2:07.91
2019	Cape Breton, NS	Ella Jackson (ON) Alexis Lewans (Riversdale A) Erin Vringer (NB)	2:14.39 2:14.65 2:14.80	2:07.91
2022	Sherbrooke, QC	Raiya Matonovich (BC) Gabriella Ruggeri (Etobicoke) Maya Markowska (Burlington)	2:13.24 2:13.51 2:14.28	2:07.91
2023	Sherbrooke, QC	Hanna Gates (SK) Maya Markowska (Burlington T.F.C.) Alexandra Watson (AB/NWT)	2:12.24 2:12.98 2:14.80	2:07.91
2024	Calgary, AB	Kiana Charest (ON) Anieu Chan (ON) Esme Sinke (Calgary Spartans)	2:11.15 2:12.05 2:13.17	2:07.91

800 METRES – Boys Under 16

Year	Location of Camp	Athlete & Province	Time	Record
1975	Waterloo, ON	Wayne Rosen (ON)	2.04.6*	2.04.6
1976	Edmonton, AB	Dan Bootes (ON)	2.08.0	2.04.6
1977	Oromocto, NB	Simon Hoogewerf (BC)	2.04.2*	2.04.2
1978	Peace Garden, MB	Gary Martimore (ON)	2.04.1*	2.04.1
1979	St. John's, NL	Tom Messier (AB-NT)	2.09.1	2.04.1
1980	Saskatoon, SK	Lee Miller (AB-NT)	2.05.4	2.04.1
1981	Hamilton, ON	Ron Marten (ON)	2.07.2	2.04.1
1982	Fredericton/Oromocto, NB	Shawn Fitzgerald (ON)	2.03.3*	2.03.3
1983	Ottawa, ON	Rob Muir (ON)	1.59.33*	1.59.33
1984	Halifax, NS	Jamie Steer (MB/NWO)	2.02.5	1.59.33
1985	Saskatoon, SK	Jon Fidelak (ON)	1.59.30*	1.59.30
1986	Sudbury, ON	Pierre Filion (AB-NT)	2.01.52	1.59.30
1987	Calgary, AB	Graham Hood (ON)	2.01.69	1.59.30
1988	Quebec City, QC	Kevin Sullivan (ON)	1.58.20*	1.58.20
1989	Victoria, BC	Kevin Sullivan (ON)	1.54.43*	1.54.43



**MEDAL WINNERS
1975 – TO PRESENT**

1990	Mount Pearl, NL	Manny Bonilla (ON)	2.04.40	1.54.43
1991	Toronto, ON	Jason Martin (ON)	1.59.78	1.54.43
1992	Calgary, AB	Jay Cantin (ON)	2.00.67	1.54.43
1993	Saskatoon, SK	Paul Collins (ON)	2.03.06	1.54.43
1994	Ottawa, ON	Jonathan Chenier (ON)	2.02.19	1.54.43
1995	Winnipeg, MB	Card Liam (ON)	2.02.31	1.54.43
1996	Sherbrooke, QC	Mike Thorson (ON)	2.02.23	1.54.43
1997	Mt. Pearl, NL	Colin Sullivan (ON)	2:00.18	1.54.43
1998	Prince George, BC	Erik Scroll (MB/NWO)	2.00.34	1.54.43
1999	Sudbury, ON	Mathieu Morrison (NB)	2.03.43	1.54.43
2000	Calgary, AB	Matt Brophy (NB)	2.02.60	1.54.43
2001	Sherbrooke, QC	Trent Ratzlaff (AB)	2.03.31	1.54.43
2002	Sherbrooke, QC	Ryan Finn	2.02.34	1.54.43
2003	Kitchener/Waterloo, ON	Dustin Eldridge (ON)	2:03.51	1:54.43
2004	Sudbury, ON	David Minor (BC/Yukon)	1.59.90	1.54.43
2005	Edmonton, AB	Mohammed Dhaqane (ON)	2.01.23	1.54.43
2006	Burnaby, BC	Trent Sayers (ON)	1.58.21	1.54.43
2007	Oromocto, NB	Andrew Cackette (ON)	2.02.74	1.54.43
2008	Sherbrooke, QC	Connor Darlington (ON)	1.59.50	1.54.43
2009	Sherbrooke, QC	B. Nunes de Suza (ON)	1.59.51	1.54.43
2010	Ottawa, ON	Alex Freemantle (ON)	1:57.04	1.54.43
2011	Ottawa, ON	Thomas Oxland (BC)	1:59.31	1.54.43
2012	Charlottetown, PE	Jay Ort (MB)	1.58.51	1.54.43
2013	Langley, BC	Dean Ellenwood (BC)	1.56.12	1.54.43
2014	Langley, BC	Braydon Clarke (Open)	1:57.79	1.54.43
2015	Ste. Therese, QC	Ryder Horton (AB/NT)	1:59.30	1:54.43
2016	Ste. Therese, QC	Evan Knight (NL)	2:00.06	1:54.43
2017	Brandon, MB	Abdullahi Hassan (ON)	1:57.00	1:54.43
2018	Brandon, MB	Eric Campbell (ON) Mats Swanson (AB) Enrique Simard (QC)	1:59.51 1:59.60 2:00.38	1:54.43
2019	Cape Breton, NS	Riley Flemington (ON) Mats Swanson (AB-NT) Destiny Emuze (ON)	1:56.48 1:57.53 2:01.82	1:54.43
2022	Sherbrooke, QC	Noah Louwerse (BC) Lucas Ewert (MB/NWO) Thomas Côté (QC)	1:59.97 2:00.69 2:00.76	1:54.43
2023	Sherbrooke, QC	Ryan Georgeson (ON) William Scharf (ON) Evan Kingsmith (Calgary Spartans)	1:57.66 1:58.45 1:58.62	1:54.43
2024	Calgary, AB	TJ Woods (ON) Arnaud Loignon (QC) Olivier Beaulieu (QC)	1:55.79 1:56.78 1:56.85	1:54.42



**MEDAL WINNERS
1975 – TO PRESENT**

800 METRES – Girls Under 18

Year	Location of Camp	Athlete & Province	Time	Record
1975	Waterloo, ON	Laurie Newfeld (ON)	2.20.5*	2.20.5
1976	Edmonton, AB	Laurie Newfeld (ON)	2.13.5*	2.13.5
1977	Oromocto, NB	Gay Melville (ON)	2.16.5	2.13.5
1978	Peace Garden, MB	Angela Chalmers (MB/NWO)	2.14.4	2.13.5
1979	St. John's, NL	Paula Schnurr (ON)	2.15.2	2.13.5
1980	Saskatoon, SK	Carolyn Comeau (MB/NWO)	2.15.7	2.13.5
1981	Hamilton, ON	Donna Jones (AB-NT)	2.17.3	2.13.5
1982	Fredericton/Oromocto, NB	Sheila Aikman (ON)	2.13.2*	2.13.2
1983	Ottawa, ON	Chris Wagner (BC)	2.13.65	2.13.2
1984	Halifax, NS	Robyn Meagher (NS)	2.09.1*	2.09.1
1985	Saskatoon, SK	Marnie Bowden (MB/NWO)	2.15.1	2.09.1
1986	Sudbury, ON	Natalie Rouillard (QC)	2.11.95	2.09.1
1987	Calgary, AB	Carol Holmen (AB-NT)	2.09.06*	2.09.06
1988	Quebec City, QC	Lori Durward (BC)	2.14.6	2.09.06
1989	Victoria, BC	Lori Durward (BC)	2.09.31	2.09.06
1990	Mount Pearl, NL	Cossette Taylor (MB/NWO)	2.19.40	2.09.06
1991	Toronto, ON	Cossette Taylor (MB/NWO)	2.10.74	2.09.06
1992	Calgary, AB	Nadine Nemhard (BC)	2.12.08	2.09.06
1993	Saskatoon, SK	Emily MacLennan (NS)	2.14.09	2.09.06
1994	Ottawa, ON	Mary Unsworth (ON)	2.13.87	2.09.06
1995	Winnipeg, MB	Aimee Teteris (ON)	2.15.14	2.09.06
1996	Sherbrooke, QC	Malindi Elmore (BC)	2.09.78	2.09.06
1997	Mt. Pearl, NL	Jenna Lock (BC)	2.15.25	2.09.06
1998	Prince George, BC	Emilie Mondor (QC)	2.11.69	2.09.06
1999	Sudbury, ON	Nicole Topic (AB-NT)	2.12.85	2.09.06
2000	Calgary, AB	Julia Howard (NL)	2.14.62	2.09.06
2001	Sherbrooke, QC	Brandi Armstrong (SK)	2.15.99	2.09.06
2002	Sherbrooke, QC	Carmen Ballard (BC/Yukon)	2.17.46	2.09.06
2003	Kitchener/Waterloo, ON	Katie Engal (ON)	2:13.52	2:09.06
2004	Sudbury, ON	Katie Van Buskirk (ON)	2.11.60	2.09.06
2005	Edmonton, AB	Angela Shaw (BC)	2.14.09	2.09.06
2006	Burnaby, BC	Jessica Smith (BC)	2.10.28	2.09.06
2007	Oromocto, NB	Justine Johnson (BC/Yukon)	2.14.48	2.09.06
2008	Sherbrooke, QC	Caileigh Glenn (Newmarket HU)	2.13.06	2.09.06
2009	Sherbrooke, QC	Leanne Fernandez (Open)	2.13.22	2.09.06
2010	Ottawa, ON	Meagan Paracholski (MB)	2:13.12	2.09.06
2011	Ottawa, ON	Julia Zrinyi (MB)	2:08.73*	2:08.73
2012	Charlottetown, PE	Rebecca Wendt (ON)	2.13.74	2.08.73
2013	Langley, BC	Kailee Sawyer (Open)	2:08.59	2.08.73
2014	Langley, BC	Ginelle Demone (AB-NT)	2:11.06	2.08.73
2015	Ste. Therese, QC	Victoria Tachinski (Stride Ahead)	2:06.88	2:06.88
2016	Ste. Therese, QC	Kaitlin Swartz (Unattached A)	2:12.23	2:06.88



**MEDAL WINNERS
1975 – TO PRESENT**

2017	Brandon, MB	Maggie Smith (NS/NU)	2:10.97	2:06.88
2018	Brandon, MB	Aleeya Hutchins (ON) Tracy Towns (MB) Olivia Cooper (AB)	2:09.76 2:10.16 2:11.07	2:06.88
2019	Cape Breton, NS	Avery Pearson (SK) Tegan Morrison (Laurel Creek T.F.C.) Hallee Knelsen (St. Thomas Le)	2:08.71 2:08.87 2:09.79	2:06.88
2022	Sherbrooke, QC	Kyla Martin (South Simcoe) Mandeep Sangha (AB/NWT) Maya Baechler (BC)	2:10.41 2:11.38 2:12.98	2:06.88
2023	Sherbrooke, QC	Gabriell Ruggeri (Etobicoke T.F.C.) Julian Thériault (QC) Poppy Moom (NS/NU)	2:12.57 2:12.68 2:13.48	2:06.88
2024	Calgary, AB	Mary MacLean (AB/NWT) Raiya Matonovich (BC) Hannah Gates (SK)	2:09.66 2:09.68 2:10.96	2:06.88

800 METRES – Boys Under 18

Year	Location of Camp	Athlete & Province	Time	Record
1975	Waterloo, ON	George Nowak (ON)	1.58.9*	1.58.9
1976	Edmonton, AB	Doug Wournell (AB-NT)	1.59.7	1.58.9
1977	Oromocto, NB	Rod Palm (AB-NT)	2.03.4	1.58.9
1978	Peace Garden, MB	Mike Dowse (MB/NWO)	2.01.0	1.58.9
1979	St. John's, NL	Steven Beauregard (QC)	1.59.1	1.58.9
1980	Saskatoon, SK	Brendon Byrne (AB-NT)	2.00.7	1.58.9
1981	Hamilton, ON	Roger Carl (AB-NT)	2.01.1	1.58.9
1982	Fredericton/Oromocto, NB	Steve Vine (BC)	1.55.5*	1.55.5
1983	Ottawa, ON	Peter Sharpe (BC)	1.55.24*	1.55.24
1984	Halifax, NS	Shawn Fitzgerald (ON)	1.52.6*	1.52.6
1985	Saskatoon, SK	Wade Anderson (BC)	1.54.9	1.52.6
1986	Sudbury, ON	Brian Franklin (QC)	1.56.54	1.52.6
1987	Calgary, AB	Bill Shokar (BC)	1.56.07	1.52.6
1988	Quebec City, QC	Pierre Fillion (AB-NT)	1.55.8	1.52.6
1989	Victoria, BC	Tarik Ramouch (QC)	1.55.80	1.52.6
1990	Mount Pearl, NL	Tarik Ramouch (QC)	1.57.80	1.52.6
1991	Toronto, ON	Vincent Legere (QC)	1.54.98	1.52.6
1992	Calgary, AB	Kevin Dunbar (ON)	1.55.24	1.52.6
1993	Saskatoon, SK	Zack Whitmarsh (BC)	1.52.73	1.52.6
1994	Ottawa, ON	Mike Ciampini (QC)	1.55.82	1.52.6
1995	Winnipeg, MB	Sean McCartney (BC)	1.57.95	1.52.6
1996	Sherbrooke, QC	Andrew McKessock (ON)	1.55.67	1.52.6



**MEDAL WINNERS
1975 – TO PRESENT**

1997	Mt. Pearl, NL	Ray Ardill (BC)	1:56.30	1.52.6
1998	Prince George, BC	Ray Ardill (BC)	1:55.61	1.52.6
1999	Sudbury, ON	Erick Scroll (MB/NWO)	1:51.44*	1.51.44
2000	Calgary, AB	Erik Scroll (MB/NWO)	1:54.15	1.51.44
2001	Sherbrooke, QC	Mark Wilkie (BC/Yukon)	1:56.27	1.51.44
2002	Sherbrooke, QC	Matthew Brophy (NB)	1:54.57	1.51.44
2003	Kitchener/Waterloo, ON	Ryan Fyfe (AB/NT)	1:58.01	1:51.44
2004	Sudbury, ON	Ryan Finn (ON)	1:55.55	1.51.44
2005	Edmonton, AB	Olivier Lavoie (QC)	1:55.98	1.51.44
2006	Burnaby, BC	Jordan Mara (BC)	1:55.69	1.51.44
2007	Oromocto, NB	Anthony Romaniw (ON)	1:55.19	1.51.44
2008	Sherbrooke, QC	Jeremy Rae (ON)	1:52.92	1.51.44
2009	Sherbrooke, QC	Merid Selishi (Open)	1:54.81	1.51.44
2010	Ottawa, ON	Andrew Costello (Open)	1:52.99	1.51.44
2011	Ottawa, ON	Brandon McBride (ON)	1:48.41*	1:48.41
2012	Charlottetown, PE	Alexander Freemantle (Open)	1:53.18	1.48.41
2013	Langley, BC	Robert Heppenstall (Open)	1:52.26	1.48.41
2014	Langley, BC	Shane Dillon (Open)	1:52.01	1.48.41
2015	Ste. Therese, QC	Michael Peterson (Central Toronto)	1:53.15	1:48.41
2016	Ste. Therese, QC	Callum MacGregor (Speed River)	1:55.51	1:48.41
2017	Brandon, MB	Josh Samyn (Winnipeg Opt)	1:54.12	1:48.41
2018	Brandon, MB	Nicholas Aron (BC) Quincy Fast (SK) Dakota Goguen (ON)	1:55.39 1:55.69 1:56.51	1:48.41
2019	Cape Breton, NS	Matti Erickson (BC) Keaton Heisterman (BC) Dakota Goguen (Newmarket Hu)	1:53.82 1:54.23 1:54.29	1:48.41
2022	Sherbrooke, QC	Hudson Irvine (BC) Noah Neves (MB/NWO) Kaden Kingsmith (AB/NWT)	1:53.90 1:54.61 1:55.06	1:48.41
2023	Sherbrooke, QC	Robin Lefebvre (QC) Killian Naughton (SK) Mark Molina (BC/YT)	1:53.46 1:54.48 1:55.14	1:48.41
2024	Calgary, AB	Niklos Irwin (SK) Evan Kingsmith (AB/NWT) Matthew Luke (Burlington T&F)	1:54.71 1:55.03 1:55.60	1:48.41

1500 METRES (replaced by 1200M in 2010) – Girls Under 16

Year	Location of Camp	Athlete & Province	Time	Record
1975	Waterloo, ON	Joanne Graves (ON)	4.57.2*	4.57.2
1976	Edmonton, AB	Jackie Masil (ON)	4.51.1*	4.51.1
1977	Oromocto, NB	Louise MacKenzie (ON)	4.50.4*	4.50.4



**MEDAL WINNERS
1975 – TO PRESENT**

1978	Peace Garden, MB	Paula Schnurr (ON)	4.58.2	4.50.4
1979	St. John's, NL	Tammy Roberts (ON)	4.50.8	4.50.4
1980	Saskatoon, SK	Tammy Roberts (ON)	4.51.3	4.50.4
1981	Hamilton, ON	Tammy Roberts (ON)	4.39.0*	4.39.0
1982	Fredericton/Oromocto, NB	Michelle Bathurst (ON)	4.40.3	4.39.0
1983	Ottawa, ON	Michelle Bathurst (ON)	4.44.3	4.39.0
1984	Halifax, NS	Lorraine Bailie (ON)	4.46.3	4.39.0
1985	Saskatoon, SK	Jennifer Armstrong (ON)	4.45.45	4.39.0
1986	Sudbury, ON	Julie Armstrong (ON)	4.44.20	4.39.0
1987	Calgary, AB	Barb Drolet (AB-NT)	4.56.95	4.39.0
1988	Quebec City, QC	Candace Lessmeiter (SK)	4.43.57	4.39.0
1989	Victoria, BC	Joanne Johnston (AB-NT)	4.30.10*	4.30.10
1990	Mount Pearl, NL	Julie Dupuis (NB)	4.51.50	4.30.10
1991	Toronto, ON	Patricia Holmen (AB-NT)	4.43.40	4.30.10
1992	Calgary, AB	Emily MacLennan (NS)	4.49.06	4.30.10
1993	Saskatoon, SK	D. Corriveau (QC)	4.43.37	4.30.10
1994	Ottawa, ON	Deidre Emerson (SK)	4.37.95	4.30.10
1995	Winnipeg, MB	Jennifer Hanley (ON)	4.40.51	4.30.10
1996	Sherbrooke, QC	Erin McClure (ON)	4.43.73	4.30.10
1997	Mt. Pearl, NL	Emily Kroshus (AB-NT)	4.43.72	4.30.10
1998	Prince George, BC	Nikki Reckman (ON)	4.44.04	4.30.10
1999	Sudbury, ON	Nikki Reckman (ON)	4.40.61	4.30.10
2000	Calgary, AB	Chloe Allen (QC)	4.51.92	4.30.10
2001	Sherbrooke, QC	Alyson Kehlmeier (ON)	4.34.91	4.30.10
2002	Sherbrooke, QC	Avril O'Grodnick (QC)	4.37.56	4.30.10
2003	Kitchener/Waterloo, ON	Shannon Gibbons (ON)	4:46.84	4:30.10
2004	Sudbury, ON	Allison Letourneau (NS/NU)	4.40.60	4.30.10
2005	Edmonton, AB	Amanda Truelove (ON)	4.39.09	4.30.10
2006	Burnaby, BC	Genevieve Lalonde (NB)	4.36.32	4.30.10
2007	Oromocto, NB	Marguerite Plante-Dube (QC)	4.46.72	4.30.10
2008	Sherbrooke, QC	Meagan Paracholski (MB)	4.44.78	4.30.10
2009	Sherbrooke, QC	Natalia Hawthorn (ON)	4.41.72	4.30.10

1200M – Girls Under 16

Year	Location of Camp	Athlete & Province	Time	Record
2010	Ottawa, ON	Jaimie Phelan (Open)	3:36.39*	3:36.39
2011	Ottawa, ON	Anne-Marie Comeau (QC)	3.35.33*	3:35.33
2012	Charlottetown, PE	Kailee Sawyer (Open)	3.29.21*	3.29.21
2013	Langley, BC	Jennie Baragar-Petrash (MB)	3.36.45	3.29.21
2014	Langley, BC	Shona McCulloch (ON)	3:31.70	3.29.21
2015	Ste. Therese, QC	Sophie Sigfstead (AB/NT)	3:26.16*	3:26.16
2016	Ste. Therese, QC	Cameron Ormond (ON)	3:28.99	3:26.16
2017	Brandon, MB	Sadie Sigfstead (AB)	3:31.94	3:26.16
2018	Brandon, MB	Erin Vringer (NB)	3:32.93	
		Abby Ylinpahkala (ON)	3:33.51	
		Aysia Maurice (ON)	3:34.91	



MEDAL WINNERS
1975 – TO PRESENT

2019	Cape Breton, NS	Erin Vringer (NB) Ella Jackson (ON) Mandeep Sangha (AB-NT)	3:36.58 2:36.61 3:36.75	3:26.16
2022	Sherbrooke, QC	Maya Markowska (Burlington) Anna Douma (Laurel Creek) Miakaella Martin (QC)	3:39.21 3:40.00 3:40.13	3:26.16
2023	Sherbrooke, QC	Hannah Gates (SK) Maya Markowska (Burlington) Anniika De Smet (MN/NWO)	3:35.30 3:35.92 3:36.50	3:26.16
2024	Calgary, AB	Kiana Charest (ON) Jasmine Lazzari (AB/NWT) Lily Hemlow (MN/NOW)	3:34.44 3:36.59 3:40.08	3:26.16

1500 METRES (Replaced by 1200M in 2010) – Boys Under 16

Year	Location of Camp	Athlete & Province	Time	Record
1975	Waterloo, ON	Wayne Rosen (ON)	4.24.9*	4.24.9
1976	Edmonton, AB	Rick Desjardins (ON)	4.21.1*	4.21.1
1977	Oromocto, NB	Simon Hoogenwerf (BC)	4.19.3*	4.19.3
1978	Peace Garden, MB	Malcolm Gladwell (ON)	4.16.2*	4.16.2
1979	St. John's, NL	Kevin Kozicz (ON)	4.22.4	4.16.2
1980	Saskatoon, SK	David Sawitzki (ON)	4.15.7*	4.15.7
1981	Hamilton, ON	Paul Dowse (ON)	4.26.9	4.15.7
1982	Fredericton/Oromocto, NB	Richard Charette (ON)	4.11.1*	4.11.1
1983	Ottawa, ON	Rob Muir (ON)	4.05.2*	4.05.2
1984	Halifax, NS	John Bowden (ON)	4.11.3	4.05.2
1985	Saskatoon, SK	Rorri Currie (NB)	4.10.05	4.05.2
1986	Sudbury, ON	Pierre Filion (AB-NT)	4.07.87	4.05.2
1987	Calgary, AB	Janik Lambert (QC)	4.08.93	4.05.2
1988	Quebec City, QC	Kevin Sullivan (ON)	4.02.39*	4.02.39
1989	Victoria, BC	Kevin Sullivan (ON)	3.59.74*	3.59.74
1990	Mount Pearl, NL	Mike Lander (ON)	4.17.96	3.59.74
1991	Toronto, ON	Paul Handigan (NL)	4.17.60	3.59.74
1992	Calgary, AB	Murray Link (ON)	4.22.21	3.59.74
1993	Saskatoon, SK	M. Ciampini (QC)	4.12.77	3.59.74
1994	Ottawa, ON	Sami Benghezal (QC)	4.07.50	3.59.74
1995	Winnipeg, MB	Revelle Liam (ON)	4.12.14	3.59.74
1996	Sherbrooke, QC	Mike Thorson (ON)	4.12.43	3.59.74
1997	Mt. Pearl, NL	Colin Sullivan (ON)	4:07.43	3.59.74
1998	Prince George, BC	John Carle (QC)	4.10.0	3.59.74
1999	Sudbury, ON	Mathieu Morrison (NB)	4.14.98	3.59.74
2000	Calgary, AB	Kurt Benninger (ON)	4.09.83	3.59.74
2001	Sherbrooke, QC	Braden Novakowski (ON)	4.12.20	3.59.74
2002	Sherbrooke, QC	Ryan Finn (ON)	4.09.09	3.59.74
2003	Kitchener/Waterloo, ON	Peter Corrigan (AB/NT)	4:13.94	3:59.74
2004	Sudbury, ON	Peter Corrigan (AB/NT)	4.08.40	3.59.74



**MEDAL WINNERS
1975 – TO PRESENT**

2005	Edmonton, AB	Jack MacGillivray (NS/NU)	4.07.38	3.59.74
2006	Burnaby, BC	Trent Sayers (ON)	4.06.59	3.59.74
2007	Oromocto, NB	Evan Esselink (ON)	4.11.39	3.59.74
2008	Sherbrooke, QC	Connor Darlington (ON)	4.08.35	3.59.74
2009	Sherbrooke, QC	Alex Bussieres (QC)	4.08.32	3.59.74

1200M – Boys Under 16

Year	Location of Camp	Athlete & Province	Time	Record
2010	Ottawa, ON	Alex Freemantle (ON)	3:07.43*	3:07.43
2011	Ottawa, ON	Nicholash Bedi (Open)	3:12.33	3:07.43
2012	Charlottetown, PE	Jay Ort (MB)	3.13.05	3:07.43
2013	Langley, BC	Edward Hayfron	3.10.21	3:07.43
2014	Langley, BC	Mathieu Plamondon (ON)	3:08.18	3:07.43
2015	Ste. Therese, QC	Jonathan Desouza (Newmarket HU)	3:14.82	3:07.43
2016	Ste. Therese, QC	Nicholas Mota (ON)	3:18.18	3:07.43
2017	Brandon, MB	Dakota Goguen (ON)	3:13.62	3:07.43
2018	Brandon, MB	Adam Mytopher (SK) Émile Turcotte (QC) Eric Campbell (ON)	3:14.48 3:15.23 3:15.36	3:07.43
2019	Cape Breton, NS	Riley Flemington (ON) Caiden Lee (Ocean Athl) Mason Basson (St Thomas Le)	3:07.27* 3:17.53 3:18.08	3:07.27
2022	Sherbrooke, QC	Noah Louwerse (BC) Brady Keller (AB/NWT) Bernardo Sada (BC)	3:13.99 3:14.50 3:15.08	3:07.27
2023	Sherbrooke, QC	Ryan Georgeson (ON) William Scharf (ON) Arjun Sandhu (BC/YT)	3:10.38 3:11.62 3:11.86	3:07.27
2024	Calgary, AB	Noah Hill (ON) TJ Woods (ON) Finn Adamson (BC)	3:08.99 3:09.00 3:10.70	3:07.27

1500 METRES – Girls Under 18

Year	Location of Camp	Athlete & Province	Time	Record
1975	Waterloo, ON	Anne-Marie Malone (ON)	4.43.8*	4.43.8
1976	Edmonton, AB	Debbie Schulte (ON)	4.42.4*	4.42.4
1977	Oromocto, NB	Jackie Masil (ON)	4.40.8*	4.40.8
1978	Peace Garden, MB	Angela Chalmers (MB/NWO)	4.48.0	4.40.8
1979	St. John's, NL	Alison Wyllie (ON)	4.38.9*	4.38.9
1980	Saskatoon, SK	Tammy Roberts (ON)	4.51.3	4.38.9
1981	Hamilton, ON	Carolyn Hobbs (ON)	4.41.6	4.38.9
1982	Fredericton/Oromocto, NB	Rosemary McConnell (BC)	4.38.9*	4.38.9



**MEDAL WINNERS
1975 – TO PRESENT**

1983	Ottawa, ON	Cathie Dargie (AB-NT)	4:39.9	4:38.9
1984	Halifax, NS	Robyn Meagher (NS)	4:26.80*	4:26.80
1985	Saskatoon, SK	Jennifer Mather (ON)	4:41.75	4:26.80
1986	Sudbury, ON	Tracy Smith (ON)	4:36.6	4:26.80
1987	Calgary, AB	Susan Chalmers (BC)	4:41.55	4:26.80
1988	Quebec City, QC	Anna Gunasekera (ON)	4:31.76	4:26.80
1989	Victoria, BC	Lori Durward (BC)	4:27.42	4:26.80
1990	Mount Pearl, NL	Cossette Taylor (MB/NWO)	4:35.92	4:26.80
1991	Toronto, ON	Cossette Taylor (MB/NWO)	4:27.43	4:26.80
1992	Calgary, AB	Shannon Bowles (BC)	4:35.18	4:26.80
1993	Saskatoon, SK	Valerie Urchison (BC)	4:40.23	4:26.80
1994	Ottawa, ON	Cerian Shepherd (ON)	4:33.20	4:26.80
1995	Winnipeg, MB	Amy Teer (BC)	4:35.70	4:26.80
1996	Sherbrooke, QC	Malindi Elmore (BC)	4:33.07	4:26.80
1997	Mt. Pearl, NL	Stephanie Bennett (BC)	4:32.69	4:26.80
1998	Prince George, BC	Emilie Mondor (QC)	4:31.30	4:26.80
1999	Sudbury, ON	Megan Metcalfe (AB-NT)	4:36.79	4:26.80
2000	Calgary, AB	Stephanie Hirtle (BC)	4:38.73	4:26.80
2001	Sherbrooke, QC	Natalie Rogers (BC/Yukon)	4:42.16	4:26.80
2002	Sherbrooke, QC	Carmen Ballard (BC/Yukon)	4:42.37	4:26.80
2003	Kitchener/Waterloo, ON	Carmen Ballard (BC/YUKON)	4:37.42	4:26.80
2004	Sudbury, ON	Avril Ogrondnick (QC)	4:27.60	4:26.80
2005	Edmonton, AB	Jessica Smith (BC)	4:37.96	4:26.80
2006	Burnaby, BC	Jessica Smith (BC)	4:28.93	4:26.80
2007	Oromocto, NB	Amanda Truelove (ON)	4:35.19	4:26.80
2008	Sherbrooke, QC	Genevieve Lalonde (NB)	4:31.33	4:26.80
2009	Sherbrooke, QC	Caroline Pfister (Open)	4:34.81	4:26.80
2010	Ottawa, ON	Julia Zrinyi (MB)	4:37.20	4:26.80
2011	Ottawa, ON	Julia Zrinyi (MB)	4:35.11	4:26.80
2012	Charlottetown, PE	Kala Stone (BC)	4:35.77	4:26.80
2013	Langley, BC	Kailee Sawyer (Open)	4:32.80	4:26.80
2014	Langley, BC	Grace Thompson (Open)	4:33.38	4:26.80
2015	Ste. Therese, QC	Shona McCulloch (Ottawa Lions)	4:35.76	4:26.80
2016	Ste. Therese, QC	Mackenzie Morgan (Laurel Creek)	4:33.64	4:26.80
2017	Brandon, MB	Cameron Ormond (Newmarket HU)	4:30.40	4:26.80
2018	Brandon, MB	Maggie Smith (NS/NV)	4:25.11*	
		Tracy Towns (MB)	4:37.42	4:25.11
		Baneet Bains (BC)	4:38.75	
2019	Cape Breton, NS	Kendra Lewis (BC)	4:28.08	
		Sadie Sigfstead (AB-NT)	4:29.86	4:25.11
		Margrett Watt (Winnipeg Opt)	4:34.25	
2022	Sherbrooke, QC	Maella Hodgson (BC)	4:23.00*	
		Kyla Martin (South Simcoe)	4:24.67	
		Abby Lewis (Chebucto Athletics)	4:25.13	



**MEDAL WINNERS
1975 – TO PRESENT**

2023	Sherbrooke, QC	Abby Lewis (Athletic East NS) Zoe Mosher (NS/NU) Anna Douma (Laurel Creek T.F.)	4:32.75 4:38.27 4:39.01	4:23.00
2024	Calgary, AB	Mary MacLean (AB/NWT) Annika De Smet (MB/NWO) Adrianna Buitelaar (BC)	4:31.85 4:32.48 4:32.50	4:23.00

1500 METRES – Boys Under 18

Year	Location of Camp	Athlete & Province	Time	Record
1975	Waterloo, ON	Don Hughan (ON)	4.07.6*	4.07.6
1976	Edmonton, AB	Chris Lane (ON)	4.11.3	4.07.6
1977	Oromocto, NB	Rod Palm (AB-NT)	4.08.0	4.07.6
1978	Peace Garden, MB	Greg Walker (BC)	4.13.8	4.07.6
1979	St. John's, NL	John Lagarde (QC)	4.09.8	4.07.6
1980	Saskatoon, SK	Marc Oleson (ON)	4.05.0*	4.05.0
1981	Hamilton, ON	Adam Sarty (SK)	4.04.3*	4.04.3
1982	Fredericton/Oromocto, NB	Steve Bachop (BC)	3.59.6*	3.59.6
1983	Ottawa, ON	Max Anderson (AB-NT)	4.02.9	3.59.6
1984	Halifax, NS	Mark Lynch (AB-NT)	3.55.1*	3.55.1
1985	Saskatoon, SK	Rene Teaque (AB-NT)	3.53.95*	3.53.95
1986	Sudbury, ON	Dan Bertola (BC)	3.58.3	3.53.95
1987	Calgary, AB	Spencer Punter (AB-NT)	4.04.10	3.53.95
1988	Quebec City, QC	Graham Hood (ON)	3.55.40	3.53.95
1989	Victoria, BC	Mark Baldwin (NL)	3.59.87	3.53.95
1990	Mount Pearl, NL	Neal Van Beers (BC)	4.09.59	3.53.95
1991	Toronto, ON	Vincent Leger (NB)	4.01.83	3.53.95
1992	Calgary, AB	Jeremy Deere (AB-NT)	4.05.34	3.53.95
1993	Saskatoon, SK	Jan Cantin (ON)	3.55.39	3.53.95
1994	Ottawa, ON	Murray Link (ON)	3.58.53	3.53.95
1995	Winnipeg, MB	Sean McCartney (BC)	4.04.09	3.53.95
1996	Sherbrooke, QC	Andrew McKessock (ON)	4.01.87	3.53.95
1997	Mt. Pearl, NL	Bruno Mazzotta (BC)	4:02.23	3.53.95
1998	Prince George, BC	Ryan Hayden (BC)	4.03.01	3.53.95
1999	Sudbury, ON	Ryan Hayden (BC)	3.52.67*	3.52.67
2000	Calgary, AB	Marcel Hewamudalige (BC)	3.57.35	3.52.67
2001	Sherbrooke, QC	Matthew Brophy (NB)	3.58.23	3.52.67
2002	Sherbrooke, QC	Matthew Brophy (NB)	3.55.77	3.52.67
2003	Kitchener/Waterloo, ON	Aaron Robson (AB/NT)	4:00.53	3:52.67
2004	Sudbury, ON	Ryan Finn (ON)	4.01.30	3.52.67
2005	Edmonton, AB	J. Marpole-Bird (BC/Yukon)	3.57.76	3.52.67
2006	Burnaby, BC	Matt Leeder (ON)	3.53.21	3.52.67
2007	Oromocto, NB	Aleksandr Kuternin (ON)	4.00.46	3.52.67
2008	Sherbrooke, QC	Jeremy Rae (ON)	3.57.31	3.52.67
2009	Sherbrooke, QC	Robert Denault (Open)	4.00.17	3.52.67



**MEDAL WINNERS
1975 – TO PRESENT**

2010	Ottawa, ON	Robert Denault (Open)	3:52.95	3.52.67
2011	Ottawa, ON	Eamonn Kichuk (ON)	3:52.78	3.52.67
2012	Charlottetown, PE	Mike Tate (NS)	3:54.05	3.52.67
2013	Langley, BC	Alex James (AB-NT)	3:57.76	3.52.67
2014	Langley, BC	Mark Patton (Open)	3:52.87	3.52.67
2015	Ste. Therese, QC	Ryan Smeeton (AB/NT)	3:53.08	3:52.67
2016	Ste. Therese, QC	Jordan Macintosh (MB/NWO)	4:00.56	3:52.67
2017	Brandon, MB	Joshua Desouza (Newmarket HU)	4:04.72	3:52.67
2018	Brandon, MB	Foster Malleck (ON)	3:57.58	
		Ron MacLean (SK)	3:57.77	3:52.67
		Jake Hollinger (ON)	3:57.77	
2019	Cape Breton, NS	Matti Erickson (BC)	4:03.50	
		Dakota Goguen (Newmarket Hu)	4:04.65	3:52.67
		Yasser Riad (QC)	4:07.34	
2022	Sherbrooke, QC	Kaden Kingsmith (AB/NWT)	3:56.50	
		Erik Unger (Unattached ON)	3:58.53	3:52.67
		Travis Gaffney (Brockville L)	4:00.01	
2023	Sherbrooke, QC	Robin Lefebvre (QC)	4:00.85	
		Mark Molina (BC/YT)	4:03.46	3:52.67
		Sawyer LeBlanc (NL)	4:03.83	
2024	Calgary, AB	Sawyer LeBlanc (NL)	3:58.05	
		Charli Mlotshwa (BC)	3:59.45	3:52.67
		Noah Louwerse (BC)	4:01.40	

3000 METRES (Replaced by 2000M in 2010) – Girls Under 16

Year	Location of Camp	Athlete & Province	Time	Record
1975	Waterloo, ON	No Event		
1976	Edmonton, AB	No Event		
1977	Oromocto, NB	Marge O'Brien (ON)	10.59.3*	10.59.3
1978	Peace Garden, MB	No Event		10.59.3
1979	St. John's, NL	No Event		10.59.3
1980	Saskatoon, SK	Tammy Roberts (ON)	10.34.6*	10.34.6
1981	Hamilton, ON	Tammy Roberts (ON)	10.07.9*	10.07.9
1982	Fredericton/Oromocto, NB	Tammy Roberts (ON)	10.29.4	10.07.9
1983	Ottawa, ON	Beth Tarasok (ON)	9.56.88*	9.56.88
1984	Halifax, NS	Haley Grey (ON)	10.46.02	9.56.88
1985	Saskatoon, SK	Jennifer Armstrong (ON)	10.00.60	9.56.88
1986	Sudbury, ON	Barb Drolet (AB-NT)	10.40.51	9.56.88
1987	Calgary, AB	Sara Jane Mosher (ON)	10.56.0	9.56.88
1988	Quebec City, QC	Kathleen MacDonald (NS)	10.23.10	9.56.88
1989	Victoria, BC	Kathleen MacDonald (NS)	10.20.74	9.56.88
1990	Mount Pearl, NL	Deryn Shepard (ON)	11.04.42	9.56.88
1991	Toronto, ON	Patricia Holmen (AB-NT)	10.32.55	9.56.88
1992	Calgary, AB	Cerian Shepard (ON)	11.04.61	9.56.88
1993	Saskatoon, SK	D. Corriveau (QC)	10.08.65	9.56.88



**MEDAL WINNERS
1975 – TO PRESENT**

1994	Ottawa, ON	Lisa McIsaac (AB-NT)	10.18.59	9.56.88
1995	Winnipeg, MB	Jennifer Hanley (ON)	10.10.17	9.56.88
1996	Sherbrooke, QC	Erika St-Pierre (QC)	10.45.95	9.56.88
1997	Mt. Pearl, NL	Emily Kroshus (AB-NT)	10:21.56	9.56.88
1998	Prince George, BC	Nikki Reckman (ON)	10.14.50	9.56.88
1999	Sudbury, ON	Nikki Reckman (ON)	10.16.57	9.56.88
2000	Calgary, AB	Melanie Myrand (QC)	10.27.69	9.56.88
2001	Sherbrooke, QC	Leigh-Ann Ness (QC)	10.30.21	9.56.88
2002	Sherbrooke, QC	Avril O'Grodnick (QC)	10.12.84	9.56.88
2003	Kitchener/Waterloo, ON	Kaitlyn Tallman (ON)	10:42.95	9:56.88
2004	Sudbury, ON	Amanda Truelove (ON)	10.18.47	9.56.88
2005	Edmonton, AB	Amanda Truelove (ON)	10.19.10	9.56.88
2006	Burnaby, BC	Genevieve Lalonde (NB)	9.56.64*	9.56.64
2007	Oromocto, NB	Maeguerite Plante-Dube (QC)	10.10.56	9.56.64
2008	Sherbrooke, QC	Gabrielle Edwards (SK)	10.17.60	9.56.64
2009	Sherbrooke, QC	Megan Yuan (MB)	10.14.96	9.56.64

2000 METRES – Girls Under 16

Year	Location of Camp	Athlete & Province	Time	Record
2010	Ottawa, ON	Jaimie Phelan (Open)	6:13.71*	6:13.71
2011	Ottawa, ON	Anne-Marie Comeau (QC)	6:20.91	6:13.71
2012	Charlottetown, PE	Jessica Armstrong (Open)	6:32.79	6:13.71
2013	Langley, BC	Kamila Olguin (AB-NT)	6:23.45	6:13.71
2014	Langley, BC	Shona McCulloch (ON)	6:14.15	6:13.71
2015	Ste. Therese, QC	Sophie Sigfstead (AB/NT)	6:06.59*	6:06.59
2016	Ste. Therese, QC	Cameron Ormond (ON)	6:14.84	6:06.59
2017	Brandon, MB	Sadie Sigfstead (AB)	6:11.78	6:06.59
2018	Brandon, MB	Sadie Sigfstead (AB) Erika Cunniam (AB) Erin Vringer (NB)	6:19.08 6:19.37 6:23.50	6:06.59
2019	Cape Breton, NS	Mandeep Sangha (AB-NT) Aysia Maurice (ON) Alexis Lewans (Riversdale A)	6:24.89 6:29.31 6:34.88	6:06.59
2022	Sherbrooke, QC	Zoe Mosher (NS/NU) Mikaela Martin (QC) Annik De Smet (MB/NWO)	6:27.82 6:29.69 6:29.97	6:06.59
2023	Sherbrooke, QC	Riley Innes (ON) Annik De Smet (MN/NWO) Adrian Buitelaar (BC/YT)	6:17.04 6:23.93 6:24.49	6:06.59
2024	Calgary, AB	Kiana Charest (ON) Lily Hemlow (MN/NWO) Kate Nagy (Newmarket Huskies)	6:28.84 6:33.08 6:34.25	6:06.59



**MEDAL WINNERS
1975 – TO PRESENT**

3000 METRES (Replaced by 2000M by 2010) – Boys Under 16

Year	Location of Camp	Athlete & Province	Time	Record
1975	Waterloo, ON	No Event		
1976	Edmonton, AB	No Event		
1977	Oromocto, NB	Dave Reid (ON)	9.34.3*	9.34.3
1978	Peace Garden, MB	Doug Kehler (AB-NT)	9.00*	9.00
1979	St. John's, NL	Kevin Kozicz (ON)	9.27.4	9.00
1980	Saskatoon, SK	David Sawitzki (ON)	9.22.6	9.00
1981	Hamilton, ON	Paul Dowse (ON)	9.41.6	9.00
1982	Fredericton/Oromocto, NB	Richard Charette (ON)	8.55.8*	8.55.8
1983	Ottawa, ON	Scott Faulds (ON)	8.47.13*	8.47.13
1984	Halifax, NS	Rorri Currie (NB)	9.01.05	8.47.13
1985	Saskatoon, SK	Rorri Currie (NB)	9.01.05	8.47.13
1986	Sudbury, ON	Mike Faulds (ON)	9.20.31	8.47.13
1987	Calgary, AB	Janik Lambert (QC)	9.03.50	8.47.13
1988	Quebec City, QC	Tim Ellis (NS)	9.12.05	8.47.13
1989	Victoria, BC	Kevin Westman (SK)	9.26.71	8.47.13
1990	Mount Pearl, NL	Mike Lander (ON)	9.42.49	8.47.13
1991	Toronto, ON	Matthew Kerr (ON)	9.26.71	8.47.13
1992	Calgary, AB	Murray Link (ON)	9.13.43	8.47.13
1993	Saskatoon, SK	Hugh Simpson (NB)	9.07.16	8.47.13
1994	Ottawa, ON	Jonathan Chenier (ON)	9.01.87	8.47.13
1995	Winnipeg, MB	Olivier Audette (QC)	9.27.28	8.47.13
1996	Sherbrooke, QC	William Thrift (MB/NWO)	9.05.68	8.47.13
1997	Mt. Pearl, NL	Brandon Young (ON)	9:06.51	8.47.13
1998	Prince George, BC	John Carle (QC)	9.13.96	8.47.13
1999	Sudbury, ON	Kristjan Hunter (MB/NWO)	9.25.86	8.47.13
2000	Calgary, AB	Kurt Benninger (ON)	9.09.97	8.47.13
2001	Sherbrooke, QC	Aaron Robson (AB-NT)	9.10.29	8.47.13
2002	Sherbrooke, QC	Ryan Finn (ON)	9.28.89	8.47.13
2003	Kitchener/Waterloo, ON	Robert Winslow (NS/NU)	9:08.70	8:47.13
2004	Sudbury, ON	Matt Leeder (ON)	9.15.15	8.47.13
2005	Edmonton, AB	Jack MacGillivray (NS/NU)	9.02.64	8.47.13
2006	Burnaby, BC	Marcus Greenlaw, NS	8.59.06	8.47.13
2007	Oromocto, NB	Evan Esselink (ON)	9.07.16	8.47.13
2008	Sherbrooke, QC	Ryan Cassidy (NB)	9.10.54	8.47.13
2009	Sherbrooke, QC	Deon Clifford (BC)	9.11.58	8.47.13

2000 METRES – Boys Under 16

Year	Location of Camp	Athlete & Province	Time	Record
2010	Ottawa, ON	Mike Tate (NS)	5:38.95*	5:38.95
2011	Ottawa, ON	Nicolash Bedi (Open)	5:45.37	5:38.95
2012	Charlottetown, PE	Nickolas Colyn (BC)	5.53.73	5.38.95
2013	Langley, BC	Brendon Hoff (BC)	5.44.50	5.38.95
2014	Langley, BC	Mathieu Plamondon (ON)	5:43.26	5.38.95



**MEDAL WINNERS
1975 – TO PRESENT**

2015	Ste. Therese, QC	Thomas Witkowicz (ON)	5:44.49	5:38.95
2016	Ste. Therese, QC	Nicholas Mota (ON)	5:45.80	5:38.95
2017	Brandon, MB	Mathias Gelber (AB)	5:43.43	5:38.95
2018	Brandon, MB	Émile Turcotte (QC) Émile Toupin (QC) Michael Schriemer (BC)	5:51.45 5:53.17 5:53.52	5:38.95
2019	Cape Breton, NS	Caiden Lee (Ocean Athl) Tanner Hueglin (Newmarket Hu) Louis-Pierre Campagna (C.A. Uni)	5:52.43 5:53.56 5:54.52	5:38.95
2022	Sherbrooke, QC	Brady Keller (AB/NWT) William Raiche (QC) Nate Phillips (MB/NWT)	5:45.73 5:47.69 5:48.99	5:38.95
2023	Sherbrooke, QC	Arjun Sandhu (BC/YT) Kenneth Champ (south Simcoe) Eli Bouius (ON)	5:38.54* 5:41.24 5:45.97	5:38.54
2024	Calgary, AB	Léo Choinière-Longpré (QC) Noah Hill (ON) Isaiah Johnston (BC)	5:51.02 5:51.12 5:53.13	5:38.54

3000 METRE – Girls Under 18

Year	Location of Camp	Athlete & Province	Time	Record
1975	Waterloo, ON	No Event		
1976	Edmonton, AB	Debbie Schulte (ON)	9.57.6*	9.57.6
1977	Oromocto, NB	Annelize Ransier (ON)	10.47.9	9.57.6
1978	Peace Garden, MB	Angela Chalmers (MB/NWO)	10.25.2	9.57.6
1979	St. John's, NL	Alison Wyllie (ON)	10.04.7	9.57.6
1980	Saskatoon, SK	Heidi Gerum (ON)	10.15.4	9.57.6
1981	Hamilton, ON	Cathy Dargie (AB-NT)	10.26.8	9.57.6
1982	Fredericton/Oromocto, NB	Patti Wallace (BC)	10.07.4	9.57.6
1983	Ottawa, ON	Kathy Dargie (AB-NT)	9.47.87*	9.47.87
1984	Halifax, NS	Debbie Basque (NB)	10.05.02	9.47.87
1985	Saskatoon, SK	Louise Embacher (BC)	10.15.04	9.47.87
1986	Sudbury, ON	Tania Jones (BC)	10.04.50	9.47.87
1987	Calgary, AB	Claudia Matte (QC)	10.12.23	9.47.87
1988	Quebec City, QC	Anna Gunasekera (ON)	9.49.11	9.47.87
1989	Victoria, BC	Jennifer Guzman (ON)	9.52.30	9.47.87
1990	Mount Pearl, NL	Andreas Bertoia (BC)	10.07.20	9.47.87
1991	Toronto, ON	Sarah Thornber (BC)	10.09.54	9.47.87
1992	Calgary, AB	Angie Froese (BC)	10.29.66	9.47.87
1993	Saskatoon, SK	Valerie Urchison (BC)	10.14.27	9.47.87
1994	Ottawa, ON	Dominique Corriveau (QC)	9.57.11	9.47.87
1995	Winnipeg, MB	Margaret Butler (BC)	10.12.39	9.47.87
1996	Sherbrooke, QC	Karine Lefebvre (QC)	9.47.31*	9.47.31
1997	Mt. Pearl, NL	Emilie Mondor (QC)	9:48.30	9.47.31



**MEDAL WINNERS
1975 – TO PRESENT**

1998	Prince George, BC	Emilie Mondor (QC)	9.27.52*	9.27.52
1999	Sudbury, ON	Megan Metcalfe (AB-NT)	10.10.51	9.27.52
2000	Calgary, AB	Sasha Henry (ON)	10.33.88	9.27.52
2001	Sherbrooke, QC	Jenna Huber (AB-NT)	10.08.92	9.27.52
2002	Sherbrooke, QC	Jillian Brennan (NB)	10.18.47	9.27.52
2003	Kitchener/Waterloo, ON	Avril Ogrodnick (QC)	9:55.83	9:27.52
2004	Sudbury, ON	Avril Ogrodnick (QC)	9.56.23	9.27.52
2005	Edmonton, AB	Jessica Smith (BC)	10.20.36	9.27.52
2006	Burnaby, BC	Amanda Truelove (ON)	10.03.88	9.27.52
2007	Oromocto, NB	Amanda Truelove (ON)	9.50.66	9.27.52
2008	Sherbrooke, QC	Genevieve Lalonde (NB)	9.36.77	9.27.52
2009	Sherbrooke, QC	Caroline Pfister (Open)	9.52.06	9.27.52
2010	Ottawa, ON	Emma Norman (Open)	10:07.20	9.27.52
2011	Ottawa, ON	Megan Yuan (Open)	10:06.73	9.27.52
2012	Charlottetown, PE	Jaimie Phelan (Open)	9.49.94	9.27.52
2013	Langley, BC	Luisa Schwarz (NB)	10:03.34	9.27.52
2014	Langley, BC	Charlotte Prouse (ON)	9:51.77	9.27.52
2015	Ste. Therese, QC	Shona McCulloch (Ottawa Lions)	9:46.33	9:27.52
2016	Ste. Therese, QC	Laura Dickinson(NB)	9:51.82	9:27.52
2017	Brandon, MB	Grace Fetherstonhaugh (BC)	9:37.91	9:27.52
2018	Brandon, MB	Maggie Smith (NS/NV) Abbey Yuhasz (ON) Jenna McFayden (SK)	9:36.32 10:00.72 10:02.76	9:27.52
2019	Cape Breton, NS	Kendra Lewis (BC) Sadie Sigfstead (AB-NT) Abbey Yuhasz (Laurel Creek T.F.C.)	9:48.24 9:49.22 9:54.83	9:27.52
2022	Sherbrooke, QC	Abby Lewis (Chebucto Athletics) Maella Hodgson (BC) Mandeep Sangha (AB/NWT)	9:40.58 9:45.04 9:46.42	9:27.52
2023	Sherbrooke, QC	Abby Lewis (Athletic East NS) Maella Hodgson (BC/YT) Anna Douma (Laurel Creek T.F.)	9:48.07 9:49.02 10:00.53	9:27.52
2024	Calgary, AB	Adrianna Buitelaar (BC) Riley Innes (Newmarket Huskies) Annika De Smet (MB/NWO)	9:43.34 9:46.10 9:48.65	9:27.52

3000 METRE - Boys Under 18

Year	Location of Camp	Athlete & Province	Time	Record
1975	Waterloo, ON	No Event		
1976	Edmonton, AB	Paul Dirtina (ON)	9.28.8*	9.28.8
1977	Oromocto, NB	R. Sametz (ON)	9.11.3*	9.11.3
1978	Peace Garden, MB	Dave Reid (ON)	9.08.0	9.08.0
1979	St. John's, NL	Dave Reid (ON)	8.46.0*	8.46.0



**MEDAL WINNERS
1975 – TO PRESENT**

1980	Saskatoon, SK	Marc Oleson (ON)	9.10.3	8.46.0
1981	Hamilton, ON	Glen Charanduk (SK)	8.55.5	8.46.0
1982	Fredericton/Oromocto, NB	Mark Wood (NS)	8.43.8*	8.43.8
1983	Ottawa, ON	Max Anderson (AB-NT)	8.36.48*	8.36.48
1984	Halifax, NS	Steve Conwell (AB-NT)	8.36.10*	8.36.10
1985	Saskatoon, SK	Scott Faulds (ON)	8.36.50	8.36.10
1986	Sudbury, ON	Dan Bertola (BC)	8.45.09	8.36.10
1987	Calgary, AB	Jamie Trento (AB-NT)	9.01.55	8.36.10
1988	Quebec City, QC	Joel Bourgeois (NB)	8.40.57	8.36.10
1989	Victoria, BC	Janick Lambert (QC)	8.40.62	8.36.10
1990	Mount Pearl, NL	Matthew Lamourie (ON)	9.14.10	8.36.10
1991	Toronto, ON	Jeremy Deere (AB-NT)	8.52.92	8.36.10
1992	Calgary, AB	Sean Kaley (ON)	8.58.43	8.36.10
1993	Saskatoon, SK	Olivier Danis (QC)	8.44.37	8.36.10
1994	Ottawa, ON	Dannick Cote (QC)	8.41.99	8.36.10
1995	Winnipeg, MB	Steve Lawrence (ON)	8.53.01	8.36.10
1996	Sherbrooke, QC	Steve Ozaduik (BC)	8.46.01	8.36.10
1997	Mt. Pearl, NL	Paul Morrison (QC)	8:49.45	8.36.10
1998	Prince George, BC	Will Thrift (MB/NWO)	8.44.81	8.36.10
1999	Sudbury, ON	Ryan Hayden (BC)	8.36.41	8.36.10
2000	Calgary, AB	Marcel Hewamudalige (BC)	8.49.34	8.36.10
2001	Sherbrooke, QC	Sam Pawluk (BC/Yukon)	8.58.27	8.36.10
2002	Sherbrooke, QC	Chris Winter (BC/Yukon)	8.58.68	8.36.10
2003	Kitchener/Waterloo, ON	Aaron Robson (AB/NT)	8:45.90	8:36.10
2004	Sudbury, ON	Justin Marpole-Bird (BC/Yukon)	8.52.56	8.36.10
2005	Edmonton, AB	Robert Winslow (NS/NU)	8.37.76	8.36.10
2006	Burnaby, BC	Matt Leeder (ON)	8.29.08*	8.29.08
2007	Oromocto, NB	Aleksandr Kuternin (ON)	8.28.09	8.28.08
2008	Sherbrooke, QC	Jason Redpath (MB)	8.49.42	8.28.08
2009	Sherbrooke, QC	Thomas Devries (ON)	8.39.24	8.28.08
2010	Ottawa, ON	Eamonn Kichuk	8:25.99*	8:25.99
2011	Ottawa, ON	Adam Palamar (Open)	8:30.01	8:25.99
2012	Charlottetown, PE	Mike Tate (NS)	8.48.83	8.25.99
2013	Langley, BC	Ben Preisner (Open)	8.38.06	8.25.99
2014	Langley, BC	Miles Matthews (Open)	8:34.81	8.25.99
2015	Ste. Therese, QC	Brendan Hoff (Open)	8:31.42	8:25.99
2016	Ste. Therese, QC	Thomas Nobbs (BC)	8:30.83	8:25.99
2017	Brandon, MB	Joshua Desouza (Newmarket HU)	8:34.45	8:25.99
2018	Brandon, MB	Jake Hollinger (ON)	8:51.46	
		Ron MacLean (SK)	8:55.33	8:25.99
		Nicholas Mota (ON)	8:55.98	
2019	Cape Breton, NS	Dakota Goguen (Newmarket Hu)	8:51.75	
		Jaiveer Tiwana (BC)	8:53.17	
		Jared Howse (AB-NT)	8:55.68	



**MEDAL WINNERS
1975 – TO PRESENT**

2022	Sherbrooke, QC	Kaden Kingsmith (AB/NWT) Yemane Mulugeta (BC) Travis Gaffney (Brockville L)	8:40.89 8:41.16 8:41.27	8:25.99
2023	Sherbrooke, QC	Sawyer LeBlanc (NL) James Hodgson (BC/YT) Antonin Savignac (CA Univ Laval)	8:41.25 8:43.18 8:43.82	8:25.99
2024	Calgary, AB	Sawyer LeBlanc (NL) Charli Mlotshwa (BC) Peter Kunka (BC)	8:40.56 8:42.44 8:42.69	8:25.99

80 METRE HURDLES – Girls Under 16

Year	Location of Camp	Athlete & Province	Time	Record
1975	Waterloo, ON	No Event		
1976	Edmonton, AB	No Event		
1977	Oromocto, NB	No Event		
1978	Peace Garden, MB	Karen Aiken (AB-NT)	12.7*	12.7
1979	St. John's, NL	No Event		12.7
1980	Saskatoon, SK	No Event		12.7
1981	Hamilton, ON	Debbie Berger	12.9	12.7
1982	Fredericton/Oromocto, NB	Donald Duprey (ON)	11.6*	11.6
1983	Ottawa, ON	Ruth Jones (QC)	11.7	11.6
1984	Halifax, NS	Nancy Taylor (MB/NWO)	12.1	11.6
1985	Saskatoon, SK	No Event		
1986	Sudbury, ON	Marie-Josee Pepin (QC)	12.19	11.6
1987	Calgary, AB	Sonia Paquette (QC)	12.11	11.6
1988	Quebec City, QC	Danielle Gilas (ON)	12.07	11.6
1989	Victoria, BC	Caroline Vachon (QC)	12.20	11.6
1990	Mount Pearl, NL	Mame Twamasi (AB-NT)	11.96	11.6
1991	Toronto, ON	Melissa Dore (ON)	11.88	11.6
1992	Calgary, AB	Veronica Dyer (ON)	11.93	11.6
1993	Saskatoon, SK	Julie Salvas (QC)	12.44	11.6
1994	Ottawa, ON	Ann LeBel (ON)	12.05	11.6
1995	Winnipeg, MB	Shelley-Ann Brown (ON)	12.02	11.6
1996	Sherbrooke, QC	Jessica Zelinka (ON)	11.65	11.6
1997	Mt. Pearl, NL	Samantha Anderson AB-NT	11.92	11.6
1998	Prince George, BC	Veronique Lavoie (QC)	12.16	11.6
1999	Sudbury, ON	Janine Polischuk (SK)	11.98	11.6
2000	Calgary, AB	Janine Polischuk (SK)	12.15	11.6
2001	Sherbrooke, QC	Genevieve Thibault	11.78	11.6
2002	Sherbrooke, QC	Nikkita Holder (ON)	12.08	11.6
2003	Kitchener/Waterloo, ON	Britany MacKay (ON)	12.36	11.6
2004	Sudbury, ON	Mari Fournie	12.24	11.6
2005	Edmonton, AB	Christina Lowe(BC)	11.89	11.6



**MEDAL WINNERS
1975 – TO PRESENT**

2006	Burnaby, BC	Jenelle McCalla (ON)	12.20	11.6
2007	Oromocto, NB	Sophie Arsenault (QC)	11.92	11.6
2008	Sherbrooke, QC	Chanice Taylor-Chase (ON)	12.00	11.6
2009	Sherbrooke, QC	Alysha Newman(ON)	12.01	11.6
2010	Ottawa, ON	Nicole Setterington (ON)	11.74	11.6
2011	Ottawa, ON	Alexandra Tierney (Open)	11.96	11.6
2012	Charlottetown, PE	Nicole Skimming (Open)	11.64	11.6
2013	Langley, BC	Chicago Bains (BC)	11.48*	11.48
2014	Langley, BC	Arielle Bykovskaia (QC)	11.26*	11.26
2015	Ste. Therese, QC	Katarina Vlahovic (BC)	11.62	11.26
2016	Ste. Therese, QC	Jasneet Nijjar (BC)	11.67	11.26
2017	Brandon, MB	Olivia Gee (ON)	11.66	11.26
2018	Brandon, MB	Savannah Sutherland (SK) Isabella Goudros (ON) Laysha Tunti (BC)	11.27 11.30 11.80	11.26
2019	Cape Breton, NS	Hailey Reid (Monte Cristo) Krysthina Vlahovic (BC) Emmanuella Asumang (ON) (Tied at 3 rd) Reagan Bliss (Calgary Warr) (Tied at 3 rd)	11.84 11.96 12.12	11.26
2022	Sherbrooke, QC	Sofia Agudelo (QC) Gabby Paterson (AB/NWT) Delaney Self (BC)	11.86 11.90 12.07	11.26
2023	Sherbrooke, QC	Lily Stroda (BC/YT) Kayla Kadji Majo (St-JN Olympique) Emilie Gervais (Laurel Creek T.F.)	11.96 12.10 12.32	11.26
2024	Calgary, AB	Rhianna Syllion (Unattached) Sarah Aka (Prince George) Omotola Adewumi (Thorold Elite)	11.98 12.02 12.42	11.26

80 METRE HURDLES - Boys Under 16

Year	Location of Camp	Athlete & Province	Time	Record
1975	Waterloo, ON	No Event		
1976	Edmonton, AB	No Event		
1977	Oromocto, NB	No Event		
1978	Peace Garden, MB	No Event		
1979	St. John's, NL	No Event		
1980	Saskatoon, SK	No Event		
1981	Hamilton, ON	No Event		
1982	Fredericton/Oromocto, NB	Bryan Devenyl (ON)	14.3*	14.3
1983	Ottawa, ON	Ainsworth Morgan (ON)	13.8*	13.8



**MEDAL WINNERS
1975 – TO PRESENT**

1984	Halifax, NS	Jason Robinson (ON)	13.8*	13.8
1985	Saskatoon, SK	Jason Robinson (ON)	14.17	13.8
1986	Sudbury, ON	Les Gramantic (AB-NT)	13.93	13.8
1987	Calgary, AB	Kyle Schultz (ON)	14.58	13.8
1988	Quebec City, QC	James Soulliere (ON)	14.93	13.8
1989	Victoria, BC	Jason Brumley (ON)	14.51	13.8
1990	Mount Pearl, NL	Jason Brumley (ON)	13.73*	13.73
1991	Toronto, ON	Andrew Lissade (QC)	14.16	13.73
1992	Calgary, AB	Michael Brooks (AB-NT)	14.44	13.73
1993	Saskatoon, SK	Anthony Barrett (SK)	14.57	13.73
1994	Ottawa, ON	Jamie Hollingsworth (ON)	14.51	13.73
1995	Winnipeg, MB	Jean-Petit Frere (QC)	13.94	13.73
1996	Sherbrooke, QC	Chris Hudson (ON)	14.59	13.73
1997	Mt. Pearl, NL	Shaun Greenwald (SK)	14.86	13.73
1998	Prince George, BC	Sebastien Bazerd (QC)	13.99	13.73
1999	Sudbury, ON	Lee Wolfater (SK)	14.20	13.73
2000	Calgary, AB	Cameron Sahadath (ON)	13.83	13.73
2001	Sherbrooke, QC	Reed Morrison (ON)	14.50	13.73
2002	Sherbrooke, QC	Christopher Theriau (NS/Nunavut)	15.08	13.73
2003	Kitchener/Waterloo, ON	Kevin Nigro (ON)	14.39	13.73
2004	Sudbury, ON	Thomas Riekki (BC/Yukon)	14.17	13.73
2005	Edmonton, AB	Simon Leveille (QC)	13.91	13.73
2006	Burnaby, BC	Asa ambrose (ON)	14.33	13.73
2007	Oromocto, NB	Gabriel Tesfaye (ON)	14.43	13.73
2008	Sherbrooke, QC	Nick Blackburn (BC)	13.73*	13.73
2009	Sherbrooke, QC	Mitch O'Donnell (ON)	13.86	13.73
2010	Ottawa, ON	Jordan Sherwood (ON)	13.68	13.73
2011	Ottawa, ON	Andrew De Visser (Open)	13.95	13.73
2012	Charlottetown, PE	Davis Edward (ON)	13.54*	13.54
2013	Langley, BC	Joey Daniels (ON)	13.74	13.54
2014	Langley, BC	Mehrdad Shokoohi (Open)	13.61	13.54
2015	Ste. Therese, QC	Aaron Marcynuk (AB/NT)	13.48*	13.48
2016	Ste. Therese, QC	Adam Exley (ON)	13.84	13.48
2017	Brandon, MB	Emanuel Désilets (QC)	13.85	13.48
2018	Brandon, MB	Emmanuel Désilets (QC) Mark Skerl (ON) Quan Ting Thomas Ma (BC)	13.03* 13.16 13.45	13.03
2019	Cape Breton, NS	Justin Phan (QC) (1 st) Luca Nicoletti (Ottawa Lions) (1 st) Ryder King (Etobicoke Tr)	13.61 13.84 14.05	13.03
2022	Sherbrooke, QC	Dominik Bahadur (Laurel Creek) Darius Edwards (Laurel Creek) Timeo Atonfo (Ottawa Lions)	13.76 14.23 14.26	13.03
2023	Sherbrooke, QC	Caleb Pivin (QC) Jake Charest (Laurel Creek T.F.) Ethan Moran (BC/YT)	14.06 14.09 14.18	13.03



MEDAL WINNERS
1975 – TO PRESENT

2024	Calgary, AB	Orandy Campbell (NB) Alex Takaki Fernandes Fra (QC) Wakan Rainville (Border City)	13.05 13.48 13.73	13.03
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80 METRE HURDLES (Replaced by 100M Hurdles in 2002) – Girls Under 18

Year	Location of Camp	Athlete & Province	Time	Record
1975	Waterloo, ON	No Event		
1976	Edmonton, AB	No Event		
1977	Oromocto, NB	Dave Reid (ON)	9.34.3*	9.34.3
1978	Peace Garden, MB	Doug Kehler (AB-NT)	9.00*	9.00
1979	St. John's, NL	Kevin Kozicz (ON)	9.27.4	9.00
1980	Saskatoon, SK	David Sawitzki (ON)	9.22.6	9.00
1981	Hamilton, ON	Paul Dowse (ON)	9.41.6	9.00
1982	Fredericton/Oromocto, NB	Richard Charette (ON)	8.55.8*	8.55.8
1983	Ottawa, ON	Scott Faulds (ON)	8.47.13*	8.47.13
1984	Halifax, NS	Rorri Currie (NB)	9.01.05	8.47.13
1985	Saskatoon, SK	Rorri Currie (NB)	9.01.05	8.47.13
1986	Sudbury, ON	Mike Faulds (ON)	9.20.31	8.47.13
1987	Calgary, AB	Janik Lambert (QC)	9.03.50	8.47.13
1988	Quebec City, QC	Tim Ellis (NS)	9.12.05	8.47.13
1989	Victoria, BC	Kevin Westman (SK)	9.26.71	8.47.13
1990	Mount Pearl, NL	Mike Lander (ON)	9.42.49	8.47.13
1991	Toronto, ON	Matthew Kerr (ON)	9.26.71	8.47.13
1992	Calgary, AB	Murray Link (ON)	9.13.43	8.47.13
1993	Saskatoon, SK	Hugh Simpson (NB)	9.07.16	8.47.13
1994	Ottawa, ON	Jonathan Chenier (ON)	9.01.87	8.47.13
1995	Winnipeg, MB	Olivier Audette (QC)	9.27.28	8.47.13
1996	Sherbrooke, QC	William Thrift (MB/NWO)	9.05.68	8.47.13
1997	Mt. Pearl, NL	Brandon Young (ON)	9:06.51	8.47.13
1998	Prince George, BC	John Carle (QC)	9.13.96	8.47.13
1999	Sudbury, ON	Kristjan Hunter (MB/NWO)	9.25.86	8.47.13
2000	Calgary, AB	Kurt Benninger (ON)	9.09.97	8.47.13
2001	Sherbrooke, QC	Aaron Robson (AB-NT)	9.10.29	8.47.13

100 METRE HURDLES – Girls Under 18

Year	Location of Camp	Athlete & Province	Time	Record
2002	Sherbrooke, QC	Genevieve Thibault, QC	14:25*	14:25
2003	Kitchener/Waterloo, ON	Nikkata Holder (ON)	14.06*	14.06
2004	Sudbury, ON	Nikkata Holder (ON)	14.16	14.06
2005	Edmonton, AB	Susanna Cere (QC)	14.26	14.06
2006	Burnaby, BC	Stacey Irvine, British Columbia	15.43	14.06
2007	Oromocto, NB	Christabel Nettley (BC/Yukon)	13.90*	13.90
2008	Sherbrooke, QC	Christabel Nettley (BC/Yukon)	13.77*	13.77
2009	Sherbrooke, QC	Michelle Young (Open)	13.69*	13.69



**MEDAL WINNERS
1975 – TO PRESENT**

2010	Ottawa, ON	Christine MacNeil (ON)	14.01	13.69
2011	Ottawa, ON	Christine Macneill (Open)	14.03	13.69
2012	Charlottetown, PE	Nicole Setterington (Open)	13.38*	13.38
2013	Langley, BC	Alexandra Tierney (Open)	14.07	13.38
2014	Langley, BC	Mariam Abdul-Rashi (ON)	13.67	13.38
2015	Ste. Therese, QC	Keira Christie-Galloway (Ottawa Lions)	13.80	13.38
2016	Ste. Therese, QC	Katarina Vlahovic (BC)	14.12	13.38
2017	Brandon, MB	Anna Witherspoon (ON)	13.90	13.38
		Anna Witherspoon (ON)	13.58	
2018	Brandon, MB	Karlie Moore (ON)	13.88	13.38
		Julia Lovsin (AB)	14.03	
2019	Cape Breton, NS	Savannah Sutherland (SK) Tayah Desousa (St Thomas Le) Smantha Baron (BC)	13.99 14.70 14.88	13.38
2022	Sherbrooke, QC	Amelia Kristen (BC) Lacie Simmons (Comox Valley) Mary Rosina Pierre (QC)	14.52 14.73 14.88	13.38
2023	Sherbrooke, QC	Naomi Byam (ON) Brooklyn Taylor (York University) Findlay Weir (Unattached ON)	14.13 14.35 14.41	13.38
2024	Calgary, AB	Ella Steel-Douglas (Border City) Jordynn Scott (ON) Jurnee Scott (Speed Academy)	13.43 14.03 14.05	13.38

100 METRE Hurdles (Replaced by 110M in 2002) - Boys Under 18

Year	Location of Camp	Athlete & Province	Time	Record
1975	Waterloo, ON	John Schmidt (ON)	13.6*	13.6
1976	Edmonton, AB	Louis Carroll (QC)	14.0	13.6
1977	Oromocto, NB	Gord Fuller (AB-NT)	13.6	13.6
1978	Peace Garden, MB	Wayne Kirby (NB)	15.4	13.6
1979	St. John's, NL	Chris Dallin (AB-NT)	13.4 *	13.4
1980	Saskatoon, SK	Mike Van Hees (ON)	13.8	13.4
1981	Hamilton, ON	Darcey Kay (ON)	13.2 *	13.2
1982	Fredericton/Oromocto, NB	Dave Wilkinson (BC)	13.7	13.2
1983	Ottawa, ON	Garth Peet (ON)	13.7	13.2
1984	Halifax, NS	Brian Devenyi (ON)	13.4	13.2
1985	Saskatoon, SK	No Event		
1986	Sudbury, ON	Morgan Ainsworth (ON)	13.75	13.2
1987	Calgary, AB	Les Gramantik (AB-NT)	14.15	13.2
1988	Quebec City, QC	Pierre Johann (BC)	13.59	13.2
1989	Victoria, BC	Andre Cote (QC)	14.02	13.2
1990	Mount Pearl, NL	Shane Hussey (ON)	13.67	13.2
1991	Toronto, ON	Jason Bacchiodi (ON)	13.37	13.2
1992	Calgary, AB	Ryan McFarland (AB-NT)	14.06	13.2
1993	Saskatoon, SK	Andrew Lissade (QC)	13.60	13.2



**MEDAL WINNERS
1975 – TO PRESENT**

1994	Ottawa, ON	Doug Ashley (ON)	14.21	13.2
1995	Winnipeg, MB	Jeff Keays (ON)	14.15	13.2
1996	Sherbrooke, QC	Jamie Hollingsworth (ON)	13.80	13.2
1997	Mt. Pearl, NL	Lindsay Tallon (SK)	13.52	13.2
1998	Prince George, BC	Adam Kunkel (ON)	13.98	13.2
1999	Sudbury, ON	Dwayne Higgins (ON)	14.01	13.2
2000	Calgary, AB	Sebastien Bazerd (QC)	14.01	13.2
2001	Sherbrooke, QC	Cameron Sahadath (ON)	13.82	13.2

110 METRE HURDLES – Boys Under 18

Year	Location of Camp	Athlete & Province	Time	Record
2002	Sherbrooke, QC	Cameron Sahadath (ON)	13.98*	13.98
2003	Kitchener/Waterloo, ON	Josh Kirkpatrick (ON)	14.90	13.98
2004	Sudbury, ON	Jamie Ryder (ON)	14.40	13.98
2005	Edmonton, AB	Tyler Fawcett (ON)	14.52	13.98
2006	Burnaby, BC	Simon Leveille (QC)	14.21	13.98
2007	Oromocto, NB	Simon Leveille (QC)	13.74*	13.74
2008	Sherbrooke, QC	Greg MacNeill(ON)	13.87	13.74
2009	Sherbrooke, QC	Gabriel Tesfaye (ON)	14.61	13.74
2010	Ottawa, ON	Devon Rettinger (ON)	13.92	13.74
2011	Ottawa, ON	Andre Wright (ON)	14.34	13.74
2012	Charlottetown, PE	Jared Kerr (ON)	14.32	13.74
2013	Langley, BC	Mihailo Stefanovic (BC)	14.49	13.74
2014	Langley, BC	Callum Macnab (AB-NT)	13.98	13.74
2015	Ste. Therese, QC	Joey Daniels (ON)	13.71	13.71
2016	Ste. Therese, QC	Liam Mather (London Legion)	14.45	13.71
2017	Brandon, MB	Liam Mather (ON)	13.86	13.71
2018	Brandon, MB	Adam Exley (ON) Wilson O'Neill (ON) Craig Thorne (NB)	13.99 14.05 14.21	13.71
2019	Cape Breton, NS	David Adeleye (Ottawa Lions) Ryan Wright (AB-NT) Harrison Trustham (Langley Mus) (3 rd) Quan Ting Thomas Ma (BC) (3 rd)	14.45 14.59 15.02	13.71
2022	Sherbrooke, QC	Keon Rude (AB/NWT) Michael Scherk (BC) Boyce Jr Mua Tegha (Kilomaitres)	14:00 14:23 14:96	13.71
2023	Sherbrooke, QC	Samuel Pinceau (QC) Drezzon Howe (Windsor Legion) Braeden Brouwer (Thorold Elite)	14.29 14.41 14.57	13.71



MEDAL WINNERS
1975 – TO PRESENT

2024	Calgary, AB	Samuel Pinceau (QC) Javion Pladley (Universal Athletics) Emmett Charles (London Western)	13.67 13.96 13.97	13.71
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300 METRE HURDLES (Replaced by 200M in 2010) – Girls Under 16

Year	Location of Camp	Athlete & Province	Time	Record
1975	Waterloo, ON	No Event		
1976	Edmonton, AB	No Event		
1977	Oromocto, NB	No Event		
1978	Peace Garden, MB	No Event		
1979	St. John's, NL	No Event		
1980	Saskatoon, SK	No Event		
1981	Hamilton, ON	No Event		
1982	Fredericton/Oromocto, NB	No Event		
1983	Ottawa, ON	Jill McDermid (AB-NT)	44.10*	44.10
1984	Halifax, NS	Nancy Taylor (MB/NWO)	47.04	44.10
1985	Saskatoon, SK	Kate Gerry (AB-NT)	46.09	44.10
1986	Sudbury, ON	Julie Cote (QC)	46.22	44.10
1987	Calgary, AB	Cora Fleming (AB-NT)	44.75	44.10
1988	Quebec City, QC	Danielle Gilas (ON)	46.00	44.10
1989	Victoria, BC	Kyla Smith (AB-NT)	45.20	44.10
1990	Mount Pearl, NL	Chantale Desjardins (ON)	46.90	44.10
1991	Toronto, ON	Melissa Dore (ON)	45.36	44.10
1992	Calgary, AB	Pascale Farez (QC)	46.60	44.10
1993	Saskatoon, SK	Nikki Biberger (AB-NT)	46.67	44.10
1994	Ottawa, ON	Ann LeBel (ON)	44.70	44.10
1995	Winnipeg, MB	Jessica Zelinka (ON)	46.29	44.10
1996	Sherbrooke, QC	Samantha Anderson AB-NT	45.36	44.10
1997	Mt. Pearl, NL	Samantha Anderson AB-NT	44.80	44.10
1998	Prince George, BC	Darcelle McCutcheon (ON)	46.94	44.10
1999	Sudbury, ON	Janine Polischuk (SK)	46.42	44.10
2000	Calgary, AB	Shannon Boodram (ON)	45.11	44.10
2001	Sherbrooke, QC	Christy Bray (ON)	45.64	44.10
2002	Sherbrooke, QC	Amanda Kulikauskas (ON)	46.94	44.10
2003	Kitchener/Waterloo, ON	Mari Fourie (ON)	46.45	44.10
2004	Sudbury, ON	Mari Fournie (ON)	45.05	44.10
2005	Edmonton, AB	Katherine Murphy (BC)	44.57	44.10
2006	Burnaby, BC	Jenelle McCalla (ON)	43.71*	43.71
2007	Oromocto, NB	Laura Affeld (AB)	44.00	43.71
2008	Sherbrooke, QC	Taylor Farquhar (ON)	43.45*	43.45
2009	Sherbrooke, QC	Taylor Farquhar (ON)	44.42	43.45



**MEDAL WINNERS
1975 – TO PRESENT**

200 METRE HURDLES – Girls Under 16

Year	Location of Camp	Athlete & Province	Time	Record
2010	Ottawa, ON	Meghan Palesch (BC)	27.88	27.88
2011	Ottawa, ON	Alexandra Tierney (Open)	28.31	27.88
2012	Charlottetown, PE	Lexi Aitken (ON)	27.30*	27.30
2013	Langley, BC	Chicago Bains (BC)	27.91	27.30
2014	Langley, BC	Xahria Santiago (ON)	26.82*	26.82
2015	Ste. Therese, QC	Katarina Vlahovic (BC)	27.55	26.82
2016	Ste. Therese, QC	Jasneet Nijjar (BC)	26.25*	26.25
2017	Brandon, MB	Olivia Gee (ON)	27.77	26.25
2018	Brandon, MB	Savannah Sutherland (SK) Sara Zinck (AB) Rachel Albertson (SK)	27.66 29.01 29.04	26.05
2019	Cape Breton, NS	Hailey Reid (Monte Cristo) Emmanuella Asumang (ON) Adria Sellers (Vancouver OL)	28.37 28.48 28.59	26.05
2022	Sherbrooke, QC	Sofia Agudelo (QC) Delaney Self (BC) Ella Steel-Douglas (Border City)	28.28 28.79 29.47	26.05
2023	Sherbrooke, QC	Jordynn Scott (ON) Jurnee Scott (Speed Academy) Kate Fink (AB/NWT)	26.93 28.03 28.60	26.05
2024	Calgary, AB	Maeva Scipio (Thorold Elite) Juliette Dionne (QC) Portia Comber (Unattached B)	27.78 28.13 29.54	26.25

300 METRE HURDLES (Replaced by 200M in 2010) – Boys Under 16

Year	Location of Camp	Athlete & Province	Time	Record
1975	Waterloo, ON	No Event		
1976	Edmonton, AB	No Event		
1977	Oromocto, NB	No Event		
1978	Peace Garden, MB	No Event		
1979	St. John's, NL	No Event		
1980	Saskatoon, SK	No Event		
1981	Hamilton, ON	No Event		
1982	Fredericton/Oromocto, NB	Patrick Giroux (QC)	42.0*	42.0
1983	Ottawa, ON	Darin Wildman (SK)	42.67	42.0
1984	Halifax, NS	Mark Simpson (QC)	41.0*	41.0
1985	Saskatoon, SK	Garth Glover (MB/NWO)	40.55*	40.55
1986	Sudbury, ON	James Wade (AB-NT)	42.41	40.55
1987	Calgary, AB	Kyle Schultz (ON)	41.54	40.55



**MEDAL WINNERS
1975 – TO PRESENT**

1988	Quebec City, QC	Jeff Young (ON)	42.20	40.55
1989	Victoria, BC	Jeff Begg (AB-NT)	43.11	40.55
1990	Mount Pearl, NL	Ryan McFarland (AB-NT)	42.20	40.55
1991	Toronto, ON	Andrew Lissade (QC)	42.22	40.55
1992	Calgary, AB	Justin Asconcion (ON)	40.84	40.55
1993	Saskatoon, SK	S. Campanella (QC)	41.60	40.55
1994	Ottawa, ON	Jamie Hollingsworth (ON)	40.71	40.55
1995	Winnipeg, MB	Jean-Petit Frere (QC)	40.41*	40.41
1996	Sherbrooke, QC	Matthew Lyn (ON)	40.89	40.41
1997	Mt. Pearl, NL	Andrew Hewson (ON)	42.36	40.41
1998	Prince George, BC	Sebastien Bazerd (QC)	40.45	40.41
1999	Sudbury, ON	Jason Reindl (SK)	40.52	40.41
2000	Calgary, AB	Cameron Sahadath (ON)	40.27*	40.27
2001	Sherbrooke, QC	Trent Ratzlaff (AB-NT)	41.23	40.27
2002	Sherbrooke, QC	Cory Gibson (AB)	41.50	40.27
2003	Kitchener/Waterloo, ON	Charles Bazerd (AB/NT)	41.14	40.27
2004	Sudbury, ON	Andrew Boss (BC/Yukon)	41.72	40.27
2005	Edmonton, AB	Ryan Chester (BC/Yukon)	39.30*	39.30
2006	Burnaby, BC	Vincent Parent Pichette (QC)	41.94	39.30
2007	Oromocto, NB	Dyson Barnes (BC)	40.92	39.30
2008	Sherbrooke, QC	Nick Blackburn (BC)	39.72	39.30
2009	Sherbrooke, QC	Tyler Young (SK)	40.12	39.30

200 METRE HURDLES –Boys Under 16

Year	Location of Camp	Athlete & Province	Time	Record
2010	Ottawa, ON	Aaron Stemmler (ON)	25.11*	25.11
2011	Ottawa, ON	Ethan Strome (Open)	25.34	25.11
2012	Charlottetown, PE	Davis Edward (ON)	24.27*	24.27
2013	Langley, BC	Joey Daniels (ON)	25.49	24.27
2014	Langley, BC	Vahid Andrews (ON)	25.23	24.27
2015	Ste. Therese, QC	Liam Foudy (ON)	25.18	24.27
2016	Ste. Therese, QC	Adam Exley (ON)	25.40	24.27
2017	Brandon, MB	Jean-Luc Foudy (ON)	25.37	24.27
2018	Brandon, MB	Quan Ting Thomas Ma (BC) Mark Skerl (ON) Ethan Samson (AB)	24.90 25.19 25.42	24.27
2019	Cape Breton, NS	Ryder King (Etobicoke Tr) Luca Nicoletti (Ottawa Lions) Tyson Carr (Okanagan Athl)	25.12 25.26 25.30	24.27
2022	Sherbrooke, QC	Daminik Bahadur (Laurel Creek) Mason Brennan (Ottawa Lions) Aidan Chipman (Invictus Athletics)	24.78 27.45 27.68	24.27
2023	Sherbrooke, QC	Justin Knight (ON) Seyon Satheesh (Unattached ON) Ethan Moran ((BC/YT))	25.54 25.87 25.97	24.27



**MEDAL WINNERS
1975 – TO PRESENT**

2024	Calgary, AB	Alex Takaki Fernandes Fra (QC) Tyler Hvidston (BC) Alex Tardy (Quebec)	24.69 25.42 25.60	24.27
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400 METRE HURDLE (Replaced by 300M in 2010) - Girls Under 18

Year	Location of Camp	Athlete & Province	Time	Record
1975	Waterloo, ON	No Event		
1976	Edmonton, AB	No Event		
1977	Oromocto, NB	No Event		
1978	Peace Garden, MB	No Event		
1979	St. John's, NL	No Event		
1980	Saskatoon, SK	No Event		
1981	Hamilton, ON	No Event		
1982	Fredericton/Oromocto, NB	Clara Wall (SK)	1.03.30*	1.02.30
1983	Ottawa, ON	Cheryl McKenzie (AB-NT)	1.03.47	1.03.30
1984	Halifax, NS	Jill McDermid (AB-NT)	1.03.5	1.03.30
1985	Saskatoon, SK	Sheryl Van Nest (MB/NWO)	1.05.40	1.03.30
1986	Sudbury, ON	Caroline Fortin (QC)	1.01.64*	1.01.64
1987	Calgary, AB	Caroline Fortin (QC)	1.00.76*	1.00.76
1988	Quebec City, QC	Julie Cote (QC)	1.02.3	1.00.76
1989	Victoria, BC	Julie Cote (QC)	1.01.60	1.00.76
1990	Mount Pearl, NL	Terra Barter (BC)	1.04.90	1.00.76
1991	Toronto, ON	Ardin Harrison (BC)	1.01.87	1.00.76
1992	Calgary, AB	Jane Loskot (AB-NT)	1.03.60	1.00.76
1993	Saskatoon, SK	Heather Spratt (BC)	1.03.27	1.00.76
1994	Ottawa, ON	Becky Smith (ON)	1.02.26	1.00.76
1995	Winnipeg, MB	Denise Bell (ON)	1.01.11	1.00.76
1996	Sherbrooke, QC	Krissy Liphardt (ON)	1.03.28	1.00.76
1997	Mt. Pearl, NL	Jennifer Stakiw (SK)	1.03.46	1.00.76
1998	Prince George, BC	Natalie Jackson (BC)	1.02.10	1.00.76
1999	Sudbury, ON	Natalie Jackson (BC)	1.02.51	1.00.76
2000	Calgary, AB	Maya Miquel (BC)	1.03.14	1.00.76
2001	Sherbrooke, QC	Amanda Brewer (ON)	1.03.13	1.00.76
2002	Sherbrooke, QC	Katie Rooks (SK)	1.06.96	1.00.76
2003	Kitchener/Waterloo, ON	Corri-Ann Campbell-Fell (BC/YUKON)	1.04.72	1.00.76
2004	Sudbury, ON	Corri Fell (BC/Yukon)	1.01.71	1.00.76
2005	Edmonton, AB	Danielle Fonseca (ON)	1.03.89	1.00.76
2006	Burnaby, BC	Christine Lowe (BC)	1.03.17	1.00.76
2007	Oromocto, NB	Shauna Malek (ON)	1.02.44	1.00.76
2008	Sherbrooke, QC	Laura Affeld (AB)	1.00.33*	1.00.33
2009	Sherbrooke, QC	Ashlea Maddex (Open)	1.00.48	1.00.33

300 METRE HURDLE (Replaced by 400M in 2015) – Girls Under 18

Year	Location of Camp	Athlete & Province	Time	Record
2010	Ottawa, ON	Sage Watson (AB)	43.28*	43.28
2011	Ottawa, ON	Yanique Bennett (ON)	41.93*	41.93
2012	Charlottetown, PE	Katelyn Lehner (Open)	42.58	41.93



**MEDAL WINNERS
1975 – TO PRESENT**

2013	Langley, BC	Alexandra Tierney	42.37	41.93
2014	Langley, BC	Mariam Abdul-Rashi (ON)	41.85*	41.85

400 METRE HURDLE – Girls Under 18

Year	Location of Camp	Athlete & Province	Time	Record
2015	Ste. Therese, QC	Dallyssa Huggins (Open)	1:01.82	1:00.33
2016	Ste. Therese, QC	Megan Champoux (BC)	1:00.27*	1:00.27
2017	Brandon, MB	Julia Lovsin (Edmonton Harriers)	1:00.73	1:00.27
		Julia Lovsin (AB)	1:00.74	
2018	Brandon, MB	Karlie Moore (ON)	1:03.76	1:00.27
		Kira Kirzinger-Kosolofski (MB)	1:03.92	
2019	Cape Breton, NS	Savannah Sutherland (SK)	1:01.48	
		Rachel Watson (Hamilton Oly)	1:02.84	1:00.27
		Samantha Baron (BC)	1:03.12	
2022	Sherbrooke, QC	Elise Sawyer (Monte Cristo)	1:02.54	
		Elle Riley (Durham Legion)	1:03.78	1:00.27
		Sorcha Shiu (AB/NWT)	1:04.10	
2023	Sherbrooke, QC	Janae Dawes (ON)	1:02.13	
		Haley Martin (BC/YT)	1:02.51	1:00.27
		Quinn Coughlin (Ottawa Lions T.F.C.)	1:02.84	
2024	Calgary, AB	Quinn Coughlin (Ottawa Lions)	1:01.34	
		Kate Fink (AB/NWT)	1:01.36	1:00.27
		Ciara Costa (Royal City Athletics)	1:02.05	

400 METRE HURDLE (Replaced by 300M in 2010) - Boys Under 18

Year	Location of Camp	Athlete & Province	Time	Record
1975	Waterloo, ON	No Event		
1976	Edmonton, AB	No Event		
1977	Oromocto, NB	No Event		
1978	Peace Garden, MB	Richard Farley (QC)	61.3*	61.3
1979	St. John's, NL	Chris Dallin (AB-NT)	56.4*	56.4
1980	Saskatoon, SK	Brad Basaraba (AB-NT)	58.4	56.4
1981	Hamilton, ON	Normand Chamberlain (QC)	56.9	56.4
1982	Fredericton/Oromocto, NB	Kevin Reid (ON)	57.0	56.4
1983	Ottawa, ON	Rob Slaughter (BC)	55.65*	55.65
1984	Halifax, NS	Brian Devenyi (ON)	56.0	55.65
1985	Saskatoon, SK	Ralph Carter (ON)	55.27*	55.27
1986	Sudbury, ON	Pat Locke (BC)	55.70	55.27
1987	Calgary, AB	Garth Glover (SK)	55.28	55.27
1988	Quebec City, QC	Tom Zverina (BC)	54.40*	54.40
1989	Victoria, BC	Peter Burns (BC)	55.62	54.40
1990	Mount Pearl, NL	Chris McFarlane (ON)	55.20	54.40
1991	Toronto, ON	John Etienne (QC)	54.76	54.40
1992	Calgary, AB	Wilson St. Jean (QC)	54.86	54.40



**MEDAL WINNERS
1975 – TO PRESENT**

1993	Saskatoon, SK	David McQuinn (ON)	55.70	54.40
1994	Ottawa, ON	Alexandre Marchand (QC)	53.78*	53.78
1995	Winnipeg, MB	Jeff Keays (ON)	57.55	53.78
1996	Sherbrooke, QC	Jamie Hollingsworth (ON)	54.03	53.78
1997	Mt. Pearl, NL	Jean Petit-Frere (QC)	54.14	53.78
1998	Prince George, BC	Josh Guqgenheimer (BC)	53.02*	53.02
1999	Sudbury, ON	Josh Guqgenheimer (BC)	53.16	53.02
2000	Calgary, AB	Sebastien Bazerd (QC)	54.64	53.02
2001	Sherbrooke, QC	Paul Martin (ON)	55.24	53.02
2002	Sherbrooke, QC	Shane Labelle (QC)	54.71	53.02
2003	Kitchener/Waterloo, ON	Quinton Gamble (BC/YUKON)	53.59	53.02
2004	Sudbury, ON	Miquel Wason (ON)	54.87	53.02
2005	Edmonton, AB	Blake Jones (QC)	54.95	53.02
2006	Burnaby, BC	Hubert Chevrette-Belisle (QC)	54.54	53.02
2007	Oromocto, NB	Gabriel El Hanbi (QC)	53.76	53.02
2008	Sherbrooke, QC	Greg MacNeill (ON)	54.53	53.02
2009	Sherbrooke, QC	Dyson Barnes (BC)	54.54	53.02

300 METRE HURDLE (Replaced by 400M in 2015) – Boys Under 18

Year	Location of Camp	Athlete & Province	Time	Record
2010	Ottawa, ON	Brandon McBride (ON)	38.45*	38.45
2011	Ottawa, ON	Tim Kong (AB)	38.78	38.45
2012	Charlottetown, PE	Kieran Johnston (SK)	38.30*	38.30
2013	Langley, BC	Mihailo Stefanovic (BC)	38.31	38.30
2014	Langley, BC	Callum Macnab (AB-NT)	38.68	38.30

400 METRE HURDLE – Boys Under 18

Year	Location of Camp	Athlete & Province	Time	Record
2015	Ste. Therese, QC	Jasper Schiedel (BC)	55.27	53.02
2016	Ste. Therese, QC	Nathani St Romain(ON)	54.74	53.02
2017	Brandon, MB	Josh Hamilton (NL)	53.99	53.02
2018	Brandon, MB	Craig Thorne (NB) Wilson O'Neill (ON) Nick Landry (NS/NV)	54.42 54.66 57.29	53.02
2019	Cape Breton, NS	Quan Ting Thomas Ma (BC) Jared Hughes (ON) Nicholas Legaspi (Burlington T)	54.51 55.11 55.63	53.02
2022	Sherbrooke, QC	Donovan Gagnon (QC) Hayden Hall (BC) Tyson Carr (Okanagan Athletics)	55.36 56.32 56.69	53.02
2023	Sherbrooke, QC	Will Van Schagen (BC/YT) Zachary Jeggo (Ottawa Lions T.F.C.) Brayden Labonte (Windsor Legion)	55.20 55.33 55.47	53.02



MEDAL WINNERS
1975 – TO PRESENT

2024	Calgary, AB	Zachary Jeggo (Ottawa Lions) Will van Schagen (BC) Elijah Jones (ON)	52.67* 53.30 54.38	52.67
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1500 METRE STEEPLECHASE (introduced in 2010) – Girls Under 16

Year	Location of Camp	Athlete & Province	Time	Record
2010	Ottawa, ON	Tanya Humeniuk (BC)	4:53.60*	4:53.60
2011	Ottawa, ON	Marita Dechiffart (Open)	5:56.14	4:53.60
2012	Charlottetown, PE	Emaa Edmonds (NS)	5:04.66	4:53.60
2013	Langley, BC	Glynis Sim (Open)	4:54.43	4:53.60
2014	Langley, BC	Chelsea Borrowdale (Open)	5:10.10	4:53.60
2015	Ste. Therese, QC	Jade Custeau (QC)	5:03.57	4:53.60
2016	Ste. Therese, QC	Sadie Sigfstead (Edmonton Har)	4:45.67*	4:45.67
2017	Brandon, MB	Sadie Sigfstead (AB)	4:42.83*	4:42.83
2018	Brandon, MB	Katelyn Stewart-Barnett (BC) Sadie Sigfstead (AB) Erin Vringer (NB)	4:50.45 4:51.09 4:56.59	4:42.83
2019	Cape Breton, NS	Aysia Maurice (ON) Sorcha Shiu (AB-NT) Erin Vringer (NB)	4:51.77 4:54.13 4:56.40	4:42.83
2022	Sherbrooke, QC	Mikaela Martin (QC) Juliana Lemaire (NB) Brianna Lovshin (Toronto Olym)	5:07.25 5:27.72 5:37.36	4:42.83
2023	Sherbrooke, QC	Maéva Provencher (QC) Jasmine Lazzari (AB/NWT) Nelle Liefsoens (Powell River T.C.)	5:00.55 5:02.52 5:03.60	4:42.83
2024	Calgary, AB	Olivia Downey (ON) Jasmine Lazzari (AB/NWT) Lienke Raath (Kamloops T&F)	4:55.13 5:00.18 5:11.77	4:42.83

1500 METRE STEEPLECHASE (introduced in 2010) – Boys Under 16

Year	Location of Camp	Athlete & Province	Time	Record
2010	Ottawa, ON	Ben Flanagan (ON)	4:19.06*	4:19.06
2011	Ottawa, ON	Derrick Evans (AB)	4:24.25	4:19.06
2012	Charlottetown, PE	Tobias Wolter (NS)	4:15.15*	4:15.15
2013	Langley, BC	Sandy Freeland (Open)	4.22.19	4.15.15
2014	Langley, BC	Thomas Nobbs (BC)	4:18.39	4.15.15
2015	Ste. Therese, QC	Raymond Simpson (NS)	4:32.56	4:15.15
2016	Ste. Therese, QC	Éliott Héroux (QC)	4:29.69	4:15.15
2017	Brandon, MB	Jack Wierzbicki (ON)	4:26.39	4:15.15



**MEDAL WINNERS
1975 – TO PRESENT**

2018	Brandon, MB	Émile Toupin (QC) Francois Ricjard (NB) Derek Milroy (ON)	4:28.44 4:29.51 4:31.58	4:15.15
2019	Cape Breton, NS	Jaxon Kuchar (BC) Abraham Makaby (Riversdale A) Micah Laundry (NB)	4:29.83 4:31.82 4:35.27	4:15.15
2022	Sherbrooke, QC	Bernardo Sada (BC) Samuel May (BC) William Raiche (QC)	4:23.59 4:24.24 4:30.66	4:15.15
2023	Sherbrooke, QC	Riley Simmonds (BC/YT) Émile Marin (Lanaudière-Olymp) Rhys Beaudoin (Nanaimo & District)	4:26.63 4:28.82 4:29.94	4:15.15
2024	Calgary, AB	Léo Choinière-Longpré (QC) Isaac Sirois (Coubertin) Alex Pinno (AB/NWT)	4:18.51 4:28.15 4:35.03	4:15.15

2000 METRE STEEPLECHASE (introduced in 2004) – Girls Under 18

Year	Location of Camp	Athlete & Province	Time	Record
2004	Sudbury, ON	Lise Ogrodnick (QC)	7:02.91*	7:02.91
2005	Edmonton, AB	Kelsie Slater (ON)	7:08.68	7:02.91
2006	Burnaby, BC	Hayley Degaust (AB)	7:06.35	7:02.91
2007	Oromocto, NB	Ariel Beauregard-Breton (QC)	7:09.42	7:02.91
2008	Sherbrooke, QC	Britney Allard (ON)	7:05.93	7:02.91
2009	Sherbrooke, QC	Alycia Butterworth (BC)	7:09.30	7:02.91
2010	Ottawa, ON	Katelyn Hayward (BC)	7:01.37*	7:01.37
2011	Ottawa, ON	Katelyn T. Hayward (Open)	6:44.34*	6:44.34
2012	Charlottetown, PE	Emma Balazs (BC)	6:57.65	6:44.34
2013	Langley, BC	Marita Deschiffart (BC)	7:02.73	6:44.34
2014	Langley, BC	Jessy Lacourse (QC)	6:50.23	6:44.34
2015	Ste. Therese, QC	Glynis Sims (BC)	6:48.80	6:44.34
2016	Ste. Therese, QC	Laura Dickinson (NB)	6:51.87	6:44.34
2017	Brandon, MB	Grace Fetherstonhaugh (BC)	6:41.46*	6:41.46
2018	Brandon, MB	Camille Boudreau (QC) Jenna McFadyen (SK) Brynn Hebert (AB)	7:09.51 7:09.61 7:09.85	6:41.46
2019	Cape Breton, NS	Katelyn Stewart-Barnett (BC) Jenna McFayden (SK) Cecilia Howes (Winnipeg Opt)	6:51.47 6:57.97 7:02.61	6:41.46
2022	Sherbrooke, QC	Sorcha Shiu (AB/NWT) Mackenzie Hack (BC) Louise Stonham (Ottawa Lions)	6:52.15 7:00.03 7:04.19	6:41.46
2023	Sherbrooke, QC	Jaina Kang (BC/YT) Zoe Unger (BC/YT) Lena Eys (Laurel Creek T.F.)	7:00.27 7:13.80 7:16.98	6:41.46



**MEDAL WINNERS
1975 – TO PRESENT**

2024	Calgary, AB	Alexie Beaupre (MB/NWO) Emma Morrow (Brockville Legion T&F) Juliana Lemaire (NB)	7:03.61 7:15.33 7:18.60	6:41.46
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1500 METRE STEEPECHASE (replaced by 2000M in 2004) – Boys Under 18

Year	Location of Camp	Athlete & Province	Time	Record
1975	Waterloo, ON	No Event		
1976	Edmonton, AB	No Event		
1977	Oromocto, NB	No Event		
1978	Peace Garden, MB	Terry Bateman (BC) ran	4.07.0	NA
1979	St. John's, NL	Paul McCloy (NL)	4.38.4*	4.38.4
1980	Saskatoon, SK	Martin Boileau (QC)	4.33.2*	4.33.2
1981	Hamilton, ON	Marc Lavoie (ON)	4.31.3*	4.31.3
1982	Fredericton/Oromocto, NB	Darren Stoddard (NS)	4.17.3*	4.17.3
1983	Ottawa, ON	Darren Stoddard (NS)	4.14.6*	4.14.6
1984	Halifax, NS	Sean Clancy (NS)	4.25.5	4.14.6
1985	Saskatoon, SK	Geoff Klassen (BC)	4.20.51	4.14.6
1986	Sudbury, ON	Alan Lewis (BC)	4.21.29	4.14.6
1987	Calgary, AB	Lawrence Marks (AB-NT)	4.25.63	4.14.6
1988	Quebec City, QC	Joel Bourgeois (NB)	4.19.4	4.14.6
1989	Victoria, BC	Tom Cull (AB-NT)	4.21.1	4.14.6
1990	Mount Pearl, NL	Peter Douglas (BC)	4.27.45	4.14.6
1991	Toronto, ON	Jean-Nicolas Duval (QC)	4.21.72	4.14.6
1992	Calgary, AB	David Roy (QC)	4.28.44	4.14.6
1993	Saskatoon, SK	Klaus Mueller (QC)	4.29.80	4.14.6
1994	Ottawa, ON	Craig Brigidear (BC)	4.17.54	4.14.6
1995	Winnipeg, MB	Daniel Blouin (QC)	4.20.78	4.14.6
1996	Sherbrooke, QC	Steve Ozaduik (BC)	4.25.82	4.14.6
1997	Mt. Pearl, NL	Chris Jones (BC)	4:34.38	4.14.6
1998	Prince George, BC	Christopher Jones (BC)	4.25.10	4.14.6
1999	Sudbury, ON	Carmin Mazzotta (BC)	4.21.04	4.14.6
2000	Calgary, AB	Rob Nissen (AB-NT)	4.25.80	4.14.6
2001	Sherbrooke, QC	Kol Henrikson (BC/Yukon)	4.21.04	4.14.6
2002	Sherbrooke, QC	Chris Winter (BC/Yukon)	4.14.72	4.14.6
2003	Kitchener/Waterloo, ON	Chris Winter (BC/Yukon)	4.12.98*	4.12.98

2000 METRE STEEPECHASE – Boys Under 18

Year	Location of Camp	Athlete & Province	Time	Record
2004	Sudbury, ON	Joseph Brunsting (ON)	6.00.35*	6.00.35
2005	Edmonton, AB	Olivier Lavoie (QC)	6.13.66	6.00.35
2006	Burnaby, BC	Greg Miller (MB)	6.03.94	6.00.35
2007	Oromocto, NB	Jacob Smith (ON)	5.59.42*	5.59.42
2008	Sherbrooke, QC	Mattias Wolter (Bluenose Ath)	6.02.01	5.59.42
2009	Sherbrooke, QC	Gareth Hadfield (Open)	6.02.58	5.59.42
2010	Ottawa, ON	Xavier King (ON)	5:53.17*	5:53.17
2011	Ottawa, ON	Deon Clifford	5:49.65*	5:49.65



**MEDAL WINNERS
1975 – TO PRESENT**

2012	Charlottetown, PE	Brandon Allen (Open)	6:06.09	5:49.65
2013	Langley, BC	Ben Preisner (Open)	5:54.59	5:49.65
2014	Langley, BC	Joshua Kellier (ON)	5:49.14*	5:49.14
2015	Ste. Therese, QC	Sean Bergman (BC)	5:47.98*	5:47.98
2016	Ste. Therese, QC	Thomas Nobbs (BC)	5:54.41	5:47.98
2017	Brandon, MB	Zachary Wyatt (BC)	6:02.38	5:47.98
2018	Brandon, MB	Skyler York (AB) Éliott Héroux (QC) Moktar Said (MB)	6:00.59 6:05.50 6:10.81	5:47.98
2019	Cape Breton, NS	Jared Howse (AB-NT) Xavier Duchesneau (QC) William Boyle (Winnipeg Opt)	6:02.30 6:02.79 6:05.95	5:47.98
2022	Sherbrooke, QC	Yemane Mulugeta (BC) Francis Bouffard (QC) Charles Gendron-Jetté (Sherbrooke)	5:57.03 6:04.38 6:12.10	5:47.98
2023	Sherbrooke, QC	James Hodgson (BC/YT) Noah Fortier (QC) Samuel May (BC/YT)	5:55.62 5:55.90 6:02.27	5:47.98
2024	Calgary, AB	Liam Palmer (MN/NWO) Nolan Buie (ON) Loïc Patry (QC)	6:02.66 6:03.46 6:07.99	5:47.98

1500 METRE RACEWALK (introduced in 2010) – Girls Under 16

Year	Location of Camp	Athlete & Province	Time	Record
2010	Ottawa, ON	Hana Ready (Open)	7:51.82*	7:51.82
2011	Ottawa, ON	Annette Johnson (Open)	8:34.56	7:51.82
2012	Charlottetown, PE	Teagan Rasche (BC)	7:52.40	7:51.82
2013	Langley, BC	Hanna Doonan (ON)	8:27.17	7:51.82
2014	Langley, BC	Kyra Danielson (Open)	7:51.83	7:51.82
2015	Ste. Therese, QC	Kyra Danielson (BC)	7:17.00*	7:17.00
2016	Ste. Therese, QC	Yvonne Huynh (BC)	8:13.39	7:17.00
2017	Brandon, MB	Cassidy Cardle (BC)	7:07.17*	7:07.17*
2018	Brandon, MB	Olivia Lundman (BC) Kaia Haintz (BC) Breagha Sharpe (QC)	7:34.33 8:38.51 8:51.20	7:07.17
2019	Cape Breton, NS	Kaia Haintz (Unattached B) Jia Fournier (Filoup)	8:40.66 8:44.96	7:07.17
2022	Sherbrooke, QC	Naomie Fequet (Baie-Comeau) Jordyn French (Bolton Pole Vault)	10:15.05 10:59.52	7:07.17
2023	Sherbrooke, QC	Ayla Laing (ON) Naomie Fequet (Baie-Comeau) Jillian Daguerre (ON)	7:27.11 9:06.94 9:13.64	7:07.17



**MEDAL WINNERS
1975 – TO PRESENT**

2024	Calgary, AB	Juliette Boucher-Herbas (QC) Emilia Smith (Caltaf) Julie DeMeersman (Caltaf)	8:14.78 9:42.83 9:48.25	7:07.17
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1500 METRE RACEWALK (introduced in 2010) – Boys Under 16

Year	Location of Camp	Athlete & Province	Time	Record
2010	Ottawa, ON	No Event		
2011	Ottawa, ON	Marek Adamowicz (QC)	6:26.94*	6:26.94
2012	Charlottetown, PE	No Event		
2013	Langley, BC	Nathan Downey (Open)	8.27.47	6.26.94
2014	Langley, BC	Nima Parsakish (Open)	8:15.48	6.26.94
2015	Ste. Therese, QC	Philip Ngo (BC)	7:50.69	6:26.94
2016	Ste. Therese, QC	Félix Thériault (Saint-Jean)	8:04.26	6:26.94
2017	Brandon, MB	Tyler Wilson (BC)	6:41.42	6:26.94
2018	Brandon, MB	Alexis Côté (QC)	7:09.00	6:26.94
2019	Cape Breton, NS	Isaac Naumenko (BC)	7:07.35	6:26.94
		Jules Croteau (QC)	7:14.82	
2022	Sherbrooke, QC	Derek Jobin (Lavironde)	9:16.22	6:26.94
2023	Sherbrooke, QC	Cayden Anderson (Saguenay Team)	7:44.97	6:26.94
2024	Calgary, AB	Jay Shreve (Truro Lions)	8:38.98	6:26.94
		Robert Sivers (Brockville Legion T&F)	10:02.40	

1500 METRE RACEWALK (Replaced with 3000M in 2010) – Girls Under 18

Year	Location of Camp	Athlete & Province	Time	Record
1975	Waterloo, ON	No Event		
1976	Edmonton, AB	No Event		
1977	Oromocto, NB	No Event		
1978	Peace Garden, MB	No Event		
1979	St. John's, NL	Sheila Ing (ON)	7.35.6*	7.35.6
1980	Saskatoon, SK	Kelly McKinnon (NB)	7.56.4	7.35.6
1981	Hamilton, ON	Kelly McKinnon (NB)	7.33.2*	7.33.2
1982	Fredericton/Oromocto, NB	Trinette Blazier (ON)	7.31.8*	7.31.8
1983	Ottawa, ON	Elizabeth Peters (QC)	7.14.41*	7.14.41
1984	Halifax, NS	Susan Godin (NB)	7.14.5	7.14.41
1985	Saskatoon, SK	Natascha Buchan (ON)	7.24.64	7.14.41
1986	Sudbury, ON	Edith Montpetit (QC)	7.04.08*	7.04.08



**MEDAL WINNERS
1975 – TO PRESENT**

1987	Calgary, AB	Tanya Sears (NB)	7.30.88	7.04.08
1988	Quebec City, QC	Ruth Talbot (QC)	7.08.2	7.04.08
1989	Victoria, BC	Mylene Dupere (QC)	6.50.80*	6.50.80
1990	Mount Pearl, NL	Mylene Dupere (QC)	7.11.46	6.50.80
1991	Toronto, ON	Sophie Boyer (QC)	7.14.55	6.50.80
1992	Calgary, AB	Jeanette Croucher (ON)	7.35.99	6.50.80
1993	Saskatoon, SK	M-E Daigneault (QC)	7.08.67	6.50.80
1994	Ottawa, ON	Marie-Eve Daingeault (QC)	7.16.53	6.50.80
1995	Winnipeg, MB	Claudine Despres (QC)	7.07.32	6.50.80
1996	Sherbrooke, QC	Karen Foa (BC)	6.47.86*	6.47.86
1997	Mt. Pearl, NL	Claudie Brisson (QC)	6:59.75	6.47.86
1998	Prince George, BC	Bruce Brione (BC)	7.34.92	6.47.86
1999	Sudbury, ON	Kate Brooker (BC)	7.22.54	6.47.86
2000	Calgary, AB	Rebecca Lavalee (ON)	6.55.86	6.47.86
2001	Sherbrooke, QC	Megan Huzzey (BC/Yukon)	7.07.58	6.47.86
2002	Sherbrooke, QC	Megan Huzzey (BC/Yukon)	6:40.51*	6:40.51
2003	Kitchener/Waterloo, ON	Chelsea Rodriguez (ON)	6.59.15	6.40.51
2004	Sudbury, ON	Marilyn Desmarais (QC)	7.00.48	6.40.51
2005	Edmonton, AB	Kathryn Janckman (ON)	7.34.20	6.40.51
2006	Burnaby, BC	Heather Warwick (BC)	7.20.13	6.40.51
2007	Oromocto, NB	Isabelle Morin (QC)	8.48.40	6.40.51
2008	Sherbrooke, QC	Anne Voyer (Saguenay Lac)	8.05.99	6.40.51
2009	Sherbrooke, QC	Rachel Inglis (BC)	7.22.52	6.40.51

3000 METRE RACEWALK – Girls Under 18

Year	Location of Camp	Athlete & Province	Time	Record
2010	Ottawa, ON	Rachael Inglis (BC)	16:13.69	16:13.69
2011	Ottawa, ON	Hana Ready (ON)	15:46.84*	15:46.84
2012	Charlottetown, PE	No event		
2013	Langley, BC	No result		
2014	Langley, BC	Samantha Cho (Open)	16:24.71	15:46.84
2015	Ste. Therese, QC	Danika Guenard (Gatineau)	17:00.27	15:46.84
2016	Ste. Therese, QC	Élisa Jean(Filou)	17:52.58	15:46.84
2017	Brandon, MB	Kyra Danielson (BC)	15:25.33*	15:25.33
2018	Brandon, MB	Cassidy Cardle (BC) Joanna Yu (BC) Audrey McCarthy (ON)	15:12.00* 15.33.80 16.29.12	15:12.00
2019	Cape Breton, NS	Olivia Lundman (Nanaimo & DI) Cassidy Cardle (BC) Ora Meade (ON)	14:59.08* 15:11.74 15:17.87	14:59.08
2022	Sherbrooke, QC	Grace Wong (BC) Paige Joncas (Baie-Comeau)	17:40.43 23:19.85	14:59.08
2023	Sherbrooke, QC	Grace Wong (BC/YT) Da Guérette-Lang (Bytown Walkers)	15:40.35 18:09.99	14:59.08



**MEDAL WINNERS
1975 – TO PRESENT**

2024	Calgary, AB	Ayla Laing (Thorold Elite) Maria Viteri (Caltaf)	17:15.34 18:35.71	14:59.08
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1500 METRE RACEWALK (Replaced by 3000M in 2010) – Boys Under 18

Year	Location of Camp	Athlete & Province	Time	Record
1975	Waterloo, ON	No Event		
1976	Edmonton, AB	No Event		
1977	Oromocto, NB	No Event		
1978	Peace Garden, MB	No Event		
1979	St. John's, NL	Joey Daley (NB)	7.32.8*	7.32.8
1980	Saskatoon, SK	Andrew McNichol (ON)	7.10.5*	7.10.5
1981	Hamilton, ON	Andrew McNichol (ON)	6.33.9*	6.33.9
1982	Fredericton/Oromocto, NB	Andrew McNichol (ON)	6.23.7*	6.23.7
1983	Ottawa, ON	Brent Clarke (BC)	6.20.61*	6.20.61
1984	Halifax, NS	Mark LeBlanc (NB)	6.41.0	6.20.61
1985	Saskatoon, SK	Paul Brett (BC)	6.36.44	6.20.61
1986	Sudbury, ON	Jules Riel (QC)	6.57.52	6.20.61
1987	Calgary, AB	Chris McKay (QC)	6.16.06*	6.16.06
1988	Quebec City, QC	James Kilburn (ON)	6.14.36*	6.14.36
1989	Victoria, BC	Martin St-Pierre (QC)	6.11.37*	6.11.37
1990	Mount Pearl, NL	Jason McLennan (ON)	7.35.42	6.11.37
1991	Toronto, ON	Stephane Forbes (NB)	7.09.41	6.11.37
1992	Calgary, AB	Vincent Dery (QC)	6.54.13	6.11.37
1993	Saskatoon, SK	M.A. Ladouceur (QC)	6.51.58	6.11.37
1994	Ottawa, ON	Frederic Vincent (QC)	7.12.65	6.11.37
1995	Winnipeg, MB	Eric Stephenson (ON)	6.52.63	6.11.37
1996	Sherbrooke, QC	Marco Mirisklavos (BC)	6.46.23	6.11.37
1997	Mt. Pearl, NL	Jocelyn Ruest (NB)	6:46.65	6.11.37
1998	Prince George, BC	Eric Roze (BC)	6.18.20	6.11.37
1999	Sudbury, ON	Steve Rogers (ON)	7.46.04	6.11.37
2000	Calgary, AB	Louis-Philip Cyr (QC)	7.02.55	6.11.37
2001	Sherbrooke, QC	Danny Hayden (MB/NWO)	7.23.02	6.11.37
2002	Sherbrooke, QC	Pierre-Luc Menard	6.24.34	6.11.37
2003	Kitchener/Waterloo, ON	Alexandre Gagne (QC)	7.02.33	6.11.37
2004	Sudbury, ON	Alexandre Gagne (QC)	6.35.07	6.11.37
2005	Edmonton, AB	No result		6.11.37
2006	Burnaby, BC	Evan Dunfee (BC)	6.43.97	6.11.37
2007	Oromocto, NB	Andre Marchand (QC)	6.50.22	6.11.37
2008	Sherbrooke, QC	Julien Voyer (Saguenay Lac)	6.41.72	6.11.37
2009	Sherbrooke, QC	Bruno Carriere (Open)	6.49.73	6.11.37

3000 METRE RACEWALK – Boys Under 18

Year	Location of Camp	Athlete & Province	Time	Record
2010	Ottawa, ON	Frederic Demers-Forgues (Open)	17:04.34*	17:04.34



**MEDAL WINNERS
1975 – TO PRESENT**

2011	Ottawa, ON	Robert Ridenour	DQ	17:04.34
2012	Charlottetown, PE	No Result		17:04.34
2013	Langley, BC	Marek Adamowicz	12:47.97*	12:47.97
2014	Langley, BC	Alger Liang (Open)	15:12.18	12:47.97
2015	Ste. Therese, QC	Alger Liang (BC)	14:04.64	12:47.97
2016	Ste. Therese, QC	No Result		12:47.97
2017	Brandon, MB	Daniel Soliven (BC)	14:54.41	12:47.97
2018	Brandon, MB	Tyler Wilson (BC) Johnny Tse (BC) Daniel Soliven (BC)	14:10.36 14:27.53 14:28.55	12:47.97
2019	Cape Breton, NS	Tyler Wilson (BC) Alexis Côté	13:22.02 14:25.45	12:47.97
2022	Sherbrooke, QC	Lowell Solmes (BC) Cole Coupal (Durham Dragons) Keathon Monger (Baie-Comeau)	14:18.49 14:40.56 19:33.83	12:47.97
2023	Sherbrooke, QC	Lowell Solmes (BC/YT)	14:26.28	12:47.97

4X100 METRE RELAY – Girls Under 16

Year	Location of Camp	Athlete & Province	Time	Record
1975	Waterloo, ON	ON	52.7*	52.7
1976	Edmonton, AB	BC	49.9*	49.9
1977	Oromocto, NB	BC	52.4	49.9
1978	Peace Garden, MB	AB-NT	51.5	49.9
1979	St. John's, NL	ON	50.8	49.9
1980	Saskatoon, SK	ON	51.46	49.9
1981	Hamilton, ON	ON	52.7	49.9
1982	Fredericton/Oromocto, NB	ON	50.2	49.9
1983	Ottawa, ON	AB-NT	50.21	49.9
1984	Halifax, NS	ON	50.1	49.9
1985	Saskatoon, SK	ON	49.30*	49.30
1986	Sudbury, ON	QC	51.17	49.30
1987	Calgary, AB	QC	49.59	49.30
1988	Quebec City, QC	QC	49.50	49.30
1989	Victoria, BC	QC	50.39	49.30
1990	Mount Pearl, NL	ON	49.80	49.30
1991	Toronto, ON	NS	50.69	49.30
1992	Calgary, AB	ON	49.13*	49.13
1993	Saskatoon, SK	AB-NT	50.16	49.13
1994	Ottawa, ON	AB-NT	48.87*	48.87
1995	Winnipeg, MB	ON	49.87	48.87



**MEDAL WINNERS
1975 – TO PRESENT**

1996	Sherbrooke, QC	SK	50.02	48.87
1997	Mt. Pearl, NL	ON	50.81	48.87
1998	Prince George, BC	ON	48.81*	48.81
1999	Sudbury, ON	ON	50.28	48.81
2000	Calgary, AB	ON	49.96	48.81
2001	Sherbrooke, QC	NS	50.66	48.81
2002	Sherbrooke, QC	NS/Nunavut	50.07	48.81
2003	Kitchener/Waterloo, ON	ON	50.04	48.81
2004	Sudbury, ON	QC	50.04	48.81
2005	Edmonton, AB	ON	49.97	48.81
2006	Burnaby, BC	BC	48.87	48.81
2007	Oromocto, NB	NS	49.76	48.81
2008	Sherbrooke, QC	BC	48.29*	48.29
2009	Sherbrooke, QC	BC	48.67	48.29
2010	Ottawa, ON	ON	48.48	48.29
2011	Ottawa, ON	ON	49.26	48.29
2012	Charlottetown, PE	ON	48.77	48.29
2013	Langley, BC	BC	47.69*	47.69
2014	Langley, BC	QC	49.30	47.69
2015	Ste. Therese, QC	Flying Angels Academy	48.34	47.69
2016	Ste. Therese, QC	QC	49.26	47.69
2017	Brandon, MB	ON	48.11	47.69
2018	Brandon, MB	ON SK QC	48.24 48.88 49.95	47.69
2019	Cape Breton, NS	Flying Angels Academy SK QC	47.85 49.95 50.79	47.69
2022	Sherbrooke, QC	QC AB/NWT Mississauga T.F.C	49.23 49.36 49.53	47.69
2023	Sherbrooke, QC	ON Flying Angels Academy QC	48.66 49.16 49.22	47.69
2024	Calgary, AB	AB/NWT ON QC	48.64 48.84 49.21	47.69

4X100 METRE RELAY – Boys Under 16

Year	Location of Camp	Athlete & Province	Time	Record
1975	Waterloo, ON	ON	50.2	50.2
1976	Edmonton, AB	BC	47.8*	47.8
1977	Oromocto, NB	BC	48.1	47.8



**MEDAL WINNERS
1975 – TO PRESENT**

1978	Peace Garden, MB	ON	47.2*	47.2
1979	St. John's, NL	ON	47.1*	47.1
1980	Saskatoon, SK	NB	49.8	47.1
1981	Hamilton, ON	ON	47.9	47.1
1982	Fredericton/Oromocto, NB	ON	45.8*	45.8
1983	Ottawa, ON	ON	45.34*	45.34
1984	Halifax, NS	AB-NT	44.2*	44.2
1985	Saskatoon, SK	AB-NT	43.3*	43.3
1986	Sudbury, ON	QC	45.14	43.3
1987	Calgary, AB	ON	46.01	43.3
1988	Quebec City, QC	ON	46.30	43.3
1989	Victoria, BC	ON	45.88	43.3
1990	Mount Pearl, NL	ON	44.60	43.3
1991	Toronto, ON	ON	45.08	43.3
1992	Calgary, AB	ON	44.79	43.3
1993	Saskatoon, SK	QC	45.30	43.3
1994	Ottawa, ON	ON	45.92	43.3
1995	Winnipeg, MB	NS	46.08	43.3
1996	Sherbrooke, QC	QC	45.61	43.3
1997	Mt. Pearl, NL	NS	46.48	43.3
1998	Prince George, BC	ON	44.75	43.3
1999	Sudbury, ON	ON	45.23	43.3
2000	Calgary, AB	MB	47.38	43.3
2001	Sherbrooke, QC	ON	44.43	43.3
2002	Sherbrooke, QC	ON	45.22	43.3
2003	Kitchener/Waterloo, ON	QC	45.73	43.3
2004	Sudbury, ON	QC	44.20	43.3
2005	Edmonton, AB	SK	46.19	43.3
2006	Burnaby, BC	ON	44.20	43.3
2007	Oromocto, NB	BC	44.58	43.3
2008	Sherbrooke, QC	BC	44.79	43.3
2009	Sherbrooke, QC	AB	45.49	43.3
2010	Ottawa, ON	ON	43.87	43.3
2011	Ottawa, ON	ON	43.58	43.3
2012	Charlottetown, PE	ON	44.05	43.3
2013	Langley, BC	BC	44.60	43.3
2014	Langley, BC	Flying Angels Academy	43.84	43.3
2015	Ste. Therese, QC	Burlington Track and Field	45.38	43.3
2016	Ste. Therese, QC	AB/NT	44.17	43.3
2017	Brandon, MB	ON	44.47	43.3
2018	Brandon, MB	Mississauga Olympians (ON)	43.50	
		Flying Angels (ON)	44.51	43.30
		Alberta-Northwest Territories	44.77	
2019	Cape Breton, NS	AB/NT	44.63	
		QC	44.79	
		Ottawa Lions	46.93	



**MEDAL WINNERS
1975 – TO PRESENT**

2022	Sherbrooke, QC	Ottawa Lions QC AB/NWT	45.26 45.30 45.72	43.30
2023	Sherbrooke, QC	Flying Angels Academy AB/NWT QC	44.34 44.45 44.58	43.30
2024	Calgary, AB	ON QC MN/NWO	42:92* 43:46 44:39	42:92

4X100 METRE RELAY – Girls Under 18

Year	Location of Camp	Athlete & Province	Time	Record
1975	Waterloo, ON	ON	49.2	49.2
1976	Edmonton, AB	ON	47.9*	47.9
1977	Oromocto, NB	ON	50.0	47.9
1978	Peace Garden, MB	QC	50.2	47.9
1979	St. John's, NL	ON	48.6	47.9
1980	Saskatoon, SK	ON	48.6	47.9
1981	Hamilton, ON	BC	49.3	47.9
1982	Fredericton/Oromocto, NB	BC	49.4	47.9
1983	Ottawa, ON	QC	48.69	47.9
1984	Halifax, NS	AB-NT	48.9	47.9
1985	Saskatoon, SK	BC	49.1	47.9
1986	Sudbury, ON	AB-NT	48.68	47.9
1987	Calgary, AB	NS	48.68	47.9
1988	Quebec City, QC	BC	49.2	47.9
1989	Victoria, BC	ON	48.09	47.9
1990	Mount Pearl, NL	MB/NWO	49.50	47.9
1991	Toronto, ON	BC	48.74	47.9
1992	Calgary, AB	ON	48.64	47.9
1993	Saskatoon, SK	QC	48.45	47.9
1994	Ottawa, ON	ON	48.07	47.9
1995	Winnipeg, MB	QC	48.65	47.9
1996	Sherbrooke, QC	BC	49.04	47.9
1997	Mt. Pearl, NL	ON	49.18	47.9
1998	Prince George, BC	BC	48.69	47.9
1999	Sudbury, ON	ON	47.45*	47.45
2000	Calgary, AB	ON	48.37	47.45
2001	Sherbrooke, QC	BC	47.96	47.45
2002	Sherbrooke, QC	BC/YUKON	47.12*	47.12
2003	Kitchener/Waterloo, ON	AB/NT	49.32	47.12
2004	Sudbury, ON	NS/NU	48.55	47.12
2005	Edmonton, AB	BC/YUKON	48.23	47.12
2006	Burnaby, BC	ON	48.51	47.12



**MEDAL WINNERS
1975 – TO PRESENT**

2007	Oromocto, NB	BC/Yukon	47.97	47.12
2008	Sherbrooke, QC	NS/NU	48.67	47.12
2009	Sherbrooke, QC	BC	48.19	47.12
2010	Ottawa, ON	AB	47.79	47.12
2011	Ottawa, ON	QC	46.58*	46.58
2012	Charlottetown, PE	ON	47.36	46.58
2013	Langley, BC	ON	47.45	46.58
2014	Langley, BC	AB/NT	48.15	46.58
2015	Ste. Therese, QC	QC	47.27	46.58
2016	Ste. Therese, QC	Flying Angels Academy	47.23	46.58
2017	Brandon, MB	Flying Angels Academy	46.91	46.53
		ON	47.23	
2018	Brandon, MB	Flying Angels (ON) Manitoba & Northwest Ontario	47.74 49.26	46.58
2019	Cape Breton, NS	Flying Angels Academy SK AB-NT	47.76 48.28 48.31	46.58
2022	Sherbrooke, QC	QC Flying Angels SK	47.39 47.77 48.12	46.58
2023	Sherbrooke, QC	Flying Angels Academy QC ON	47.23 47.37 48.17	46.58
2024	Calgary, AB	ON Border City AC AB/NWT	46.43* 46.51* 46.85	46.43

4X100 METRE RELAY – Boys Under 18

Year	Location of Camp	Athlete & Province	Time	Record
1975	Waterloo, ON	ON	44.4*	44.4
1976	Edmonton, AB	ON	44.4	44.4
1977	Oromocto, NB	ON	44.1*	44.1
1978	Peace Garden, MB	BC	46.0	44.1
1979	St. John's, NL	ON	44.2	44.1
1980	Saskatoon, SK	ON	43.9*	43.9
1981	Hamilton, ON	MB/NWO	44.0	43.9
1982	Fredericton/Oromocto, NB	MB/NWO	43.4*	43.4
1983	Ottawa, ON	QC	42.59*	42.59
1984	Halifax, NS	ON	42.9	42.59
1985	Saskatoon, SK	AB-NT	41.8*	41.80
1986	Sudbury, ON	QC	43.18	41.80



**MEDAL WINNERS
1975 – TO PRESENT**

1987	Calgary, AB	QC	43.91	41.80
1988	Quebec City, QC	BC	42.21	41.80
1989	Victoria, BC	ON	42.91	41.80
1990	Mount Pearl, NL	BC	43.80	41.80
1991	Toronto, ON	AB-NT	42.52	41.80
1992	Calgary, AB	NS	44.03	41.80
1993	Saskatoon, SK	BC	42.58	41.80
1994	Ottawa, ON	ON	43.00	41.80
1995	Winnipeg, MB	BC	42.82	41.80
1996	Sherbrooke, QC	SK	42.90	41.80
1997	Mt. Pearl, NL	BC	42.74	41.80
1998	Prince George, BC	BC	42.60	41.80
1999	Sudbury, ON	BC	43.41	41.80
2000	Calgary, AB	BC	42.48	41.80
2001	Sherbrooke, QC	ON	42.11	41.80
2002	Sherbrooke, QC	QC	42.40	41.80
2003	Kitchener/Waterloo, ON	ON	43.98	41.80
2004	Sudbury, ON	QC	42.55	41.80
2005	Edmonton, AB	QC	41.94	41.80
2006	Burnaby, BC	BC	43.46	41.80
2007	Oromocto, NB	ON	42.79	41.80
2008	Sherbrooke, QC	ON	42.27	41.80
2009	Sherbrooke, QC	BC	43.35	41.80
2010	Ottawa, ON	ON	42.45	41.80
2011	Ottawa, ON	ON	41.94	41.80
2012	Charlottetown, PE	QC	41.93	41.80
2013	Langley, BC	ON	42.48	41.80
2014	Langley, BC	BC	42.76	41.80
2015	Ste. Therese, QC	BC	42.90	41.80
2016	Ste. Therese, QC	Flying Angels Academy	42.42	41.80
2017	Brandon, MB	ON	41.81	41.80
2018	Brandon, MB	QC	42.96	
		SK	43.13	41.80
		MB & Northwest ON	43.32	
2019	Cape Breton, NS	AB-NT	42.34	
		SK	42.53	41.80
		QC	42.91	
2022	Sherbrooke, ON	Flying Angels	41.93	
		AB/NWT	42.01	
		BC	42.62	41.80
2023	Sherbrooke, ON	Flying Angels Academy	42.45	
		MB/NOW	42.99	
		AB/NWT	42.99	41.80
2024	Calgary, AB	ON	41.27*	
		QC	41.96	
		Ottawa Lions T.F.C.	42.03	41.27



**MEDAL WINNERS
1975 – TO PRESENT**

1600 METRE MEDLEY RELAY – Girls Under 16

Year	Location of Camp	Athlete & Province	Time	Record
1975	Waterloo, ON	No Event		
1976	Edmonton, AB	No Event		
1977	Oromocto, NB	No Event		
1978	Peace Garden, MB	ON	4.18.1*	4.18.1
1979	St. John's, NL	ON	4.22.2	4.18.1
1980	Saskatoon, SK	NS	4.20.8	4.18.1
1981	Hamilton, ON	ON	4.14.2*	4.14.2
1982	Fredericton/Oromocto, NB	ON	4.16.0	4.14.2
1983	Ottawa, ON	AB-NT	4.14.09*	4.14.09
1984	Halifax, NS	AB-NT	4.16.4	4.14.09
1985	Saskatoon, SK	ON	4.14.43	4.14.09
1986	Sudbury, ON	ON	4.14.44	4.14.09
1987	Calgary, AB	QC	4.15.26	4.14.09
1988	Quebec City, QC	SK	4.30.80	4.14.09
1989	Victoria, BC	AB-NT	4.14.50	4.14.09
1990	Mount Pearl, NL	ON	4.14.50	4.14.09
1991	Toronto, ON	ON	4.16.95	4.14.09
1992	Calgary, AB	ON	4.17.38	4.14.20
1993	Saskatoon, SK	ON	4.13.18*	4.13.18
1994	Ottawa, ON	ON	4.06.43*	4.06.43
1995	Winnipeg, MB	ON	4.06.77	4.06.43
1996	Sherbrooke, QC	AB-NT	4.11.02	4.06.43
1997	Mt. Pearl, NL	AB-NT	4:14.1	4.06.43
1998	Prince George, BC	AB-NT	4.12.55	4.06.43
1999	Sudbury, ON	NS	4.20.09	4.06.43
2000	Calgary, AB	NS	4.22.61	4.06.43
2001	Sherbrooke, QC	ON	4.09.64	4.06.43
2002	Sherbrooke, QC	NS/Nunavut	4.12.68	4.06.43
2003	Kitchener/Waterloo, ON	ON	4.10.80	4.06.43
2004	Sudbury, ON	ON	4.13.10	4.06.43
2005	Edmonton, AB	ON	4.14.16	4.06.43
2006	Burnaby, BC	ON	4.07.86	4.06.43
2007	Oromocto, NB	AB	4.10.19	4.06.43
2008	Sherbrooke, QC	MB	4.08.09	4.06.43
2009	Sherbrooke, QC	AB	4.06.26*	4.06.26
2010	Ottawa, ON	ON	4:06.08*	4:06.08
2011	Ottawa, ON	AB	4:15.16	4:06.08
2012	Charlottetown, PE	ON	4:06.76	4:06.08
2013	Langley, BC	QE	4:10.64	4:06.08
2014	Langley, BC	ON	4:13.32	4:06.08



**MEDAL WINNERS
1975 – TO PRESENT**

2015	Ste. Therese, QC	QC	4:06.88	4:06.08
2016	Ste. Therese, QC	ON	4:03.49*	4:03.49
2017	Brandon, MB	AB	4:05.91	4:03.49
2018	Brandon, MB	ON Alberta-Northwest Territories SK	4:10.44 4:11.14 4:13.58	4:03.09
2019	Cape Breton, NS	ON QC AB-NT	4:07.87 4:10.81 4:11.12	4:03.09
2022	Sherbrooke, ON	Laurel Creek MB/NWO NB	4:13.40 4:27.32 4:28.83	4:03.09
2023	Sherbrooke, ON	Laurel Creek ON SK	4:10.75 4:11.66 4:14.45	4:03.09
2024	Calgary, AB	ON AB/NWT MB/NWO	4:09.87 4:10.54 4:16.43	4:03.09

1600 METRE MEDLEY RELAY – Boys Under 16

Year	Location of Camp	Athlete & Province	Time	Record
1975	Waterloo, ON	No Event		
1976	Edmonton, AB	No Event		
1977	Oromocto, NB	No Event		
1978	Peace Garden, MB	ON	3.49.8*	3.49.8
1979	St. John's, NL	ON	3.57.3	3.49.8
1980	Saskatoon, SK	AB-NT	3.50.0	3.49.8
1981	Hamilton, ON	ON	3.52.1	3.49.8
1982	Fredericton/Oromocto, NB	ON	3.48.6*	3.48.6
1983	Ottawa, ON	ON	3.43.6*	3.43.6
1984	Halifax, NS	MB/NWO	3.43.2*	3.43.2
1985	Saskatoon, SK	AB-NT	3.42.4	3.43.2
1986	Sudbury, ON	QC	3.44.43	3.42.4
1987	Calgary, AB	ON	3.40.63*	3.40.63
1988	Quebec City, QC	ON	3.41.26	3.40.63
1989	Victoria, BC	ON	3.40.07*	3.40.07
1990	Mount Pearl, NL	ON	3.44.84	3.40.07
1991	Toronto, ON	ON	3.44.22	3.40.07
1992	Calgary, AB	AB-NT	3.48.01	3.40.07
1993	Saskatoon, SK	ON	3.42.20	3.40.07
1994	Ottawa, ON	ON	3.43.64	3.40.07
1995	Winnipeg, MB	QC	3.43.41	3.40.07
1996	Sherbrooke, QC	ON	3.44.39	3.40.07
1997	Mt. Pearl, NL	ON	3:40.3	3.40.07



**MEDAL WINNERS
1975 – TO PRESENT**

1998	Prince George, BC	ON	3.36.69*	3.36.69
1999	Sudbury, ON	SK	3.49.90	3.36.69
2000	Calgary, AB	QC	3.42.85	3.36.69
2001	Sherbrooke, QC	ON	3.44.24	3.36.69
2002	Sherbrooke, QC	MB	3.50.81	3.36.69
2003	Kitchener/Waterloo, ON	QC	3.48.51	3:36.69
2004	Sudbury, ON	QC	3.47.70	3.36.69
2005	Edmonton, AB	ON	3.44.07	3.36.69
2006	Burnaby, BC	ON	3.40.64	3.36.69
2007	Oromocto, NB	ON	3.42.44	3.36.69
2008	Sherbrooke, QC	QC	3.44.11	3.36.69
2009	Sherbrooke, QC	BC	3.43.57	3.36.69
2010	Ottawa, ON	ON	3:35.30*	3:35.30
2011	Ottawa, ON	BC	3:40.75	3:35.30
2012	Charlottetown, PE	ON	3:42.07	3:35.30
2013	Langley, BC	ON	3.35.64	3:35.30
2014	Langley, BC	ON	3:43.10	3:35.30
2015	Ste. Therese, QC	ON	3:43.89	3:35.30
2016	Ste. Therese, QC	QC	3:42.70	3:35.30
2017	Brandon, MB	ON	3:42.49	3:35.30
		ON	3:40.71	
2018	Brandon, MB	QC	3:50.11	3:35.30
		SK	3:51.81	
2019	Cape Breton, NS	ON Ottawa Lions St Thomas Legion Track & Field	3:36.46 3:45.90 3:48.49	3:35.30
2022	Sherbrooke, QC	BC MB/NWO QC	3:42.20 3:43.12 3:45.59	3:35.30
2023	Sherbrooke, QC	ON QC BC/YT	3:36.64 3:42.55 3:42.57	3:35.30
2024	Calgary, AB	ON BC Thorold Elite	3:37.56 3:44.08 3:46.90	3:35.30

1600 METRE MEDLEY RELAY (replaced with 4x400 relay 1999) – Girls Under 18

Year	Location of Camp	Athlete & Province	Time	Record
1975	Waterloo, ON	No Event		
1976	Edmonton, AB	No Event		
1977	Oromocto, NB	No Event		
1978	Peace Garden, MB	MB/NWO	4.08.7*	4.08.7
1979	St. John's, NL	ON	4.10.0	4.08.7
1980	Saskatoon, SK	ON	4.03.7*	4.03.7
1981	Hamilton, ON	SK	4.06.0	4.03.7



**MEDAL WINNERS
1975 – TO PRESENT**

1982	Fredericton/Oromocto, NB	ON	4.07.5	4.03.7
1983	Ottawa, ON	QC	4.11.63	4.03.7
1984	Halifax, NS	NS	4.02.4*	4.02.4
1985	Saskatoon, SK	BC	4.08.53	4.02.4
1986	Sudbury, ON	ON	4.04.03	4.02.4
1987	Calgary, AB	AB-NT	4.06.26	4.02.4
1988	Quebec City, QC	ON	4.03.42	4.02.4
1989	Victoria, BC	MB/NWO	4.05.62	4.02.4
1990	Mount Pearl, NL	ON	4.08.59	4.02.4
1991	Toronto, ON	MB/NWO	4.07.65	4.02.4
1992	Calgary, AB	BC	4.08.90	4.02.4
1993	Saskatoon, SK	QC	4.08.76	4.02.4
1994	Ottawa, ON	ON	4.03.11	4.02.4
1995	Winnipeg, MB	ON	4.06.77	4.02.4
1996	Sherbrooke, QC	BC	4.01.96*	4.01.96
1997	Mt. Pearl, NL	BC	4:03.3	4.01.96
1998	Prince George, BC	BC	4.04.31	4.01.96

4X400 RELAY – Girls Under 18

Year	Location of Camp	Athlete & Province	Time	Record
1999	Sudbury, ON	BC	3.53.17*	3.53.17
2000	Calgary, AB	BC	3.58.07	3.53.17
2001	Sherbrooke, QC	ON	4.00.03	3.53.17
2002	Sherbrooke, QC	ON	3.53.26	3.53.17
2003	Kitchener/Waterloo, ON	BC/Yukon	3.54.40	3.53.17
2004	Sudbury, ON	AB/ NT	3.50.94*	3.50.94
2005	Edmonton, AB	ON	3.59.55	3.50.94
2006	Burnaby, BC	ON	3.59.30	3.50.94
2007	Oromocto, NB	AB	3.53.85	3.50.94
2008	Sherbrooke, QC	BC	3.57.22	3.50.94
2009	Sherbrooke, QC	BC	3.54.24	3.50.94
2010	Ottawa, ON	BC	3:54.25	3.50.94
2011	Ottawa, ON	AB	3:45.32*	3:45.32
2012	Charlottetown, PE	ON	3:51.36	3:45.32
2013	Langley, BC	ON	3:51.64	3:45.32
2014	Langley, BC	AB/ NT	3:50.87	3:45.32
2015	Ste. Therese, QC	QC	3:51.32	3:45.32
2016	Ste. Therese, QC	ON	3:50.13	3:45.32
2017	Brandon, MB	QC	3:51.04	3:45.32
		ON	3:54.01	
2018	Brandon, MB	AB-Northwest Territories	3:56.38	3:45.32
		NS/NV	3:59.19	
		SK	3:48.28	
2019	Cape Breton, NS	ON	3:50.44	3:45.32
		AB-NT	3:54.73	
		AB/NWT	3:53.37	
2022	Sherbrooke, QC	BC	3:54.11	3:45.32
		Etobicoke Huskies-Striders	4:00.44	



MEDAL WINNERS
1975 – TO PRESENT

2023	Sherbrooke, QC	Etobicoke T.F.C. QC BC/NWT	3:55.40 3:58.02 3:58.77	3:45.32
2024	Calgary, AB	AB/NET BC QC	3:46.41 3:49.02 3:57.36	3:45.32

1600 METRE MEDLEY RELAY (replaced with 4x400 relay 1999) – Boys Under 18

Year	Location of Camp	Athlete & Province	Time	Record
1975	Waterloo, ON	No Event		
1976	Edmonton, AB	No Event		
1977	Oromocto, NB	No Event		
1978	Peace Garden, MB	BC	3.38.7*	3.38.7
1979	St. John's, NL	QC	3.39.0	3.38.7
1980	Saskatoon, SK	ON	3.41.7	3.38.7
1981	Hamilton, ON	QC	3.39.0	3.38.7
1982	Fredericton/Oromocto, NB	BC	3.38.4*	3.38.4
1983	Ottawa, ON	BC	3.34.59*	3.34.59
1984	Halifax, NS	ON	3.32.20*	3.32.20
1985	Saskatoon, SK	AB-NT	3.30.51*	3.30.51
1986	Sudbury, ON	BC	3.33.51	3.30.51
1987	Calgary, AB	AB-NT	3.33.90	3.30.51
1988	Quebec City, QC	ON	3.31.73	3.30.51
1989	Victoria, BC	MB/NWO	3.31.15	3.30.51
1990	Mount Pearl, NL	AB-NT	3.37.33	3.30.51
1991	Toronto, ON	QC	3.35.52	3.30.51
1992	Calgary, AB	AB-NT	3.32.97	3.30.51
1993	Saskatoon, SK	QC	3.32.67	3.30.51
1994	Ottawa, ON	ON	3.36.49	3.30.51
1995	Winnipeg, MB	BC	3.32.09	3.30.51
1996	Sherbrooke, QC	ON	3.31.63	3.30.51
1997	Mt. Pearl, NL	QC	3:34.10	3.30.51
1998	Prince George, BC	BC	3.30.74	3.30.51

4X400 RELAY – Boys Under 18

Year	Location of Camp	Athlete & Province	Time	Record
1999	Sudbury, ON	BC	3.18.57*	3.18.57
2000	Calgary, AB	BC	3.21.76	3.18.57
2001	Sherbrooke, QC	BC	3.23.99	3.18.57
2002	Sherbrooke, QC	BC/Yukon	3.23.90	3.18.57
2003	Kitchener/Waterloo, ON	BC/Yukon	3.25.08	3.18.57
2004	Sudbury, ON	ON	3.22.82	3.18.57
2005	Edmonton, AB	QC	3.27.51	3.18.57
2006	Burnaby, BC	BC	3.22.50	3.18.57
2007	Oromocto, NB	ON	3.24.10	3.18.57
2008	Sherbrooke, QC	ON	3.20.13	3.18.57



**MEDAL WINNERS
1975 – TO PRESENT**

2009	Sherbrooke, QC	BC	3:22.13	3:18.57
2010	Ottawa, ON	BC	3:22.16	3:18.57
2011	Ottawa, ON	ON	3:17.31*	3:17.31
2012	Charlottetown, PE	BC	3:24.12	3:17.31
2013	Langley, BC	Open	3:20.42	3:17.31
2014	Langley, BC	QC	3:20.40	3:17.31
2015	Ste. Therese, QC	AB/NT	3:23.42	3:17.31
2016	Ste. Therese, QC	AB/NT	3:21.80	3:17.31
2017	Brandon, MB	ON	3:21.94	3:17.31
		BC/YK	3:26.16	
2018	Brandon, MB	ON	3:29.09	3:17.31
		AB-Northwest Territories	3:30.62	
		ON	3:24.29	
2019	Cape Breton, NS	Flying Angels Academy	3:26.21	3:17.31
		Manitoba and Northwest Ontario	3:28.09	
		BC	3:25.48	
2022	Sherbrooke, QC	AB/NWT	3:25.62	3:17.31
		Ottawa Lions	3:26.35	
		QC	3:21.51	
2023	Sherbrooke, QC	Ottawa Lions T.F.C.	3:22.15	3:17.31
		AB/NWT	3:26.27	
		QC	3:18.62	
2024	Calgary, AB	Ottawa Lions T.F.C.	3:19.07	3:17.31
		AB/NWT	3:20.68	

HIGH JUMP – Girls Under 16

Year	Location of Camp	Athlete & Province	Height	Record
1975	Waterloo, ON	Judy Sackfield (ON)	1.67*	1.67
1976	Edmonton, AB	Judy Neufeld (ON)	1.56	1.67
1977	Oromocto, NB	Linda McCurdy (ON)	1.64	1.67
1978	Peace Garden, MB	Carol Ann Leslie (QC)	1.54	1.67
1979	St. John's, NL	Diana Prosser (NB)	1.63	1.67
1980	Saskatoon, SK	Sharon King (NL)	1.57	1.67
1981	Hamilton, ON	Sherri Daniels (ON)	1.61	1.67
1982	Fredericton/Oromocto, NB	Lisa Devries (ON)	1.65	1.67
1983	Ottawa, ON	Leanne Madill (ON)	1.70*	1.70
1984	Halifax, NS	Leanne Madill (ON)	1.71*	1.71
1985	Saskatoon, SK	Coralea Brown (AB-NT)	1.72*	1.72
1986	Sudbury, ON	Coralea Brown (AB-NT)	1.74*	1.74
1987	Calgary, AB	Jennifer Doling (ON)	1.56	1.74
1988	Quebec City, QC	Marsha Hebert (NB)	1.51	1.74
1989	Victoria, BC	Sheila Stienke (AB-NT)	1.60	1.74
1990	Mount Pearl, NL	Nathalie Belfort (QC)	1.66	1.74



**MEDAL WINNERS
1975 – TO PRESENT**

1991	Toronto, ON	Judy Galambos (ON)	1.56	1.74
1992	Calgary, AB	Gabrielle Deshong (AB-NT)	1.63	1.74
1993	Saskatoon, SK	Aundrea Dube (NS)	1.62	1.74
1994	Ottawa, ON	Sophie Cardinal (ON)	1.61	1.74
1995	Winnipeg, MB	Whitney Evans (AB-NT)	1.64	1.74
1996	Sherbrooke, QC	Angie Collinge (SK)	1.63	1.74
1997	Mt. Pearl, NL	Katie Rawson (ON)	1.74	1.74
1998	Prince George, BC	Shannon O=Hagan (ON)	1.68	1.74
1999	Sudbury, ON	Stefanie Burch (ON)	1.55	1.74
2000	Calgary, AB	Imola Major (ON)	1.63	1.74
2001	Sherbrooke, QC	Leanne Pare (ON)	1.61	1.74
2002	Sherbrooke, QC	Sara Boyle (ON)	1.68	1.74
2003	Kitchener/Waterloo, ON	Maddie Buttlinger (ON)	1.70	1.74
2004	Sudbury, ON	Maddie Buttlinger(ON)	1.73	1.74
2005	Edmonton, AB	Brittney Hopley (ON)	1.65	1.74
2006	Burnaby, BC	Brittney Hopley (ON)	1.65	1.74
2007	Oromocto, NB	Alyxandria Treasure (BC)	1.76*	1.76
2008	Sherbrooke, QC	Nicola Charlesworth (AB)	1.61	1.76
2009	Sherbrooke, QC	Carla Vivic (BC)	1.64	1.76
2010	Ottawa, ON	Georgia Ellenwood (BC)	1.66	1.76
2011	Ottawa, ON	Shyla Cardy(Open)	1.67	1.76
2012	Charlottetown, PE	Mikella Lefebvre-Oatis (QC)	1.75	1.76
2013	Langley, BC	Hannah Rolfe (Open)	1.67	1.76
2014	Langley, BC	Eve St.Denis (QC)	1.67	1.76
2015	Ste. Therese, QC	Alexa Porpaczy (BC)	1.73	1.76
2016	Ste. Therese, QC	Autumn Bigger (Niagara)	1.67	1.76
2017	Brandon, MB	Bryanna Reid (QC)	1.64	1.76
2018	Brandon, MB	Lara Denbow (MB) Emma Deboer (BC) Katelyn Stewart-Barnett (BC)	1.70 1.70 1.67	1.76
2019	Cape Breton, NS	Mya Archibald (NS) Samira Yao (QC) Trinity Shadd-Ceres (ON) (Tied at 3 rd) Samantha Hamilton (AB-NT)(Tied at 3 rd) Kiersten Hicks (NB) (Tied at 3 rd)	1.61 1.58 1.55	1.76
2022	Sherbrooke, QC	Paige Zinger (AB/NWT) Emily Clarke Rachel Maas	1.64 1.61 1.58	1.76



**MEDAL WINNERS
1975 – TO PRESENT**

2023	Sherbrooke, QC	Victoria Vaughan (ON) Payton Heer (BC/YT) (Tied 2 nd) Ghina Moumou (QC) (Tied 2 nd) Svetl Khrisanova	1.62 1.58 1.58 1.50	1.76
2024	Calgary, AB	Vienne Bredick (BC) Amairah Gayle (ON) Shayla Kaganovsky (Nova Athletics)	1.68 1.64 1.60	1.76

HIGH JUMP – Boys Under 16

Year	Location of Camp	Athlete & Province	Height	Record
1975	Waterloo, ON	Jonathan Benton (QC)	1.71	1.71
1976	Edmonton, AB	Rick Vogel (AB-NT)	1.75*	1.75
1977	Oromocto, NB	David Novak (ON)	1.80	1.80
1978	Peace Garden, MB	Rudolphe Sinvictore (QC)	1.78	1.80
1979	St. John's, NL	Brian Marshall (ON)	1.80*	1.80
1980	Saskatoon, SK	Francois Desaulniers (QC)	1.73	1.80
1981	Hamilton, ON	Michael Smith (MB/NWO)	1.70	1.80
1982	Fredericton/Oromocto, NB	Alex Crowell (NS)	1.84*	1.84
1983	Ottawa, ON	Robert Ruppert (ON)	1.86*	1.86
1984	Halifax, NS	Gabriel Quayson (ON)	1.95*	1.95
1985	Saskatoon, SK	Steve Welch (MB/NWO)	1.92	1.95
1986	Sudbury, ON	Alex Zaliauskaus (ON)	1.96*	1.96
1987	Calgary, AB	Matt Vincent (ON)	1.88	1.96
1988	Quebec City, QC	James Hannah (NB)	1.76	1.96
1989	Victoria, BC	Jason Ferris (ON)	1.80	1.96
1990	Mount Pearl, NL	Salvatore Tarantino (ON)	1.88	1.96
1991	Toronto, ON	Peter Fraser (NB)	1.82	1.96
1992	Calgary, AB	Patrick Gohier-Girard (QC)	1.84	1.96
1993	Saskatoon, SK	Jason Rhule (ON)	1.90	1.96
1994	Ottawa, ON	Chris Rowe (ON)	1.85	1.96
1995	Winnipeg, MB	Jesse Lipscombe (AB-NT)	1.91	1.96
1996	Sherbrooke, QC	Taylor Buckley (ON)	1.83	1.96
1997	Mt. Pearl, NL	Stephane Richard (QC)	1.80	1.96
1998	Prince George, BC	Keith Velduis (ON)	1.83	1.96
1999	Sudbury, ON	Paul Martin (ON)	1.78	1.96
2000	Calgary, AB	David Cornell (NS)	1.81	1.96
2001	Sherbrooke, QC	Noah John (ON)	1.93	1.96
2002	Sherbrooke, QC	Les Anderson (SK)	1.81	1.96



MEDAL WINNERS
1975 – TO PRESENT

Year	Location of Camp	Athlete & Province	Height	Record
2003	Kitchener/Waterloo, ON	Tom Hughes	1.80	1.96
2004	Sudbury, ON	Shawn Swartz (BC/Yukon)	1.93	1.96
2005	Edmonton, AB	Simon Leveille (QC)	1.85	1.96
2006	Burnaby, BC	Ian Miller (BC)	1.88	1.96
2007	Oromocto, NB	Branden Whilhem (ON)	2.01*	2.01
2008	Sherbrooke, QC	Matt West (ON)	1.90	2.01
2009	Sherbrooke, QC	Jason Hebert-Marcil (QC)	1.73	2.01
2010	Ottawa, ON	JT Hunt (Open)	1.83	2.01
2011	Ottawa, ON	Braden Derker (BC)	1.85	2.01
2012	Charlottetown, PE	Ty Pederson (SK)	1.83	2.01
2013	Langley, BC	Kaelan Schmidt (NS)	1.86	2.01
2014	Langley, BC	Quinn Hiemstra (ON)	1.89	2.01
2015	Ste. Therese, QC	Morgan Thompson (QC)	1.90	2.01
2016	Ste. Therese, QC	Ryan Denman (BC)	1.80	2.01
2017	Brandon, MB	Aiden Grout (Langley Mustangs)	1.84	2.01
2018	Brandon, MB	Nolan McEachern (BC) Ben Rossouw (BC) Logan Spicer (ON) & Diego Marshall (NS/NV)	1.87 1.81 1.78	2.01
2019	Cape Breton, NS	Nate Paris (BC) George Kordas (BC) (2 nd) Arjun Stenger (Etobicoke Tr) (2 nd)	1.80 1.77 1.77	2.01
2022	Sherbrooke, QC	Sayanthan Arulrajan (United Tamil) Kai Gibson (Ottawa Lions) Gabriel Genest (QC)	1.82 1.79 1.76	2.01
2023	Sherbrooke, QC	Nicola Dinev (QC) Biren Balaramana (ON) (tied at 2 nd) Fylan Fugel (SK) (tied at 2 nd) Walker Brown BC/YT)	1.89 1.87 1.87 1.85	2.01
2024	Calgary, AB	Nicola Dinev (Dynamique De) Simon Smallacombe (BC) Ethan Atkinson (London Western)	1.91 1.88 1.79	2.01

HIGH JUMP – Girls Under 18

Year	Location of Camp	Athlete & Province	Height	Record
1975	Waterloo, ON	Janet Wood (ON)	1.60*	1.60
1976	Edmonton, AB	Maggie Woods (ON)	1.80*	1.80
1977	Oromocto, NB	Judy Sackfield (ON)	1.70	1.80
1978	Peace Garden, MB	Leslie Grundison (BC)	1.60	1.80
1979	St. John's, NL	Lisa McCarron (ON)	1.70	1.80



**MEDAL WINNERS
1975 – TO PRESENT**

1980	Saskatoon, SK	Carol Ann Leslie (QC)	1.78	1.80
1981	Hamilton, ON	Carol Ann Leslie (QC)	1.77	1.80
1982	Fredericton/Oromocto, NB	Carol Ann Leslie (QC)	1.78	1.80
1983	Ottawa, ON	Paula Gilmore (ON)	1.73	1.80
1984	Halifax, NS	Lisa Devries (ON)	1.71	1.80
1985	Saskatoon, SK	Jackie Vandolewend (ON)	1.66	1.80
1986	Sudbury, ON	Natalie Munro (NS)	1.70	1.80
1987	Calgary, AB	Natalie Munro (NS)	1.70	1.80
1988	Quebec City, QC	Patricia Duthilleul (QC)	1.75	1.80
1989	Victoria, BC	Corrina Wolf (BC)	1.70	1.80
1990	Mount Pearl, NL	Corrina Wolf (BC)	1.73	1.80
1991	Toronto, ON	Wanita Dykstra (ON)	1.80*	1.80
1992	Calgary, AB	Gabrielle Deshong (QC)	1.63	1.80
1993	Saskatoon, SK	Sabrina Burke (BC)	1.69	1.80
1994	Ottawa, ON	Sarah McDiarmid (BC)	1.68	1.80
1995	Winnipeg, MB	Paula Folkes (ON)	1.68	1.80
1996	Sherbrooke, QC	Whitney Evans (AB-NT)	1.73	1.80
1997	Mt. Pearl, NL	Tammy Mahon (MB/NWO)	1.71	1.80
1998	Prince George, BC	Olivia Smoody (BC)	1.71	1.80
1999	Sudbury, ON	Angela Anoliefoh (BC)	1.69	1.80
2000	Calgary, AB	Rachael Haegert (BC)	1.73	1.80
2001	Sherbrooke, QC	Stefanie Burch	1.70	1.80
2002	Sherbrooke, QC	Imola Major (ON)	1.63	1.80
2003	Kitchener/Waterloo, ON	Sheri Campbell (AB/NT)	1.66	1.80
2004	Sudbury, ON	Emily Sheppard (BC/Yukon)	1.70	1.80
2005	Edmonton, AB	Gabrielle Payne (BC/Yukon)	1.70	1.80
2006	Burnaby, BC	Gabrielle Payne (BC)	1.73	1.80
2007	Oromocto, NB	Emma Kimoto (BC)	1.65	1.80
2008	Sherbrooke, QC	Alyxandria Treasure (BC)	1.81*	1.81
2009	Sherbrooke, QC	Portia Ball (ON)	1.68	1.81
2010	Ottawa, ON	Emma Kikulis (Open)	1.66	1.81
2011	Ottawa, ON	Emma Kikulis (Open)	1.70	1.81
2012	Charlottetown, PE	Erin Katerberg	1.65	1.81
2013	Langley, BC	Erin Katerberg (Open)	1.66	1.81
2014	Langley, BC	Mikella Lefebvre (QC)	1.71	1.81
2015	Ste. Therese, QC	Mikella Lefebvre-Oatis (QC)	1.75	1.81
2016	Ste. Therese, QC	Alexa Porpaczy (BC)	1.69	1.81
2017	Brandon, MB	Alexa Porpaczy (BC)	1.75	1.81
2018	Brandon, MB	Madison Mayr (AB)	1.74	
		Autum Bigger (ON)	1.72	
		Lexi Kundlacz (ON)	1.66	
2019	Cape Breton, NS	Lara Denbow (Prairie Stor)	1.72	
		Jane Annika Jozin (ON)	1.68	
		Emma De Boer (BC)	1.66	



**MEDAL WINNERS
1975 – TO PRESENT**

2022	Sherbrooke, QC	Jennessa Wolfe (NS/NU) Arienne Birch (Unattached ON) Ava Neumann (Thorold Elite)	1.75 1.69 1.55	1.81
2023	Sherbrooke, QC	Natal Bannenberg (Univ of Toronto) Ola Akinfiresoye (SK) Rachel Maas (York University)	1.64 1.62 1.60	1.81
2024	Calgary, AB	Payton Heer (Kamloops Track & Field) Monifa Dwyer (York University) Alyssa Mathieson (AB/NWT) Victoria Vaughan (Laurel Creek)	1.64 1.62 1.62 1.60	1.81

HIGH JUMP – Boys Under 18

Year	Location of Camp	Athlete & Province	Height	Record
1975	Waterloo, ON	Zoltan Deak (QC)	2.10*	2.10
1976	Edmonton, AB	Laird McLean (ON)	1.93	2.10
1977	Oromocto, NB	Roger Albu (ON)	1.91	2.10
1978	Peace Garden, MB	Rick Vogel (AB-NT)	1.85	2.10
1979	St. John's, NL	Kirk Williams (NS)	1.90	2.10
1980	Saskatoon, SK	Alain Metullis (QC)	2.05	2.10
1981	Hamilton, ON	Alain Metullis (QC)	2.05	2.10
1982	Fredericton/Oromocto, NB	Alain Metullis (QC)	2.15*	2.15
1983	Ottawa, ON	Edrick Ling (ON)	2.05	2.15
1984	Halifax, NS	Mike Piecy (BC)	1.99	2.15
1985	Saskatoon, SK	Gabriel Quayson (ON)	2.05	2.15
1986	Sudbury, ON	Raymond Seguin (ON)	2.04	2.15
1987	Calgary, AB	Alex Zaliaoskas (ON)	1.93	2.15
1988	Quebec City, QC	Alex Zaliaoskas (ON)	2.05	2.15
1989	Victoria, BC	Charles LeFrancois (QC)	2.05	2.15
1990	Mount Pearl, NL	Tyler Weir (AB-NT)	2.07	2.15
1991	Toronto, ON	Jeffrey Begg (AB-NT)	1.99	2.15
1992	Calgary, AB	John Kannisiesser (BC)	1.92	2.15
1993	Saskatoon, SK	John Kannisiesser (BC)	2.02	2.15
1994	Ottawa, ON	Mark Boswell (ON)	2.10	2.15
1995	Winnipeg, MB	Peter Alexandre (QC)	2.02	2.15
1996	Sherbrooke, QC	Rohan French (ON)	1.86	2.15
1997	Mt. Pearl, NL	Trevor Phillips (ON)	2.06	2.15
1998	Prince George, BC	Greg Dingle (BC)	2.00	2.15
1999	Sudbury, ON	Cory Zaparyniuk (AB-NT)	1.96	2.15
2000	Calgary, AB	Drew White (ON)	1.99	2.15
2001	Sherbrooke, QC	Mark Pillon (ON)	2.10	2.15
2002	Sherbrooke, QC	Michael Mason (BC/Yukon)	2.00	2.15
2003	Kitchener/Waterloo, ON	Michael Mason (BC/Yukon)	2.05	2.15



**MEDAL WINNERS
1975 – TO PRESENT**

2004	Sudbury, ON	Leo Murray (BC/Yukon)	1.95	2.15
2005	Edmonton, AB	Brad Huey (ON)	1.92	2.15
2006	Burnaby, BC	Shawn Swartz (BC)	2.0	2.15
2007	Oromocto, NB	Jason Diston (ON)	2.05	2.15
2008	Sherbrooke, QC	Brandon Whilhem (ON)	2.06	2.15
2009	Sherbrooke, QC	Djanjo Lovett (BC)	2.07	2.15
2010	Ottawa, ON	Steven Olson (MB)	1.95	2.15
2011	Ottawa, ON	Tacum Anderson-Richards (ON)	2.01	2.15
2012	Charlottetown, PE	Philippe St-Hilaire (QC)	2.01	2.15
2013	Langley, BC	Paul Galas (Open)	2.10	2.15
2014	Langley, BC	Micah Peters (ON)	1.94	2.15
2015	Ste. Therese, QC	Jordon Fisher (QC)	1.99	2.15
2016	Ste. Therese, QC	Charlie Kambata (Calgary Spar)	2.02	2.15
2017	Brandon, MB	John Olukoju (Winnipeg Opt)	2.00	2.15
2018	Brandon, MB	Bazil Spencer (BC)	2.01	
		Aiden Grout (BC)	1.95	2.15
		Andreas Thome (AB)	1.92	
2019	Cape Breton, NS	Aiden Grout (BC) Liam Espedido (BC) Michael Ivanov (Niagara Olum)	2.01 1.91 1.88	2.15
2022	Sherbrooke, QC	Levi Tuura (BC) Éliot Tremblay (QC) Alec Brent (Burnaby)	2.01 1.95 1.90	2.15
2023	Sherbrooke, QC	Ashvi Balaramana (ON) (1st) Alec Brent (Vancouver Thunder) (1st) Caidyn Maver (Kajaks T.F.C.) (2 nd) Leupold Wang (BC/YT) (2 nd) Joel Rumph	2.01 2.01 1.95 1.95 1.93	2.15
2024	Calgary, AB	Corbin Unruh (Saskatoon Tf) Keegan Farrell (Unattached B) Joshua Thomas (Quinte Legion)	2.05 1.90 1.87	2.15

LONG JUMP – Girls Under 16

Year	Location of Camp	Athlete & Province	Distance	Record
1975	Waterloo, ON	Grace Rock (ON)	5.20*	5.20
1976	Edmonton, AB	Lori Chaki (AB-NT)	5.54*	5.54
1977	Oromocto, NB	Karen Lightbody (BC)	5.13	5.54
1978	Peace Garden, MB	Ali Nicole (ON)	5.36	5.54
1979	St. John's, NL	Sheila Ivan (ON)	5.02	5.54
1980	Saskatoon, SK	Charmaine Curvan (ON)	5.44	5.54



**MEDAL WINNERS
1975 – TO PRESENT**

1981	Hamilton, ON	Debbie Berger	5.14	5.54
1982	Fredericton/Oromocto, NB	France Gareau (ON)	5.05	5.54
1983	Ottawa, ON	Ruth Jones (QC)	5.49	5.54
1984	Halifax, NS	Stephanie Oland (MB/NWO)	5.03	5.54
1985	Saskatoon, SK	Kristen Fry (ON)	5.06	5.54
1986	Sudbury, ON	Marie-Josee Pepin (QC)	5.32	5.54
1987	Calgary, AB	Stephanie Adey (NL)	5.16	5.54
1988	Quebec City, QC	Sylvia Gaetan (QC)	5.27	5.54
1989	Victoria, BC	Kubet Weston (ON)	5.59*	5.59
1990	Mount Pearl, NL	Nathalie Belfort (QC)	5.22	5.59
1991	Toronto, ON	Gabrielle Deshong (QC)	5.15	5.59
1992	Calgary, AB	Veronica Dyer	5.69*	5.69
1993	Saskatoon, SK	Joni Matthews (AB-NT)	5.07	5.69
1994	Ottawa, ON	Stephany Reid (NB)	5.46	5.69
1995	Winnipeg, MB	Stephany Reid (NB)	5.84*	5.84
1996	Sherbrooke, QC	Jessica Zelinka (ON)	5.75	5.84
1997	Mt. Pearl, NL	Samantha Anderson AB-NT	5.45	5.84
1998	Prince George, BC	Darcelle McCutcheon (ON)	5.32	5.84
1999	Sudbury, ON	Janine Polischuk (SK)	5.59	5.84
2000	Calgary, AB	Sarah Nelson (ON)	5.61	5.84
2001	Sherbrooke, QC	Brittany Buchanan	5.39	5.84
2002	Sherbrooke, QC	Sherri Bourgon (SK)	5.33	5.84
2003	Kitchener/Waterloo, ON	Brianne Theisen (SK)	5.3	5.84
2004	Sudbury, ON	Adrienne Bethune (ON)	5.17	5.84
2005	Edmonton, AB	Alana Pattison (BC)	5.37	5.84
2006	Burnaby, BC	Christabel Nettey (BC)	6.02*	6.02
2007	Oromocto, NB	Katie Flemington (ON)	5.69	6.02
2008	Sherbrooke, QC	Alex Porlier-Langlois (QC)	5.19	6.02
2009	Sherbrooke, QC	Njideka Obioha (BC)	5.7	6.02
2010	Ottawa, ON	Christian Brennan (ON)	5.73	6.02
2011	Ottawa, ON	Magali Roche (QC)	5.61	6.02
2012	Charlottetown, PE	Magali Roche (QC)	5.85	6.02
2013	Langley, BC	Emma Rastad (Open)	5.61	6.02
2014	Langley, BC	Emma Rastad (BC)	5.50	6.02
2015	Ste. Therese, QC	Tatiana Aholou (QC)	5.88	6.02
2016	Ste. Therese, QC	Natalia Monroe (BC)	5.42	6.02
2017	Brandon, MB	Makesha Walker (QC)	5.64	6.02
2018	Brandon, MB	Laysha Tunti (BC) Jillian Catton (ON) Debra Adekayode (MB)	5.53 5.50 5.37	6.02
2019	Cape Breton, NS	Trinity Shadd Ceres (ON) Peace Omonzane (Flying Angel) Madeline Ruth Starr (QC)	5.62 5.59 5.49	6.02
2022	Sherbrooke, QC	Genevieve Mayville (York Univ.) Shiloh Cross (Flying Angel) Livia Bourgeois (Sherbrooke)	5.27 5.18 5.09	6.02



**MEDAL WINNERS
1975 – TO PRESENT**

2023	Sherbrooke, QC	Livia Bourgeois (QC) Brenda Charles (St-Jn Olympique) Eliza Okemakinde (AB/NWT) Bauer Gavel (SK)	5.34 5.26 5.26 5.16	6.02
2024	Calgary, AB	Elizabeth Okemakinde (AB/NWT) Amairah Gayle (ON) Isabella Mills (ON)	5.72 5.64 5.39	6.02

LONG JUMP – Boys Under 16

Year	Location of Camp	Athlete & Province	Distance	Record
1975	Waterloo, ON	Brian MacDonald (ON)	6.06*	6.06
1976	Edmonton, AB	Kelvin Tucker (BC)	5.66	6.06
1977	Oromocto, NB	Chris Brandy (ON)	6.02	6.06
1978	Peace Garden, MB	Chris Brandy (ON)	6.62*	6.62
1979	St. John's, NL	Enver Carolissen (ON)	5.74	6.62
1980	Saskatoon, SK	George Spakowsky (AB-NT)	6.26	6.62
1981	Hamilton, ON	Wayne Morris (ON)	6.03	6.62
1982	Fredericton/Oromocto, NB	Wayne Morris (ON)	6.33	6.62
1983	Ottawa, ON	Darin Wildman (SK)	6.08	6.62
1984	Halifax, NS	Scott Hennigar (NB)	5.83	6.62
1985	Saskatoon, SK	Jason Robinson (ON)	6.37	6.62
1986	Sudbury, ON	Alex Zaliauskas (ON)	6.44	6.62
1987	Calgary, AB	Brian Olliver (NB)	6.15	6.62
1988	Quebec City, QC	Ian Lowe (QC)	6.18	6.62
1989	Victoria, BC	Sourivanh Oudomseng (QC)	6.44	6.62
1990	Mount Pearl, NL	Rob Fox (ON)	6.12	6.62
1991	Toronto, ON	Peter Bienkowski (NS)	6.42	6.62
1992	Calgary, AB	Alexandre Dore (QC)	6.12	6.62
1993	Saskatoon, SK	B. Labelle (QC)	6.38	6.62
1994	Ottawa, ON	Philippe Gibbs (QC)	6.42	6.62
1995	Winnipeg, MB	Trevor Phillips (ON)	6.28	6.62
1996	Sherbrooke, QC	Elvin Frempong (ON)	6.56	6.62
1997	Mt. Pearl, NL	Sheldon Scott (ON)	6.14	6.62
1998	Prince George, BC	Mark Swanland (AB-NT)	6.31	6.62
1999	Sudbury, ON	Frederick Bouchard (QC)	6.47	6.62
2000	Calgary, AB	Mark Genert (SK)	6.10	6.62
2001	Sherbrooke, QC	Johnny Pierre	6.39	6.62
2002	Sherbrooke, QC	Stephen Lopez (ON)	6.16	6.62
2003	Kitchener/Waterloo, ON	Anthony Bernard (PEI)	6.22	6.62
2004	Sudbury, ON	Jeremy Yang (ON)	6.63*	6.63
2005	Edmonton, AB	Aloaye Momoh (QC)	6.14	6.63



**MEDAL WINNERS
1975 – TO PRESENT**

2006	Burnaby, BC	Ehia Adada (ON)	6.22	6.63
2007	Oromocto, NB	Jared Heldman (BC)	6.82*	6.82
2008	Sherbrooke, QC	Thomas Bednarik (ON)	6.59	6.82
2009	Sherbrooke, QC	Nicholas Fyffe (BC)	6.36	6.82
2010	Ottawa, ON	Sebastian Adugalski (BC)	6.43	6.82
2011	Ottawa, ON	Ahmad Nizamani (BC)	6.60	6.82
2012	Charlottetown, PE	Chad Elliott (Open)	6.49	6.82
2013	Langley, BC	Alexander Savage (Open)	6.66	6.82
2014	Langley, BC	Logan Panek (ON)	6.71	6.82
2015	Ste. Therese, QC	Joshua-Ada Vancol (QC)	6.41	6.82
2016	Ste. Therese, QC	Shaïdan Gabaud (QC)	6.78	6.82
2017	Brandon, MB	Marcus Renford (ON)	6.76	6.82
2018	Brandon, MB	Émerick Bayard-Fournier (QC) Jamar Nolan (ON) Nicholas Monro (BC)	6.81 6.69 6.67	6.82
2019	Cape Breton, NS	Émerick Bayard-Fournier (QC) Emanuel Goi (AB-NT) Stephen Davis (ON)	6.74 6.61 6.46	6.82
2022	Sherbrooke, QC	Sayanthan Arulrajan (United Tamil) Carter Myatt (NS/NU) Eshoi Ewers (MB/NWO)	6.52 6.48 6.46	6.82
2023	Sherbrooke, QC	Rylan Fugel (SK) Nicola Dinev (QC) Junior Nwosu (Eclipse T.F.)	6.62 6.61 6.51	6.82
2024	Calgary, AB	Samacki Thomas (ON) Leshawn Telfer (ON) Kyler Duclos (SK)	6.80 6.79 6.69	6.82

LONG JUMP – Girls Under 18

Year	Location of Camp	Athlete & Province	Distance	Record
1975	Waterloo, ON	No Event		
1976	Edmonton, AB	Cathy Krusch (AB-NT)	5.44*	5.44
1977	Oromocto, NB	Colleen Gibson (BC)	5.54*	5.54
1978	Peace Garden, MB	Karen Lightbody (BC)	5.58*	5.58
1979	St. John's, NL	Nicole Ali (ON)	5.62*	5.62
1980	Saskatoon, SK	Denise Fillion (ON)	5.43	5.62
1981	Hamilton, ON	Theresa DeJong (BC)	5.30	5.62
1982	Fredericton/Oromocto, NB	Chris Ignacz (ON)	5.51	5.62
1983	Ottawa, ON	Chris Ignacz (ON)	5.77*	5.77
1984	Halifax, NS	Ruth Jones (QC)	5.56	5.77
1985	Saskatoon, SK	Leslie Wilson (NS)	5.62	5.77
1986	Sudbury, ON	Christine Roberge (QC)	5.58	5.77
1987	Calgary, AB	Marie-Josée Pepin (QC)	5.72	5.77
1988	Quebec City, QC	Tracy Dulmage (SK)	5.77*	5.77



**MEDAL WINNERS
1975 – TO PRESENT**

1989	Victoria, BC	Marjorie Exantus (QC)	5.66	5.77
1990	Mount Pearl, NL	Anne Marie Lambert (SK)	5.48	5.77
1991	Toronto, ON	Caroline Vachon (QC)	5.62	5.77
1992	Calgary, AB	Trina Radske (ON)	5.41	5.77
1993	Saskatoon, SK	C. Gingras (QC)	5.72	5.77
1994	Ottawa, ON	Veronica Dyer (ON)	5.81*	5.81
1995	Winnipeg, MB	Monique Haan (ON)	5.47	5.81
1996	Sherbrooke, QC	Lisa Soron (SK)	5.60	5.81
1997	Mt. Pearl, NL	Stephany Reid (NB)	5.67	5.81
1998	Prince George, BC	Dani Ivanochko (SK)	5.55	5.81
1999	Sudbury, ON	Melanie Lachapelle (ON)	5.65	5.81
2000	Calgary, AB	Krysha Bayley (BC)	5.82*	5.82
2001	Sherbrooke, QC	Georgea Richards	5.50	5.82
2002	Sherbrooke, QC	Sarah Nelson (ON)	5.83*	5.83
2003	Kitchener/Waterloo, ON	Olivia Arkell (BC/Yukon)	4.96	5.83
2004	Sudbury, ON	Tara Common (MB)	5.28	5.83
2005	Edmonton, AB	Jaime Gitens (ON)	5.28	5.83
2006	Burnaby, BC	Jaime Gittens (ON)	5.41	5.83
2007	Oromocto, NB	Christabel Nettey (BC)	6.28*	6.28
2008	Sherbrooke, QC	Christabel Nettey (BC)	6.21	6.28
2009	Sherbrooke, QC	Rachel Romu (MB)	5.81	6.28
2010	Ottawa, ON	Rachel Romu (MB)	5.72	6.28
2011	Ottawa, ON	Emily Omahen (Open)	5.41	6.28
2012	Charlottetown, PE	Georgia Ellenwood (BC)	5.78	6.28
2013	Langley, BC	Diana Voloshin (BC)	5.56	6.28
2014	Langley, BC	Nina Schultz (BC)	5.82	6.28
2015	Ste. Therese, QC	Arielle Bykovskaia-Dominique (QC)	5.98	6.28
2016	Ste. Therese, QC	Natalia Monro (BC)	5.42	6.28
2017	Brandon, MB	Jasmine Lew (BC)	5.99	6.28
2018	Brandon, MB	Hayley Manners (ON) Busola Akinduro (ON) Madison Mayr (AB)	5.77 5.63 5.63	6.28
2019	Cape Breton, NS	Rofiat Agboola (MB) Deborah Adekayode (MB) Ionah Da Silveira (MB)	5.65 5.55 5.53	6.28
2022	Sherbrooke, QC	Asia Phillips (Flying Angel) Charlize Ostapowich (AB/NWT) Arriana Lawrence (MB/NOW)	5.74 5.54 5.40	6.28
2023	Sherbrooke, QC	Asia Phillips (Flying Angels) Addison Lauer (AB/NWT) El Steel-Douglas (Border City AC)	6.04 5.76 5.57	6.28
2024	Calgary, AB	Ella Steel-Douglas (Border City) Sofia Varma-Vitug (BC) Gabby Paterson (AB/NWT)	5.78 5.70 5.56	6.28



**MEDAL WINNERS
1975 – TO PRESENT**

LONG JUMP – Boys Under 18

Year	Location of Camp	Athlete & Province	Distance	Record
1975	Waterloo, ON	Ozzie Sargeant (ON)	6.67*	6.67
1976	Edmonton, AB	Greg Campbell (ON)	6.45	6.67
1977	Oromocto, NB	Robert Albu (ON)	6.45	6.67
1978	Peace Garden, MB	Doug Hume (BC)	6.07	6.67
1979	St. John's, NL	Ian James (ON)	6.67	6.67
1980	Saskatoon, SK	Andre Metivier (ON)	6.85*	6.85
1981	Hamilton, ON	Mike Galasso (ON)	6.42	6.85
1982	Fredericton/Oromocto, NB	Anthony Miglietta (ON)	7.14*	7.14
1983	Ottawa, ON	Rickey Miles (NB)	6.99	7.14
1984	Halifax, NS	Mike Smith (MB/NWO)	7.10	7.14
1985	Saskatoon, SK	Scott Henninger (NS)	6.66	7.14
1986	Sudbury, ON	Junior Donalds (ON)	6.83	7.14
1987	Calgary, AB	Errol Brown (SK)	6.48	7.14
1988	Quebec City, QC	Luke Meyer (BC)	6.79	7.14
1989	Victoria, BC	Sam Davis (ON)	6.76	7.14
1990	Mount Pearl, NL	Sam Davis (ON)	6.86	7.14
1991	Toronto, ON	Martin Proulx (QC)	6.94	7.14
1992	Calgary, AB	Mike Hume (NB)	6.68	7.14
1993	Saskatoon, SK	Wilson St-Jean (QC)	6.98	7.14
1994	Ottawa, ON	Shane Niemi (BC)	7.25*	7.25
1995	Winnipeg, MB	Peter Alexandre (QC)	6.90	7.25
1996	Sherbrooke, QC	Shawn Peters (SK)	7.07	7.25
1997	Mt. Pearl, NL	Julien Sicuro-Vigeant (QC)	6.68	7.25
1998	Prince George, BC	Michael Mensah (BC)	7.16	7.25
1999	Sudbury, ON	Mark Ramos (BC)	6.96	7.25
2000	Calgary, AB	Steve Cove (ON)	6.92	7.25
2001	Sherbrooke, QC	Frederick Bouchard (PQ)	6.54	7.25
2002	Sherbrooke, QC	Marc Noble (BC/Yukon)	6.52	7.25
2003	Kitchener/Waterloo, ON	Alex Gaudet (AB/NT)	6.49	7.25
2004	Sudbury, ON	Alexandre Gelinas (QC)	6.69	7.25
2005	Edmonton, AB	Nathan Labbe (MB/NWO)	6.67	7.25
2006	Burnaby, BC	Jeremy Yang (ON)	6.9	7.25
2007	Oromocto, NB	Kadeem Douglas	6.44	7.25
2008	Sherbrooke, QC	Taylor Stewart (ON)	7.15	7.25
2009	Sherbrooke, QC	Jeremy Thibodeau (Open)	6.80	7.25
2010	Ottawa, ON	Mitch O'Donnell (Open)	6.86	7.25
2011	Ottawa, ON	Tacum Anderson-Richards (ON)	6.73	7.25
2012	Charlottetown, PE	Tacum Anderson-Richards (ON)	7.23	7.25
2013	Langley, BC	Andrew De Visser (Open)	6.81	7.25
2014	Langley, BC	Keysean Powell (ON)	6.99	7.25
2015	Ste. Therese, QC	Ivan Nyemeck (QC)	7.02	7.25
2016	Ste. Therese, QC	Adam Lee (Speed River)	6.89	7.25



**MEDAL WINNERS
1975 – TO PRESENT**

2017	Brandon, MB	Shahmir Khan (ON)	7.07	7.25
2018	Brandon, MB	Ryan Pederson (BC) Shaïdan Gabaud (QC) Nick Bealieu (NS/NV)	6.93 6.73 6.71	7.25
2019	Cape Breton, NS	Solomon Arase (Etobicoke Tr) Kenneth West (Flying Angel) Emanuel Désilets (QC)	6.89 6.80 6.78	7.25
2022	Sherbrooke, QC	Clarence Cheung (BC) Boyce Jr Mua Tegha (Kilomaitres) Tooni Ogunyeye (Flying Angel)	6.84 6.71 6.65	7.25
2023	Sherbrooke, QC	Isaiah Baker (AB/NWT) Timeo Atonfo (Ottawa Lions T.F.C.) Sayant Arulrajan (United Tamil SC)	7.12 6.89 6.79	7.25
2024	Calgary, AB	Alesandro Williams-Cardoso (AB/NWT) Jeshua Barnes (ON) Carter Myatt (NS/NU)	7.14 6.88 6.78	7.25

SHOT PUT – Girls Under 16

Year	Location of Camp	Athlete & Province	Distance	Record
1975	Waterloo, ON	Brenda Wright (ON)	9.38*	9.38
1976	Edmonton, AB	Connie Polmantuin (BC)	10.07*	10.07
1977	Oromocto, NB	Connie Polmantuin (BC)	10.29*	10.29
1978	Peace Garden, MB	Denise Hebert (ON)	9.65	10.29
1979	St. John's, NL	Karen Bartnick (ON)	10.00	10.29
1980	Saskatoon, SK	Joanne Rothery (ON)	9.44	10.29
1981	Hamilton, ON	Lisa Dunk (ON)	9.46	10.29
1982	Fredericton/Oromocto, NB	Paula Conroy (ON)	10.08	10.29
1983	Ottawa, ON	Michelle Brotherton (ON)	11.12*	11.12
1984	Halifax, NS	Tracey Genest (SK)	10.21	11.12
1985	Saskatoon, SK	Susanne Dandenault MB/NWO	11.90*	11.90
1986	Sudbury, ON	Julie Elders (ON)	11.28	11.90
1987	Calgary, AB	Julie Villeneuve (QC)	10.78	11.90
1988	Quebec City, QC	Sara Walliser (ON)	10.56	11.90
1989	Victoria, BC	Binkie Sparboom (ON)	11.59	11.90
1990	Mount Pearl, NL	Jodi McIntyre (ON)	10.14	11.90
1991	Toronto, ON	Michelle Fournier (QC)	10.71	11.90
1992	Calgary, AB	Tina McDonald (ON)	12.06*	12.06
1993	Saskatoon, SK	Nicole Chimko (AB-NT)	10.97	12.06
1994	Ottawa, ON	Mary Lisle (ON)	11.31	12.06
1995	Winnipeg, MB	Crystal Young (AB-NT)	10.35	12.06
1996	Sherbrooke, QC	Laura Evans (ON)	10.30	12.06
1997	Mt. Pearl, NL	Naomi Dubourt (SK)	11.14	12.06



**MEDAL WINNERS
1975 – TO PRESENT**

Year	Location of Camp	Athlete & Province	Distance	Record
1998	Prince George, BC	Naomi Dubourt (SK)	10.26	12.06
1999	Sudbury, ON	Sulatana BeveridgeFrizel(ON)	12.39*	12.39
2000	Calgary, AB	Meghan Weaver (ON)	10.87	12.39
2001	Sherbrooke, QC	Christine Richard (NB)	10.35	12.39
2002	Sherbrooke, QC	Lydia Rousseau (QC)	10.30	12.39
2003	Kitchener/Waterloo, ON	Kaitlyn Andrews (ON)	10.97	12.39
2004	Sudbury, ON	Isabelle Boudreau (QC)	10.47	12.39
2005	Edmonton, AB	Taryn Suttie (SK)	12.33	12.39
2006	Burnaby, BC	Jesica Pilling	12.62*	12.62
2007	Oromocto, NB	Katie Klodnicki (ON)	11.62	12.62
2008	Sherbrooke, QC	Leah Walkeden (AB)	12.38	12.62
2009	Sherbrooke, QC	Sarah Moss (ON)	13.72*	13.72
2010	Ottawa, ON	Nicole Horneman (Open)	12.78	13.72
2011	Ottawa, ON	Avneet Nijjar (BC)	12.59	13.72
2012	Charlottetown, PE	Reagan Fedak (SK)	11.72	13.72
2013	Langley, BC	Grace Tenant (ON)	12.18	13.72
2014	Langley, BC	Taylor Heald (MB/NOW)	14.48*	14.48
2015	Ste. Therese, QC	Trinity Tutti (ON)	16.45*	16.45
2016	Ste. Therese, QC	Dolly Gabri (BC)	14.22	16.45
2017	Brandon, MB	Vanessa Ayers (QC)	13.12	16.45
2018	Brandon, MB	Anne-Marie Gagnon (QC) Alexa Windle (ON) Keighan Decoff (NS/NV)	12.92 12.78 12.10	16.45
2019	Cape Breton, NS	Rose Forshaw (ON) Harley Martin (ON) Martina De Buglio (Project Athl)	12.13 11.97 11.85	16.45
2022	Sherbrooke, QC	Jenna Tunks (London Western) Audrée LeBlanc (NB) Talia Phangura	13.46 12.88 12.66	16.45
2023	Sherbrooke, QC	Talia Phangura, (Unattached BC) Jenna Tunks (ON) Ademide Adewumi (SK)	14.84 13.35 13.12	16.45
2024	Calgary, AB	Jenna Tunks (ON) Laila Sandhu (BC) Claire Gromack (NB)	14.47 13.15 12.18	16.45

SHOT PUT – Boys Under 16

Year	Location of Camp	Athlete & Province	Distance	Record
1975	Waterloo, ON	Dave Gould (NB)	14.40*	14.40
1976	Edmonton, AB	Jeff Liddle (ON)	14.79*	14.79
1977	Oromocto, NB	Greg Chajkowski (ON)	13.15	14.79
1978	Peace Garden, MB	Paul Gauthier (ON)	14.73	14.79
1979	St. John's, NL	Tim Ayiotis (ON)	12.65	14.79



**MEDAL WINNERS
1975 – TO PRESENT**

1980	Saskatoon, SK	Ron Rempel (ON)	13.07	14.79
1981	Hamilton, ON	Tom Martin (ON)	13.69	14.79
1982	Fredericton/Oromocto, NB	Paul Peters (ON)	13.66	14.79
1983	Ottawa, ON	Myles Tabin (SK)	15.72*	15.72
1984	Halifax, NS	Harry MacDonald (ON)	15.17	15.72
1985	Saskatoon, SK	Chris Smith (NS)	15.90*	15.90
1986	Sudbury, ON	John Janusson (AB-NT)	15.02	15.90
1987	Calgary, AB	Chris Lancaster (ON)	15.84	15.90
1988	Quebec City, QC	Chad Moreau (ON)	15.09	15.90
1989	Victoria, BC	Andre LaRose (QC)	15.24	15.90
1990	Mount Pearl, NL	Greg Jack (ON)	16.74*	16.74
1991	Toronto, ON	Wilf Emberley (NL)	14.79	16.74
1992	Calgary, AB	Greg Heubner (ON)	16.03	16.74
1993	Saskatoon, SK	Shawn Cormier (ON)	17.75*	17.75
1994	Ottawa, ON	Greg Major (ON)	14.55	17.75
1995	Winnipeg, MB	Remi Comeau (NB)	15.62	17.75
1996	Sherbrooke, QC	Andre Boudreau (NS)	15.90	17.75
1997	Mt. Pearl, NL	Matt Murdock (ON)	16.11	17.75
1998	Prince George, BC	Nicolas Theriault (NB)	15.36	17.75
1999	Sudbury, ON	Chris Kargel (ON)	13.95	17.75
2000	Calgary, AB	Kyle Helf (ON)	17.34	17.75
2001	Sherbrooke, QC	Kyle Helf (ON)	19.02*	19.02
2002	Sherbrooke, QC	Zac Livingston (ON)	15.22	19.02
2003	Kitchener/Waterloo, ON	Justin Greif (SK)	15.75	19.02
2004	Sudbury, ON	Christopher Houde (QC)	16.63	19.02
2005	Edmonton, AB	Angus Taylor (BC/Yukon)	16.11	19.02
2006	Burnaby, BC	Drew Welch (ON)	16.49	19.02
2007	Oromocto, NB	Stefan Palios (ON)	15.97	19.02
2008	Sherbrooke, QC	Jordan Young (ON)	16.72	19.02
2009	Sherbrooke, QC	Simon Beaulieu (QC)	15.71	19.02
2010	Ottawa, ON	Sebastian Colmor (QC)	15.32	19.02
2011	Ottawa, ON	Benjamin Ingvaldson (BC)	15.92	19.02
2012	Charlottetown, PE	Joseph Maxwell (ON)	19.24*	19.24
2013	Langley, BC	Joseph Maxwell (ON)	19.66*	19.66
2014	Langley, BC	Foster Beaton (Open)	15.96	19.66
2015	Ste. Therese, QC	Theodore Knowles-Manningway (MB)	15.39	19.66
2016	Ste. Therese, QC	Jarrett Chong (BC)	16.56	19.66
2017	Brandon, MB	Ryan Jacklin (ON)	16.09	19.66
2018	Brandon, MB	Michael Ogbeiji (BC)	16.22	
		Arthur Stanat (ON)	15.02	19.66
		Charanjit Nijar (BC)	14.79	
2019	Cape Breton, NS	Michael Ogbeiji (BC)	17.47	
		Kai Hussein (BC)	16.81	19.66
		Mathew Uliana (Vancouver TH)	15.83	



MEDAL WINNERS
1975 – TO PRESENT

2022	Sherbrooke, QC	AaKaash Prabu (United Tamil) Philippe Glaude (QC) Aidan Crawford (Quinte Front)	14.13 13.89 13.45	19.66
2023	Sherbrooke, QC	Isaac Annoh (MN/NOW) Gursher Gabri (Unattached BC) Eghosa Ehigiator (Project Athletic)	16.13 15.70 15.19	19.66
2024	Calgary, AB	Gursher Gabri (BC) Ryker Durning (NS) Dylan Reddy (NB)	17.22 14.25 13.45	19.66

SHOT PUT – Girls Under 18

Year	Location of Camp	Athlete & Province	Distance	Record
1975	Waterloo, ON	Lana Grantham (AB-NT)	12.61*	12.61
1976	Edmonton, AB	Lorrie Kokkla (ON)	11.18	12.61
1977	Oromocto, NB	Cindy Crapper (ON)	11.66	12.61
1978	Peace Garden, MB	Liz Polyak (ON)	11.13	12.61
1979	St. John's, NL	Liz Polyak (ON)	11.52	12.61
1980	Saskatoon, SK	Liz Polyak (ON)	12.57	12.61
1981	Hamilton, ON	Joanne Rothery (ON)	12.88*	12.88
1982	Fredericton/Oromocto, NB	Joanne Rothery (ON)	12.86	12.88
1983	Ottawa, ON	Suzanne Pecht (AB-NT)	12.75	12.88
1984	Halifax, NS	Michelle Brotherton (ON)	12.48	12.88
1985	Saskatoon, SK	Joanne Berthlot (ON)	11.88	12.88
1986	Sudbury, ON	Suzanne Dandeneault MB/NWO	11.41	12.88
1987	Calgary, AB	Suzanne Dandeneault MB/NWO	12.48	12.88
1988	Quebec City, QC	Nana Kwabi (ON)	11.44	12.88
1989	Victoria, BC	Irene Oeffling (ON)	11.75	12.88
1990	Mount Pearl, NL	Binky Sparboom (ON)	11.96	12.88
1991	Toronto, ON	Binky Sparboom (ON)	11.84	12.88
1992	Calgary, AB	Valerie St. Laurent (QC)	12.54	12.88
1993	Saskatoon, SK	Valerie St. Laurent (QC)	11.64	12.88
1994	Ottawa, ON	Michelle Fournier (QC)	13.10*	13.10
1995	Winnipeg, MB	Mary Lisle (ON)	11.53	13.10
1996	Sherbrooke, QC	Siew-Peng Tan (AB-NT)	10.67	13.10
1997	Mt. Pearl, NL	Nathalie Thenor (QC)	12.20	13.10
1998	Prince George, BC	Nathalie Thenor (QC)	12.78	13.10
1999	Sudbury, ON	Kate Forbes (NS)	10.87	13.10
2000	Calgary, AB	Sultana Frizell (ON)	13.17*	13.17
2001	Sherbrooke, QC	Sultana Frizell (ON)	13.33*	13.33
2002	Sherbrooke, QC	Megan Weaver (ON)	11.93	13.33
2003	Kitchener/Waterloo, ON	Olivia Arkell (BC/Yukon)	9.30	13.33
2004	Sudbury, ON	Kaitlyn Andrews (ON)	13.02	13.33



MEDAL WINNERS
1975 – TO PRESENT

2005	Edmonton, AB	Kaitlyn Andrews (ON)	13.19	13.33
2006	Burnaby, BC	Chelsa Revoy (SK)	12.53	13.33
2007	Oromocto, NB	Julie Labonte (QC)	13.95*	13.95
2008	Sherbrooke, QC	Chelsea Whalen (NS)	13.01	13.95
2009	Sherbrooke, QC	Chelsea Whalen (NS)	12.85	13.95
2010	Ottawa, ON	Rayann Chin (ON)	12.82	13.95
2011	Ottawa, ON	Kayla Gallagher (NS)	12.35	13.95
2012	Charlottetown, PE	Agnes Eßer (BC)	15.09*	15.09
2013	Langley, BC	Obeng Marfo (Open)	15.03	15.09
2014	Langley, BC	Emily Good (Open)	13.36	15.09
2015	Ste. Therese, QC	Rebecca Herman (ON)	14.85	15.09
2016	Ste. Therese, QC	Trinity Tutti (ON)	15.87*	15.87
2017	Brandon, MB	Trinity Tutti (ON)	17.05*	17.05
2018	Brandon, MB	Dolly Gabri (BC) Michelle Dadson (BC) Nicole Kramchynsky (SK)	14.54 14.03 13.97	17.05
2019	Cape Breton, NS	Keighan Decoff (NS/NV) Michelle Dadson (BC) Alexandria Webb (ON)	14.96 14.95 14.66	17.05
2022	Sherbrooke, QC	Julia Tunks (London Western) Dayley Reimer (AB/NWT) Lauren Thistle (NS/NU)	15.70 13.05 12.82	17.05
2023	Sherbrooke, QC	Julia Tunks (London Western) Jenae Francis (Project Athletic) Ashley Morrow (MN/NOW)	15.83 14.16 13.47	17.05
2024	Calgary, AB	Talia Phangura (Unattached B) Audrée LeBlanc (A.S.E.A.) Brooke Bentley (London Western)	15.58 14.75 13.83	17.05

SHOT PUT – Boys Under 18

Year	Location of Camp	Athlete & Province	Distance	Record
1975	Waterloo, ON	Larry Tron (AB-NT)	16.47*	16.47
1976	Edmonton, AB	Larry Tron (AB-NT)	18.64*	18.64
1977	Oromocto, NB	John Neilson (ON)	18.65*	18.65
1978	Peace Garden, MB	Bill McQuarrie (NS)	15.41	18.65
1979	St. John's, NL	Michael Spiritoso (ON)	17.47	18.65
1980	Saskatoon, SK	Dave Watkins (ON)	17.24	18.65
1981	Hamilton, ON	Jeff Watson (ON)	17.28	18.65
1982	Fredericton/Oromocto, NB	Jeff Watson (ON)	15.20	18.65
1983	Ottawa, ON	Robert Bradley (BC)	15.41	18.65
1984	Halifax, NS	Delore Lakusta (BC)	16.99	18.65
1985	Saskatoon, SK	Chris Brown (ON)	14.71	18.65



**MEDAL WINNERS
1975 – TO PRESENT**

1986	Sudbury, ON	Michel Marquette (QC)	14.91	18.65
1987	Calgary, AB	Bill Bailey (ON)	15.06	18.65
1988	Quebec City, QC	Chris Lancaster (ON)	15.22	18.65
1989	Victoria, BC	Chad Moreau (ON)	14.69	18.65
1990	Mount Pearl, NL	Chad Moreau (ON)	15.25	18.65
1991	Toronto, ON	Robert Nurse (NS)	15.39	18.65
1992	Calgary, AB	Jason Tunks (ON)	17.25	18.65
1993	Saskatoon, SK	Brad Snyder (ON)	16.01	18.65
1994	Ottawa, ON	Shawn Cormier (ON)	16.04	18.65
1995	Winnipeg, MB	Shawn Cormier (ON)	17.09	18.65
1996	Sherbrooke, QC	Cory Trudeau (ON)	15.46	18.65
1997	Mt. Pearl, NL	Fraser Clarke (ON)	16.77	18.65
1998	Prince George, BC	Dylan Armstrong (BC)	16.85	18.65
1999	Sudbury, ON	Matt Murdock (ON)	15.81	18.65
2000	Calgary, AB	Jeff Wallis (BC)	16.32	18.65
2001	Sherbrooke, QC	Dave Adamek (ON)	16.08	18.65
2002	Sherbrooke, QC	Kyle Helf (ON)	18.92*	18.92
2003	Kitchener/Waterloo, ON	Olivier Boulva (QC)	12.87	18.92
2004	Sudbury, ON	John Bender (AB/NT)	16.31	18.92
2005	Edmonton, AB	Justin Greif (SK)	16.90	18.92
2006	Burnaby, BC	Tim Nedow (ON)	17.15	18.92
2007	Oromocto, NB	Tim Nedow (ON)	18.76	18.92
2008	Sherbrooke, QC	Tom Wilcox (BC)	16.52	18.92
2009	Sherbrooke, QC	Stefan Palios (ON)	16.97	18.92
2010	Ottawa, ON	Jordan Young (Open)	17.96	18.92
2011	Ottawa, ON	Brandon Deslauriers (Open)	18.55	18.92
2012	Charlottetown, PE	Eli Pawliw (ON)	16.99	18.92
2013	Langley, BC	Benjamin Ingvaldson (BC)	16.15	18.92
2014	Langley, BC	Joseph Maxwell (ON)	19.52*	19.52
2015	Ste. Therese, QC	Fletcher Smith (ON)	16.53	19.52
2016	Ste. Therese, QC	Spence Vanderlaan (U Windsor)	16.19	19.52
2017	Brandon, MB	Cole Belkwell (ON)	17.18	19.52
2018	Brandon, MB	Lucas Woodhall (ON)	19.34	
		Jarret Chong (BC)	17.59	19.52
		Ryan Jacklin (ON)	17.10	
2019	Cape Breton, NS	Ryan Jacklin (ON)	19.34	
		Jordan Gluck (ON)	18.56	19.52
		Arthur Stanat (St Thomas Le)	14.67	
2022	Sherbrooke, QC	Jake McEachern (AB/NWT)	16.09	
		Rylan Murphy (NS/NU)	15.65	19.52
		Caleb Grover (Thorold Elite)	15.05	
2023	Sherbrooke, QC	Kenzo Miller (Eclipse T.F.)	15.15	
		Owen Miniihan (Celtic Athletics)	14.24	19.52
		Brydon Mitchell (Univ of Windsor)	13.97	



**MEDAL WINNERS
1975 – TO PRESENT**

2024	Calgary, AB	Luke Herring (Hamilton Oly) Owen Robins (ON) Uthman Oladejobi (Project Athletics)	17.16 17.03 16.80	19.52
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DISCUSS – Girls Under 16

Year	Location of Camp	Athlete & Province	Distance	Record
1975	Waterloo, ON	Sylvie Brouillette (QC)	31.62*	31.62
1976	Edmonton, AB	Cindy Crapper (ON)	30.56	31.62
1977	Oromocto, NB	Jennifer Jefferson (AB-NT)	36.83*	36.83
1978	Peace Garden, MB	Denise Hebert (ON)	34.68	36.83
1979	St. John's, NL	Diana Prosser (NB)	25.90	36.83
1980	Saskatoon, SK	Shannon Kekula (SK)	28.90	36.83
1981	Hamilton, ON	Bev Deal (NS)	29.10	36.83
1982	Fredericton/Oromocto, NB	Bev Deal (NS)	31.74	36.83
1983	Ottawa, ON	Jo-Anne Berthelot	35.48	36.83
1984	Halifax, NS	Tracy Genest (SK)	31.28	36.83
1985	Saskatoon, SK	Susanne Dandenault M/NWO	31.40	36.83
1986	Sudbury, ON	Karen Johnstone (SK)	32.70	36.83
1987	Calgary, AB	Wendy Phillips (NB)	32.20	36.83
1988	Quebec City, QC	Sherri Leonard (SK)	33.88	36.83
1989	Victoria, BC	Sherri Leonard (SK)	34.80	36.83
1990	Mount Pearl, NL	Karine Boivin (QC)	31.40	36.83
1991	Toronto, ON	Michelle Fournier (QC)	34.64	36.83
1992	Calgary, AB	Michelle Fournier (QC)	37.94*	37.94
1993	Saskatoon, SK	Nicole Chimko (AB-NT)	37.52	37.94
1994	Ottawa, ON	Marie-Josee Le Jour (QC)	35.12	37.94
1995	Winnipeg, MB	Meredith Popp (ON)	31.90	37.94
1996	Sherbrooke, QC	Emilie Rochefort (QC)	32.20	37.94
1997	Mt. Pearl, NL	Cynthia Penner (MB/NWO)	28.18	37.94
1998	Prince George, BC	Kate Johnston (ON)	31.09	37.94
1999	Sudbury, ON	Sulatana BeveridgeFrizel(ON)	34.02	37.94
2000	Calgary, AB	Meghan Weaver (ON)	35.33	37.94
2001	Sherbrooke, QC	Marie-Eve Boiselle (QC)	35.15	37.94
2002	Sherbrooke, QC	Holly Maskell (ON)	31.42	37.94
2003	Kitchener/Waterloo, ON	Kaitlyn Andrews (ON)	36.00	37.94
2004	Sudbury, ON	Isabelle Boudreau (QC)	37.29	37.94
2005	Edmonton, AB	Laura Macauley (BC)	37.59	37.94
2006	Burnaby, BC	Quinn Erickson (BC)	34.97	37.94
2007	Oromocto, NB	Katie Klodnicki (ON)	37.03	37.94
2008	Sherbrooke, QC	Rayan Chin (ON)	37.00	37.94
2009	Sherbrooke, QC	Sarah Moss (ON)	39.01*	39.01
2010	Ottawa, ON	Asianna Covington (BC)	35.57	39.01



**MEDAL WINNERS
1975 – TO PRESENT**

2011	Ottawa, ON	Taylor Stutley (NS)	39.05*	39.05
2012	Charlottetown, PE	Brittni Wolcyzk (BC)	35.92	39.05
2013	Langley, BC	Grace Tenant (ON)	39.23*	39.23
2014	Langley, BC	Valerie Wideski (BC)	39.80*	39.80
2015	Ste. Therese, QC	Trinity Tutti (ON)	46.01*	46.01
2016	Ste. Therese, QC	Dolly Gabri (BC)	44.80	46.01
2017	Brandon, MB	Michelle Dadson (BC)	35.18	46.01
2018	Brandon, MB	Jinaye Shomachuk (AB)	39.27	
		Alexa Windle (ON)	39.24	46.01
		Keighan Decoff (NS/NV)	36.24	
2019	Cape Breton, NS	Jessie Buck (ON)	42.34	
		Camille Desjardins (QC)	35.08	46.01
		Rose Forshaw (ON)	32.34	
2022	Sherbrooke, QC	Jenna Tunks (London Western)	38.81	
		Coco Van Nynatten (Throld Elite)	37.07	46.01
		Emma Negri (Windsor)	35.61	
2023	Sherbrooke, QC	Jenna Tunks (ON)	43.70	
		Talia Phangura (Unattached BC)	33.50	46.01
		Emma Negri (ON)	33.21	
2024	Calgary, AB	Jenna Tunks (ON)	44.85	
		Adalee Turland (ON)	34.80	46.01
		Olivia Dyrland (SK)	29.90	

DISCUS – Boys Under 16

Year	Location of Camp	Athlete & Province	Distance	Record
1975	Waterloo, ON	D. Mafturak (ON)	38.87*	38.87
1976	Edmonton, AB	Jeff Liddle (ON)	45.98*	45.98
1977	Oromocto, NB	Gary Stasuk (BC)	45.14	45.98
1978	Peace Garden, MB	Ron Lussier (QC)	47.56*	47.56
1979	St. John's, NL	Art Sartori (ON)	41.74	47.56
1980	Saskatoon, SK	Ron Rempel (ON)	38.10	47.56
1981	Hamilton, ON	Larry Donaldson (ON)	38.88	47.56
1982	Fredericton/Oromocto, NB	Doug MacKenzie (MB/NWO)	44.90	47.56
1983	Ottawa, ON	Mike O'Connor (AB-NT)	46.34	47.56
1984	Halifax, NS	Scott Robinson (NB)	50.24*	50.24
1985	Saskatoon, SK	Lee Andrews (AB-NT)	47.62	50.24
1986	Sudbury, ON	Travis Braid (SK)	43.14	50.24
1987	Calgary, AB	Erick Guy (QC)	53.58*	53.58
1988	Quebec City, QC	Carlo Gionet (NB)	47.36	53.58
1989	Victoria, BC	Chris Watson (AB-NT)	45.56	53.58
1990	Mount Pearl, NL	Greg Jack (ON)	52.60	53.58
1991	Toronto, ON	Simon Riedl (QC)	43.54	53.58
1992	Calgary, AB	Darcy Gnyra (AB-NT)	47.22	53.58
1993	Saskatoon, SK	Ryan Adams (NS)	42.84	53.58



**MEDAL WINNERS
1975 – TO PRESENT**

Year	Location of Camp	Athlete & Province	Distance	Record
1994	Ottawa, ON	Murray Heber (AB-NT)	48.68	53.58
1995	Winnipeg, MB	Darren Negri (ON)	49.62	53.58
1996	Sherbrooke, QC	Brian MacPhee (ON)	53.98*	53.98
1997	Mt. Pearl, NL	Trevor Snyder (ON)	51.28	53.98
1998	Prince George, BC	Jonathan Doucette (NS)	46.94	53.98
1999	Sudbury, ON	Kyle Helf (ON)	43.81	53.98
2000	Calgary, AB	Kyle Helf (ON)	51.44	53.98
2001	Sherbrooke, QC	Kyle Helf (ON)	58.70*	58.70
2002	Sherbrooke, QC	Zac Livingston (ON)	49.34	58.70
2003	Kitchener/Waterloo, ON	Justin Greif (SK)	54.57	58.70
2004	Sudbury, ON	Trey Henderson (BC/Yukon)	48.53	58.70
2005	Edmonton, AB	Angus Taylor (BC/Yukon)	53.75	58.70
2006	Burnaby, BC	Aleandre Gagne (QC)	52.60	58.70
2007	Oromocto, NB	Delling Ingvaldson (BC)	57.44	58.70
2008	Sherbrooke, QC	Jordan Young (ON)	50.59	58.70
2009	Sherbrooke, QC	Simon Beaulieu (QC)	51.89	58.70
2010	Ottawa, ON	Darby Charkavi (ON)	50.90	58.70
2011	Ottawa, ON	Aaron Stroda (BC)	56.63	58.70
2012	Charlottetown, PE	Drew Erskine (NS)	48.51	58.70
2013	Langley, BC	Joseph Maxwell (ON)	63.22*	63.22
2014	Langley, BC	Josh Bell (NS)	52.30	63.22
2015	Ste. Therese, QC	Cole Belkwell (Open)	47.11	63.22
2016	Ste. Therese, QC	Lucas Woodhall (ON)	48.85	63.22
2017	Brandon, MB	Parker Swain (NS/NU)	56.14	63.22
2018	Brandon, MB	Kyle Novak (MB) Matthew Uliana (BC) Michael Ogbeivi (BC)	54.00 51.36 48.47	63.22
2019	Cape Breton, NS	Michael Ogbeivi (BC) Nathan Casanova (ON) Mathew Uliana (Vancouver TH)	58.03 56.59 55.06	63.22
2022	Sherbrooke, QC	Max Minihan (NS/NU) Louis-David Gagnon Owen Miloje (Stratford)	47.66 45.60 45.15	63.22
2023	Sherbrooke, QC	Gursher Gabri (Unattached BC) Max Minihan (Celtic Athletics) Calder Johnston (Excel Athletika)	48.69 47.88 47.14	63.22
2024	Calgary, AB	Gursher Gabri (BC) Raine Bradley (North Bay Legion) Ryker Durning (NS/NU)	56.08 54.10 51.87	63.22

DISCUS – Girls Under 18

Year	Location of Camp	Athlete & Province	Distance	Record
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**MEDAL WINNERS
1975 – TO PRESENT**

1975	Waterloo, ON	Lana Grantham (AB-NT)	38.23*	38.23
1976	Edmonton, AB	Betty Anderson (AB-NT)	36.26	38.23
1977	Oromocto, NB	Cindy Crapper (ON)	36.24	38.23
1978	Peace Garden, MB	Liz Polyak (ON)	37.26	38.23
1979	St. John's, NL	Liz Polyak (ON)	38.66*	38.66
1980	Saskatoon, SK	Liz Polyak (ON)	42.70*	42.70
1981	Hamilton, ON	Darlene Chitaroni (ON)	35.96	42.70
1982	Fredericton/Oromocto, NB	Ornella Cavisin (ON)	40.36	42.70
1983	Ottawa, ON	Shannon Kerola (SK)	41.66	42.70
1984	Halifax, NS	Michelle Brotherton (ON)	41.12	42.70
1985	Saskatoon, SK	Joanne Berthlot (ON)	35.90	42.70
1986	Sudbury, ON	Susanne Dandenault M/NWO	39.26	42.70
1987	Calgary, AB	Susanne Dandenault M/NWO	38.08	42.70
1988	Quebec City, QC	Karen Johnstone (SK)	36.92	42.70
1989	Victoria, BC	Gladys Nortey (MB/NWO)	36.66	42.70
1990	Mount Pearl, NL	Signi MacNeil (BC)	38.32	42.70
1991	Toronto, ON	Chellae Palmer (BC)	38.50	42.70
1992	Calgary, AB	Sami Jo Small (MB/NWO)	39.66	42.70
1993	Saskatoon, SK	Julie Lisle (ON)	36.00	42.70
1994	Ottawa, ON	Julie Lisle (ON)	40.98	42.70
1995	Winnipeg, MB	Sarah Fletcher (ON)	40.44	42.70
1996	Sherbrooke, QC	Marie-Josee Lejour (QC)	39.94	42.70
1997	Mt. Pearl, NL	Nathalie Thenor (QC)	38.00	42.70
1998	Prince George, BC	Nathalie Thenor (QC)	42.14	42.70
1999	Sudbury, ON	Lara Peters (BC)	37.91	42.70
2000	Calgary, AB	Sultana Frizell (ON)	41.54	42.70
2001	Sherbrooke, QC	Sultana Frizell (ON)	43.47*	43.47
2002	Sherbrooke, QC	Catrina Chrisholm (BC/Yukon)	39.26	43.47
2003	Kitchener/Waterloo, ON	Marie Eve Boiselle (QC)	37.67	43.47
2004	Sudbury, ON	Kaitlyn Andrews (ON)	38.40	43.47
2005	Edmonton, AB	Kaitlyn Andrews (ON)	42.81	43.47
2006	Burnaby, BC	Caitlin Vandodewaard (ON)	39.19	43.47
2007	Oromocto, NB	Laura Macauley (BC)	40.26	43.47
2008	Sherbrooke, QC	Katie Klodnicki (ON)	39.38	43.47
2009	Sherbrooke, QC	Madison Johnston (Open)	38.69	43.47
2010	Ottawa, ON	Sarah Moss (ON)	44.80*	44.80
2011	Ottawa, ON	Asianna Covington (BC)	45.04*	45.04
2012	Charlottetown, PE	Asianna Covington (BC)	43.74	45.04
2013	Langley, BC	Olivia Moriconi (BC)	44.25	45.04
2014	Langley, BC	Gabrielle Rains (AB-NT)	41.31	45.04
2015	Ste. Therese, QC	Parfa Moussouanga (QC)	44.82	45.04
2016	Ste. Therese, QC	Grace Tenant (ON)	46.14*	46.14
2017	Brandon, MB	Trinity Tutti (ON)	49.25*	49.25
2018	Brandon, MB	Dolly Gabri (BC)	43.55	
		Rachael Dyck (AB)	40.83	
		Alison Sephens (ON)	40.63	49.25



**MEDAL WINNERS
1975 – TO PRESENT**

2019	Cape Breton, NS	Jinaye Shomachuk (AB-NT) Hanna Van Stuyvenberg (Saugeen Tra) Keighan Decoff (NS/NV)	44.12 41.19 38.84	49.25
2022	Sherbrooke, QC	Julia Tunks (London Western) Keerat Dhillon Dayley Reimer (AB/NWT)	49.82* 37.04 33.95	49.82
2023	Sherbrooke, QC	Julia Tunks (London Western) Coc Van Nynatten (Thorold Elite) Jasmine Broere (Saugeen T.F.C.)	54.64* 41.74 36.63	54.64
2024	Calgary, AB	Sydney Johnson (Quinte Legion) Phoebe Onanpajo (Flying Angel) Coco Van Nynatten (Hamilton Olympic)	39.40 38.63 36.38	54.64

DISCUS – Boys Under 18

Year	Location of Camp	Athlete & Province	Distance	Record
1975	Waterloo, ON	No Event		
1976	Edmonton, AB	Larry Tron (AB-NT)	41.72*	41.72
1977	Oromocto, NB	John Neilson (ON)	42.14*	42.14
1978	Peace Garden, MB	Bill McQuarrie (NS)	43.48*	43.48
1979	St. John's, NL	Greg Chajkowski (ON)	43.62*	43.62
1980	Saskatoon, SK	Dave Watkins (ON)	43.00	43.62
1981	Hamilton, ON	Derek Evely (BC)	38.56	43.62
1982	Fredericton/Oromocto, NB	Peter Massfeller (ON)	44.84*	44.84
1983	Ottawa, ON	Lindsay Marshall (AB-NT)	47.78*	47.78
1984	Halifax, NS	Tony Mucha (ON)	47.46	47.78
1985	Saskatoon, SK	Bojan Paunovic (MB/NWO)	44.76	47.78
1986	Sudbury, ON	Michel Marquette (QC)	42.10	47.78
1987	Calgary, AB	Michael Bross (QC)	43.98	47.78
1988	Quebec City, QC	Mike Neilson (BC)	46.14	47.78
1989	Victoria, BC	Jann Nikule (BC)	46.32	47.78
1990	Mount Pearl, NL	Chad Moreau (ON)	46.80	47.78
1991	Toronto, ON	Antonie Scholtz (BC)	45.72	47.78
1992	Calgary, AB	Jason Tunks (ON)	50.54*	50.54
1993	Saskatoon, SK	Brad Snyder (ON)	51.90*	51.90
1994	Ottawa, ON	Dominique Blais (QC)	49.04	51.90
1995	Winnipeg, MB	Garrett Collier (BC)	48.66	51.90
1996	Sherbrooke, QC	Cory Trudeau (ON)	48.28	51.90
1997	Mt. Pearl, NL	Dylan Armstrong (BC)	46.16	51.90
1998	Prince George, BC	Dylan Armstrong (BC)	52.37*	52.37
1999	Sudbury, ON	Laurent Fortier (QC)	46.16	52.37
2000	Calgary, AB	Robert Greenough (BC)	45.88	52.37
2001	Sherbrooke, QC	Dave Adamek (ON)	48.72	52.37



**MEDAL WINNERS
1975 – TO PRESENT**

2002	Sherbrooke, QC	Kyle Helf (ON)	54.13*	54.13
2003	Kitchener/Waterloo, ON	Tyrell Mara	48.70	54.13
2004	Sudbury, ON	Zach Livingston (ON)	47.79	54.13
2005	Edmonton, AB	Justin Greif (SK)	52.11	54.13
2006	Burnaby, BC	Trey Henderson (BC)	48.35	54.13
2007	Oromocto, NB	Angus Taylor (BC)	51.37	54.13
2008	Sherbrooke, QC	Jackson Gray (ON)	50.43	54.13
2009	Sherbrooke, QC	Dellin Ingvaldson (BC)	51.19	54.13
2010	Ottawa, ON	Jordan Young (Open)	60.74*	60.74
2011	Ottawa, ON	Brandon Deslauriers (Open)	54.34	60.74
2012	Charlottetown, PE	Trevor Greenwood (Open)	49.14	60.74
2013	Langley, BC	Alex Rawding (NS)	51.29	60.74
2014	Langley, BC	Joseph Maxwell (ON)	52.97	60.74
2015	Ste. Therese, QC	Joseph Maxwell (Open)	56.99	60.74
2016	Ste. Therese, QC	Cole Belkwell (ON)	47.46	60.74
2017	Brandon, MB	Cole Belkwell (ON)	50.22	60.74
2018	Brandon, MB	Ryan Jacklin (ON) Lucas Woodhall (ON) Callan Saldutto (ON)	52.11 50.85 47.99	60.74
2019	Cape Breton, NS	Ryan Jacklin (ON) Jeremy Elliott (ON) Hunter Wallster (SK)	53.95 53.75 50.04	60.74
2022	Sherbrooke, QC	Jake McEachern (AB/NWT) Liam Simard (QC) Liam Larson (London Western)	55.48 50.24 46.15	60.74
2023	Sherbrooke, QC	Aidan Crawford (Quinte Legion) Hunter Campbell (Sarnia Athletics) Austin Riha (Flying Angels)	50.95 49.16 45.21	60.74
2024	Calgary, AB	Luke Herring (Hamilton Olympic Club) Roman Yeterian (BC) Eghosa Ehigiamator (Project Athletics)	53.53 51.82 50.11	60.74

JAVELIN – Girls Under 16

Year	Location of Camp	Athlete & Province	Distance	Record
1975	Waterloo, ON	Sylvie Brouilette (QC)	41.28*	41.28
1976	Edmonton, AB	Cindy Crapper (ON)	38.34	41.28
1977	Oromocto, NB	Peggy Blumenthal (ON)	32.44	41.28
1978	Peace Garden, MB	Denise Hebert (ON)	32.28	41.28
1979	St. John's, NL	Joanne Vatour (NB)	27.96	41.28
1980	Saskatoon, SK	Kim Snow (ON)	31.12	41.28
1981	Hamilton, ON	Mandy Cockburn (ON)	35.90	41.28
1982	Fredericton/Oromocto, NB	Chantal Carpenter (QC)	46.32*	46.32



**MEDAL WINNERS
1975 – TO PRESENT**

1983	Ottawa, ON	Louise Perreault (ON)	38.68	46.32
1984	Halifax, NS	Tashlyn Chase (ON)	34.80	46.32
1985	Saskatoon, SK	Noella Kekula (SK)	34.37	46.32
1986	Sudbury, ON	Stacey Harris (SK)	35.94	46.32
1987	Calgary, AB	Valerie Tulloch (ON)	39.28	46.32
1988	Quebec City, QC	Isa Boulian (QC)	39.52	46.32
1989	Victoria, BC	Josee Morneau (QC)	32.48	46.32
1990	Mount Pearl, NL	Ciara O'Hagen (SK)	30.46	46.32
1991	Toronto, ON	Julie McNiven (AB-NT)	25.96	46.32
1992	Calgary, AB	Annie Guillet (QC)	36.56	46.32
1993	Saskatoon, SK	Nicole Chimko (AB-NT)	37.28	46.32
1994	Ottawa, ON	Dominique Bilodeau (QC)	41.10	46.32
1995	Winnipeg, MB	Jessica Jones (QC)	38.24	46.32
1996	Sherbrooke, QC	Jess Jones-Baribeau (QC)	37.16	46.32
1997	Mt. Pearl, NL	Kate Forbes (NS)	39.38	46.32
1998	Prince George, BC	Marie-Eve Bernier (QC)	36.69	46.32
1999	Sudbury, ON	Kate Woodford (NL)	37.43	46.32
2000	Calgary, AB	Katrina Pitawanakwat (ON)	37.01	46.32
2001	Sherbrooke, QC	Katrina Pitawanakwat (ON)	35.64	46.32
2002	Sherbrooke, QC	Sara Collins (ON)	39.13	46.32
2003	Kitchener/Waterloo, ON	Natalie Quesnelle (ON)	33.61	46.32
2004	Sudbury, ON	Pighin Brooke (BC)	37.29	46.32
2005	Edmonton, AB	Nicolle Fraser (BC)	40.50	46.32
2006	Burnaby, BC	Kristie Redlick (SK)	40.52	46.32
2007	Oromocto, NB	Kirstie Redlick (SK)	39.95	46.32
2008	Sherbrooke, QC	Brooke Rowland (ON)	39.75	46.32
2009	Sherbrooke, QC	Brooke Rowland (ON)	40.64	46.32
2010	Ottawa, ON	Jessica Bartlett (NS)	38.84	46.32
2011	Ottawa, ON	Madison Munro (Open)	38.09	46.32

Weight Change from 600g to 500g

2012	Charlottetown, PE	Brittni Wolcyzk (BC)	44.97	46.32
2013	Langley, BC	Grace Tenant (ON)	39.15	46.32
2014	Langley, BC	Grace Tenant (ON)	41.86	46.32
2015	Ste. Therese, QC	Rori Denness (Langley Mustangs)	43.34	46.32
2016	Ste. Therese, QC	Rori Denness (BC)	40.29	46.32
2017	Brandon, MB	Eniko Sara (BC)	43.25	46.32
2018	Brandon, MB	Jessie Buck (ON) Sa'mone Winters (QC) Nicole Hunter (ON)	29.92 27.47 25.86	46.32
2019	Cape Breton, NS	Alexandra Seagris (ON) Harley Martin (ON) Jessica Philpott (AB-NT)	41.81 41.79 35.72	46.32
2022	Sherbrooke, QC	Mikayla Grant (Eclipse) Gillian Galik (Comox Valley) Cassie Orr (Thorold Elite)	39.73 36.37 35.92	46.32



**MEDAL WINNERS
1975 – TO PRESENT**

2023	Sherbrooke, QC	Gillian Galik (BC/YT) Andrea Jacob (AB/NWT) Savanah Griffith (ON)	55.59* 40.91 38.88	55.59
2024	Calgary, AB	Mallea McMullin (ON) Sadee Jones (SK) Florence Matte (Drummondville)	39.19 32.60 31.68	55.59

JAVELIN– Boys Under 16

Year	Location of Camp	Athlete & Province	Distance	Record
1975	Waterloo, ON	Barry Boley (ON)	44.45*	44.45
1976	Edmonton, AB	John Uduari (ON)	51.86*	51.86
1977	Oromocto, NB	Kelly Williams (ON)	45.94	51.86
1978	Peace Garden, MB	Kelly Williams (ON)	53.04*	53.04
1979	St. John's, NL	Art Sartori (ON)	49.56	53.04
1980	Saskatoon, SK	Ron Rempel (ON)	52.36	53.04
1981	Hamilton, ON	Doug Singleton (MB/NWO)	45.38	53.04
1982	Fredericton/Oromocto, NB	Matt Myers (NB)	44.24	53.04
1983	Ottawa, ON	Stephen Potvin (ON)	46.32	53.04
1984	Halifax, NS	Michael Marquette (QC)	51.82	53.04
1985	Saskatoon, SK	Michel Valcourt (NB)	49.46	53.04
1986	Sudbury, ON	Christian Alain (QC)	54.14*	54.14
1987	Calgary, AB	Dale Barnych (MB/NWO)	45.86	54.14
1988	Quebec City, QC	Ryan Bates (MB/NWO)	47.76	54.14
1989	Victoria, BC	Jamie Schweitzer (ON)	45.86	54.14
1990	Mount Pearl, NL	Eric LeBoutillier (NB)	43.26	54.14
1991	Toronto, ON	Eric LeBoutillier (NB)	47.74	54.14
1992	Calgary, AB	John Ellis (ON)	52.50	54.14
1993	Saskatoon, SK	John Ellis (ON)	52.46	54.14
1994	Ottawa, ON	Greg Major (ON)	49.14	54.14
1995	Winnipeg, MB	Przemek Balejko (QC)	46.88	54.14
1996	Sherbrooke, QC	Trevor Peterson (NS)	47.34	54.14
1997	Mt. Pearl, NL	Trevor Snyder (ON)	52.88	54.14
1998	Prince George, BC	Brian North (ON)	47.18	54.14
1999	Sudbury, ON	Chris Kargel (ON)	43.62	54.14
2000	Calgary, AB	David Archer (NS)	46.49	54.14
2001	Sherbrooke, QC	Kyle Helf (ON)	51.42	54.14
2002	Sherbrooke, QC	Ronald A. Sweeney (NL)	51.81	54.14
2003	Kitchener/Waterloo, ON	Jared Baird (NS/NU)	52.52	54.14
2004	Sudbury, ON	Jared Baird (NS/NU)	60.70*	60.70
2005	Edmonton, AB	Kris Burleigh (BC/Yukon)	54.66	60.70
2006	Burnaby, BC	Brandon O'donnell (SK)	56.52	60.70
2007	Oromocto, NB	Kane Abbis-Mills (ON)	50.82	60.70
2008	Sherbrooke, QC	Kevin Bowman (ON)	58.56	60.70



MEDAL WINNERS
1975 – TO PRESENT

2009	Sherbrooke, QC	Tyler Renton (ON)	54.49	60.70
2010	Ottawa, ON	Sebastian Colmor (QC)	52.97	60.70
2011	Ottawa, ON	Aaron Stroda (BC)	51.23	60.70
2012	Charlottetown, PE	Jordan Ellingson (Open)	49.65	60.70
2013	Langley, BC	Fletcher Smith (ON)	58.15	60.70
2014	Langley, BC	Tyler Field (ON)	52.68	60.70
2015	Ste. Therese, QC	Ben Smith (NS)	53.40	60.70
2016	Ste. Therese, QC	Jarrett Chong (BC)	54.83	60.70
2017	Brandon, MB	Elliott Payne (BC)	55.79	60.70
2018	Brandon, MB	Michael Lander-Pinard (NS) Cameron Kuziak (AB) Cole Bibby (BC)	49.86 48.78 48.62	60.70
2019	Cape Breton, NS	Cole Bibby (BC) Jacklin Lucas (Saugeen Trac) Sean Clarke (U Windsor At)	54.94 47.79 47.76	60.70
2022	Sherbrooke, QC	Travis Harfield Erik Solomon (AB/NWT) Nolan Crego (Brantford TFC)	67.72* 56.03 53.59	67.72
2023	Sherbrooke, QC	Tyson Servos (BC/YT) Zackary Molinaro (ON) Jim McLaren (ON)	51.81 51.48 51.07	67.72
2024	Calgary, AB	Frédéric Louis Roy (NB) Tyler Burns (Saugeen Track & Field) Maksim Tomicic (London Western)	49.15 43.55 39.51	67.72

JAVELIN – Girls Under 18

Year	Location of Camp	Athlete & Province	Distance	Record
1975	Waterloo, ON	Barb Young (QC)	35.80*	35.80
1976	Edmonton, AB	Lorrie Kokkla (ON)	41.94*	41.94
1977	Oromocto, NB	Cindy Crapper (ON)	42.52*	42.52
1978	Peace Garden, MB	Ellen Lynch (NB)	36.0	42.52
1979	St. John's, NL	Martha Hart (ON)	40.02	42.52
1980	Saskatoon, SK	Denise Hebert (ON)	37.74	42.52
1981	Hamilton, ON	Michelle Van Bargen (ON)	39.00	42.52
1982	Fredericton/Oromocto, NB	Cheryl Coker (ON)	43.10*	43.10
1983	Ottawa, ON	Kirsten Engelbrecht (ON)	42.08	43.10
1984	Halifax, NS	Molly Harrison (BC)	42.26	43.10
1985	Saskatoon, SK	Tashlyn Chase (ON)	39.76	43.10
1986	Sudbury, ON	Isabelle Surprenant (QC)	45.16*	45.16
1987	Calgary, AB	Kim Vanderhoek (NS)	42.00	45.16
1988	Quebec City, QC	Dorothy Garant (QC)	39.50	45.16
1989	Victoria, BC	Stacey Harris (SK)	40.26	45.16
1990	Mount Pearl, NL	Signi MacNeill (BC)	42.70	45.16



**MEDAL WINNERS
1975 – TO PRESENT**

1991	Toronto, ON	Beth Guptill (NB)	39.38	45.16
1992	Calgary, AB	Sami Jo Small (MB/NWO)	40.50	45.16
1993	Saskatoon, SK	Valerie St-Laurent (QC)	38.18	45.16
1994	Ottawa, ON	Christine Doucet (NB)	42.44	45.16
1995	Winnipeg, MB	Andrea Bulat (ON)	43.78	45.16
1996	Sherbrooke, QC	Margaret Mattinson (NS)	39.70	45.16
1997	Mt. Pearl, NL	Deanna Zelinka (ON)	35.74	45.16
1998	Prince George, BC	Kate Forbes (NS)	41.01	45.16
1999	Sudbury, ON	Kate Forbes (NS)	45.16*	45.16
2000	Calgary, AB	Alana Redfern (PAC)	43.88	43.88
2001	Sherbrooke, QC	Daisy Vanravensway	36.70	43.88
2002	Sherbrooke, QC	Katrina Pitawanakwat (ON)	40.41	43.88
2003	Kitchener/Waterloo, ON	Jessica Massicotte (QC)	29.38	43.88
2004	Sudbury, ON	Elizabeth Gleadle	38.70	43.88
2005	Edmonton, AB	Elizabeth Gleadle	45.89*	45.89
2006	Burnaby, BC	Nicolle Fraser (BC)	44.10	45.89
2007	Oromocto, NB	Nicolle Fraser (BC)	45.10	45.89
2008	Sherbrooke, QC	Chelsea Whalen (NS)	45.25	45.89
2009	Sherbrooke, QC	Chelsea Whalen (NS)	44.20	45.89
2010	Ottawa, ON	Madison Johnston (Open)	44.68	45.89
2011	Ottawa, ON	Millaine Raymond (Open)	41.17	45.89
2012	Charlottetown, PE	Victoria Smith (ON)	49.77*	49.77
2013	Langley, BC	Brittni Wolczyk (BC)	48.71	49.77
2014	Langley, BC	Ashley Pryke (ON)	43.46	49.77
2015	Ste. Therese, QC	Maude Croteau-Vaillancourt (QC)	45.02	49.77
2016	Ste. Therese, QC	Marissa Mueller (Sarnia Athletes)	46.86	49.77
2017	Brandon, MB	Jv Patry-Smith (BC)	46.70	49.77
2018	Brandon, MB	Jenna Fleming (ON) Alexandria Webb (ON) Eniko Sara (BC)	46.13 45.61 44.55	49.77
2019	Cape Breton, NS	Alexandria Webb (ON) Ashley Spain (Woodstock Le) Lauryn Savela (Royal City T)	49.88* 43.45 42.95	49.88
2022	Sherbrooke, QC	Julia Konigshofer (NS/NU) Trynity Turner (MB/NWT) Dayle Reimer (AB/NWT)	42.38 42.03 41.45	49.88
2023	Sherbrooke, QC	Zo Filion-Harvey (Gatineau) Kendra Justice (AB/NWT) Mikayla Grant (Eclipse Track & Field)	44.61 43.14 41.67	49.88
2024	Calgary, AB	Mikayla Grant (Eclipse Track & Field) Kaitlyn Pepper (U Windsor) Catarina Bell (AB/NWT)	45.74 42.87 42.86	49.88



**MEDAL WINNERS
1975 – TO PRESENT**

JAVELIN – Boys Under 18

Year	Location of Camp	Athlete & Province	Distance	Record
1975	Waterloo, ON	Nelson Stockwell (AB-NT)	54.34*	54.34
1976	Edmonton, AB	Tony Ruffo (ON)	57.72*	57.72
1977	Oromocto, NB	John Udvari (ON)	55.64	57.72
1978	Peace Garden, MB	Chris Pawlyk (BC)	56.78	57.72
1979	St. John's, NL	Kelly Williams (ON)	53.90	57.72
1980	Saskatoon, SK	Troy Caithness (AB-NT)	52.86	57.72
1981	Hamilton, ON	Peter Taravaris (BC)	63.58*	63.58
1982	Fredericton/Oromocto, NB	Mike Olma (BC)	64.04*	64.04
1983	Ottawa, ON	Louis Brault (ON)	59.42	64.04
1984	Halifax, NS	Chris Vitsentzatos (ON)	58.70	64.04
1985	Saskatoon, SK	Doug Baird (BC)	56.86	64.04
1986	Sudbury, ON	Vincent Gadbois (QC)	59.62	64.04
1987	Calgary, AB	Shane Wiebe (BC)	53.42	64.04
1988	Quebec City, QC	Pascal Lafond (QC)	56.88	64.04
1989	Victoria, BC	Pascal Lafond (QC)	60.50	64.04
1990	Mount Pearl, NL	Mike Dumunnik (ON)	64.62*	64.62
1991	Toronto, ON	Derek McMillan (ON)	58.40	64.62
1992	Calgary, AB	Krystian Gilbert (QC)	58.82	64.62
1993	Saskatoon, SK	Charles Beck (BC)	56.02	64.62
1994	Ottawa, ON	John Ellis (ON)	56.80	64.62
1995	Winnipeg, MB	Scott Russel (ON)	60.52	64.62
1996	Sherbrooke, QC	Byron Collyer (BC)	52.18	64.62
1997	Mt. Pearl, NL	Matthew Smith (NS)	49.10	64.62
1998	Prince George, BC	Trevor Synder (ON)	57.12	64.62
1999	Sudbury, ON	Bill Neumann (BC)	63.21	64.62
2000	Calgary, AB	Rob Edwards (ON)	59.10	64.62
2001	Sherbrooke, QC	Owen Kirby (BC/Yukon)	51.47	64.62
2002	Sherbrooke, QC	Kyle Helf (ON)	63.92	64.62
2003	Kitchener/Waterloo, ON	Olivier Boulva (QC)	55.44	64.62
2004	Sudbury, ON	Curtis Moss (BC/Yukon)	68.29*	68.29
2005	Edmonton, AB	Jared Baird (NS/NU)	61.91	68.29
2006	Burnaby, BC	James Daabous (ON)	67.49	68.29
2007	Oromocto, NB	Wiley Collins (ON)	74.35*	74.35
2008	Sherbrooke, QC	Caleb Jones (NB)	63.65	74.35
2009	Sherbrooke, QC	Raymond Dykstra (Open)	67.55	74.35
2010	Ottawa, ON	Trent Corney (Open)	68.72	74.35
2011	Ottawa, ON	Tyler Renton (Open)	66.99	74.35
2012	Charlottetown, PE	Max Hanna (Open)	58.36	74.35
2013	Langley, BC	Tyler Kostiuk (Open)	64.71	74.35
2014	Langley, BC	Benjamin Cross (Open)	55.14	74.35
2015	Ste. Therese, QC	Brendan Artley (Norwesters)	58.77	74.35



**MEDAL WINNERS
1975 – TO PRESENT**

2016	Ste. Therese, QC	Timothy Hatton (ON)	61.57	74.35
2017	Brandon, MB	Jarrett Chong (BC)	61.39	74.35
2018	Brandon, MB	Jarret Chong (BC) Jared Elloit (ON) Caleb Lidlow (ON)	67.55 62.85 60.17	74.35
2019	Cape Breton, NS	David Mancini (QC) Noah Berniquer (NS/NV) Jesse Bulawka-Lepine (Manitoba and N)	67.35 58.42 57.37	74.35
2022	Sherbrooke, QC	Kalman Chyz Marty Bajarunas (BC) Deven Marrero (Kajaks Track)	57.77 55.79 55.35	74.35
2023	Sherbrooke, QC	Travis Harfield (Athletic Victoria) Kayden U-Ming (BC/YT) Kaleb Kennedy (Thorold Elite)	74.93 63.42 58.10	74.93
2024	Calgary, AB	Griffin Cole (BC) Aidan Crawford (Quinte Legion) Tyson Servos (BC)	62.05 57.12 54.94	74.93

POLE VAULT (introduced in 2011)– Girls Under 16

Year	Location of Camp	Athlete & Province	Height	Record
2011	Ottawa, ON	Jessica Tan (BC)	2.60*	2.60
2012	Charlottetown, PE	Alexzandra Smith-Vandyke (BC)	2.80*	2.80
2013	Langley, BC	Kassandra Hordal (Open)	3.20*	3.20
2014	Langley, BC	Madeline Li (ON)	3.10	3.20
2015	Ste. Therese, QC	Quinn Johnston (ON)	2.80	3.20
2016	Ste. Therese, QC	Maya Fetic (ON)	3.10	3.20
2017	Brandon, MB	Kassandra Savoie (QC)	3.00	3.20
2018	Brandon, MB	Isabelle Tunti (ON) Olivia Lundman (BC) Ella Foster (BC)	3.10 3.00 3.00	3.20
2019	Cape Breton, NS	Sonya Urbanowicz (BC) Daniela Beckett (London W)(Tied at 2 nd) Brynn Miller (North Halton) (Tied at 2 nd)	3.30 2.90	3.30
2022	Sherbrooke, QC	MacKenzie Hurtubise (BC) Liberty McCurdy (London Western) Jordyn French (Bolton Pole Vault)	3.20 2.65 2.50	3.30
2023	Sherbrooke, QC	Gabrie Armstrong (BC/YT) Francois-Lapalme (QC) Nella Krykorka (Bolton Pole Vault)	3.31* 3.20 3.00	3.31
2024	Calgary, AB	Deborah Francois-LaPalme (Saint-Laurent) Katie Seto (Saskatoon TF)	3.47* 2.75 2.30	3.47



**MEDAL WINNERS
1975 – TO PRESENT**

POLE VAULT (introduced in 2011) – Boys Under 16

Year	Location of Camp	Athlete & Province	Height	Record
2011	Ottawa, ON	Richard Jr. Mirkiewicz (open)	3.80*	3.80
2012	Charlottetown, PE	Samuel Burton (QC)	3.30	3.80
2013	Langley, BC	Jason Clare (BC)	3.50	3.80
2014	Langley, BC	Nojah Parker (ON)	3.55	3.80
2015	Ste. Therese, QC	Samuel Vallee (Saint Jean)	3.70	3.80
2016	Ste. Therese, QC	Tyler Denes (Bolton Pole)	3.50	3.80
2017	Brandon, MB	Samuel Musto (QC)	3.70	3.80
2018	Brandon, MB	Bennet Woods (ON)	3.81*	
		Adrian Price-Roberts (BC)	3.50	
		Ian Dafoe (ON)	3.30	3.81
2019	Cape Breton, NS	Tekoa Kornelsen (AB-NT)	3.82*	
		George Kordas (BC)	3.55	
		Aidan Turner (Ocean Athl)	J3.55	3.82
2022	Sherbrooke, QC	Gabriel Genest (QC)	3.50	
		Cédric Brin (Drummonville)	3.00	
		William Millard (NorWesters)	2.90	3.82
2023	Sherbrooke, QC	Frédéri Lévesque (Corsaire-Chaparral)	3.60	
		Chase Owen (Thorold Elite)	3.50	
		Owen Lewis (ON)	3.30	3.82
2024	Calgary, AB	Christian Futo (ON)	4.25*	
		Tyler Hvidston (BC)	4.00*	
		Ethan Atkinson (London Western)	3.70	4.25

POLE VAULT (introduced in 1997) – Girls Under 18

Year	Location of Camp	Athlete & Province	Height	Record
1997	Mt. Pearl, NL	Heather Meadmore (BC)	3.00*	3.00
1998	Prince George, BC	Heather Meadmore (BC)	3.30*	3.30
1999	Sudbury, ON	Arielle Mitchell (AB-NT)	3.10	3.10
2000	Calgary, AB	Kala Hadfield (BC)	3.35*	3.35
2001	Sherbrooke, QC	Jessica Moreland	3.36*	3.36
2002	Sherbrooke, QC	Kerri Clifford (BC/Yukon)	3.05	3.36
2003	Kitchener/Waterloo, ON	Amy Karl (AB)	3.3	3.36
2004	Sudbury, ON	No Entrants		3.36
2005	Edmonton, AB	G. Duclos-Lasnier (QC)	3.5*	3.5
2006	Burnaby, BC	Stacey Irvine (BC)	3.70*	3.70
2007	Oromocto, NB	Stephanie Vause (SK)	3.50	3.70
2008	Sherbrooke, QC	Karleigh Parker (ON)	3.38	3.70
2009	Sherbrooke, QC	Alysha Newman (ON)	3.50	3.70
2010	Ottawa, ON	Alysha Newman (ON)	3.91*	3.91
2011	Ottawa, ON	Robin Bone (Open)	3.80	3.91



MEDAL WINNERS
1975 – TO PRESENT

2012	Charlottetown, PE	Allison Harris (Open)	3.50	3.91
2013	Langley, BC	Emma Li (Open)	3.60	3.91
2014	Langley, BC	Meghan Lim (AB-NT)	3.30	3.91
2015	Ste. Therese, QC	Quinn Johnston (ON)	2.80	3.91
2016	Ste. Therese, QC	Katy Magoffin (ON)	3.30	3.91
2017	Brandon, MB	Maya Fetic (Bolton Pole Vault)	3.30	3.91
2018	Brandon, MB	Alexzandra Thronson (ON) Mia Rodney (ON) Zoe Petkovic (ON)	3.92* 3.40 3.30	3.92
2019	Cape Breton, NS	Isabelle Hill (University of Toronto) Olivia Van Ryswyk (BC) Justine Hodson (ON)	3.50 3.50 3.30	3.92
2022	Sherbrooke, QC	Sophia Bryenton (London Western) Nathalie Flood (BC)	3.25 2.90	3.92
2023	Sherbrooke, QC	Macken Hurtubise (BC/YT) Jordyn Skarsen (AB/NWT) Charlotte Berner (Thorhold Elite)	3.40 3.30 2.70	3.92
2024	Calgary, AB	Mackenzie Hurtubise (BC) Gabrielle Armstrong (BC) Libby McCurdy (London Western)	3.93* 3.60 3.40	3.93

POLE VAULT – Boys Under 18

Year	Location of Camp	Athlete & Province	Height	Record
1975	Waterloo, ON	Mark Bradley (ON)	3.35*	3.35
1976	Edmonton, AB	Steve Parkhill (ON)	3.65*	3.65
1977	Oromocto, NB	Glen Bradley (ON)	3.65	3.65
1978	Peace Garden, MB	Marc Cloutier (QC)	3.83*	3.83
1979	St. John's, NL	Rudi Buntic (ON)	3.65	3.83
1980	Saskatoon, SK	Luc Fortin (QC)	3.80	3.83
1981	Hamilton, ON	Jim Kotsovolos (ON)	3.60	3.83
1982	Fredericton/Oromocto, NB	Pat Donlinger (AB-NT)	3.90*	3.90
1983	Ottawa, ON	Francois Desaulnier (QC)	4.30*	4.30
1984	Halifax, NS	Malcolm Chrystal (BC)	4.25	4.30
1985	Saskatoon, SK	Curtis Heywood (BC)	4.20	4.30
1986	Sudbury, ON	Ralph Essinger (BC)	4.00	4.30
1987	Calgary, AB	Jason Rakochy (SK)	4.20	4.30
1988	Quebec City, QC	Les Gramantic (AB-NT)	4.20	4.30
1989	Victoria, BC	Sebastien Sari (QC)	3.85	4.30
1990	Mount Pearl, NL	Darcy Molstad (AB-NT)	4.05	4.30
1991	Toronto, ON	Adam Toma (AB-NT)	3.85	4.30
1992	Calgary, AB	Todd Zubyck (ON)	4.70*	4.70
1993	Saskatoon, SK	James Kowalewski (ON)	4.00	4.70



**MEDAL WINNERS
1975 – TO PRESENT**

1994	Ottawa, ON	Bill Miller (ON)	4.30	4.70
1995	Winnipeg, MB	John Zubyck (ON)	4.10	4.70
1996	Sherbrooke, QC	John Zubyck (ON)	4.30	4.70
1997	Mt. Pearl, NL	Michael Kleywegt (ON)	4.35	4.70
1998	Prince George, BC	Graham Danziger (BC)	4.20	4.70
1999	Sudbury, ON	Matt Clifford (BC)	4.41	4.70
2000	Calgary, AB	Matt Clifford (BC)	4.75*	4.75
2001	Sherbrooke, QC	David Foley (QC)	4.80*	4.80
2002	Sherbrooke, QC	Fred Sutherland (BC/Yukon)	4.10	4.80
2003	Kitchener/Waterloo, ON	Josh Kirkpatrick (ON)	4.30	4.80
2004	Sudbury, ON	Josh Kirkpatrick (ON)	4.50	4.80
2005	Edmonton, AB	Phillip Garratt (ON)	4.30	4.80
2006	Burnaby, BC	Geoffrey Law (BC)	3.50	4.80
2007	Oromocto, NB	Lane Britnell (SK)	3.70	4.80
2008	Sherbrooke, QC	Lane Britnell (SK)	4.30	4.80
2009	Sherbrooke, QC	David McKay (BC)	4.45	4.80
2010	Ottawa, ON	Adam Osborne (Open)	4.00	4.80
2011	Ottawa, ON	Conner Young (Open)	3.80	4.80
2012	Charlottetown, PE	Zach Kerr (Open)	4.10	4.80
2013	Langley, BC	Tristan Slater (Open)	4.55	4.80
2014	Langley, BC	Samuel Burton (QC)	4.35	4.80
2015	Ste. Therese, QC	Jason Clare (BC)	4.50	4.80
2016	Ste. Therese, QC	Brennan Seguin (Blackwater)	4.35	4.80
2017	Brandon, MB	Liam McRae (Unattached Ontario)	4.20	4.80
2018	Brandon, MB	Isaac Clemments (BC) Joshua Clarience (BC) Samuel Musto (QC)	4.30 3.90 3.80	4.80
2019	Cape Breton, NS	Bennett Woods (ON) Wyatt Knapp (ON) Joshua Carsience (BC)	4.45 4.35 3.95	4.80
2022	Sherbrooke, ON	Maxime-Antoine Vallée (Drummonville) Éliot Tremblay (QC) Kairo Chaing	4.20 J4.20 3.80	4.80
2023	Sherbrooke, ON	Liam Miller (Bolton) Gabriel Genest (Corsaire-Chaparral) Liam West ((Bolton))	4.45 4.35 4.05	4.80
2024	Calgary, AB	Gabriele Genest (Corsaire-Chaparral) Liam West (ON) William Millard (BC)	4.30 4.20 4.10	4.80



MEDAL WINNERS
1975 – TO PRESENT

HAMMER THROW (introduced in 2011)– Girls Under 16

Year	Location of Camp	Athlete & Province	Distance	Record
2011	Ottawa, ON	Courtney Neville-Rutherford (BC)	45.94*	45.94
2012	Charlottetown, PE	Chanell Botsis (Open)	50.70*	50.70
2013	Langley, BC	Chanell Botsis (BC)	55.21*	55.21
2014	Langley, BC	Lindsey Frederikse (Open)	58.47*	58.47
2015	Ste. Therese, QC	Trinity Tutti (ON)	50.48	58.47
2016	Ste. Therese, QC	Pho Price-Roberts (BC)	58.32	58.47
2017	Brandon, MB	Catherina Blouin (QC)	49.74	58.47
		Jinaye Shomachuk (AB)	48.33	
2018	Brandon, MB	Alexa Windle (ON) Ashley Sylvester (QC)	46.94 38.64	58.47
2019	Cape Breton, NS	Camille Desjardins (QC) Ana Maria Manousaridis (York Uni) Michell Van Suyvenberg (ON)	50.05 46.01 45.66	58.47
2022	Sherbrooke, QC	Talia Phangura Gurleen Mander (BC) Emma Negri	44.02 43.74 43.37	58.47
2023	Sherbrooke, QC	Emma Negri (ON) Mykayla Scarlett (Project Athletic) Talia Phangura (Unattached BC)	58.12 49.22 44.80	58.47
2024	Calgary, AB	Claire Gromack (NB) Megan Teolis (Ultra Throw) Tara Gharehcheloo (ON)	50.66 48.73 47.78	58.47

HAMMER THROW (introduced in 2011) – Boys Under 16

Year	Location of Camp	Athlete & Province	Distance	Record
2011	Ottawa, ON	Benjamin Ingvaldson (BC)	51.35*	51.35
2012	Charlottetown, PE	Drew Erskine (NS)	53.94*	53.94
2013	Langley, BC	Gregory MacCarthy (NS)	51.48	53.94
2014	Langley, BC	Vikramjit Gondara (BC)	59.44*	59.44
2015	Ste. Therese, QC	Rowan Hamilton (BC)	53.43	59.44
2016	Ste. Therese, QC	Jarrett Chong (BC)	56.71	59.44
2017	Brandon, MB	Ethan Katzberg (BC)	61.54*	61.54
		Michael Ogbeiji (BC)	54.00	
2018	Brandon, MB	Josh Linington (ON) Matthew Uliana (BC)	51.36 48.47	61.54



**MEDAL WINNERS
1975 – TO PRESENT**

2019	Cape Breton, NS	Kian Zabihi (Kamloops Tra) Michael Ogbeifi (BC) Mathew Uliana (Vancouver TH)	67.21* 61.50 59.92	67.21
2022	Sherbrooke, QC	Lawrence Man (BC) Jason Liu (York) Louis-David Gagnon	56.61 45.29 45.27	67.21
2023	Sherbrooke, QC	Gursher Gabri (Unattached BC) Chase Longley (Kajaks T.F. C.) Calder Johnston (Excel Athletics)	56.97 55.28 51.21	67.21
2024	Calgary, AB	Gursher Gabri (BC) Connor Woods (AB/NWT) Jj Martel (Unattached-S)	65.68 49.86 45.69	67.21

HAMMER THROW (introduced in 1994) – Girls Under 18

Year	Location of Camp	Athlete & Province	Distance	Record
1994	Ottawa, ON	Michelle Fournier (QC)	40.78*	40.78
1995	Winnipeg, MB	Sarah Fletcher (ON)	39.10	40.78
1996	Sherbrooke, QC	Shannon Swanson (BC)	37.86	40.78
1997	Mt. Pearl, NL	Nathalie Thenor (QC)	46.70*	46.70
1998	Prince George, BC	Nathalie Thenor (QC)	52.76*	52.76
1999	Sudbury, ON	Jennifer Padrino (BC)	49.88	52.76
2000	Calgary, AB	Catherine Palm (BC)	42.52	52.76
2001	Sherbrooke, QC	Catrina Chrisholm (BC/Yukon)	47.59	52.76
2002	Sherbrooke, QC	Catrina Chrisholm (BC/Yukon)	50.77	52.76
2003	Kitchener/Waterloo, ON	Marie Eve Boisselle (QC)	53.32*	53.32
2004	Sudbury, ON	Rochelle Kokayko	56.15*	56.15
2005	Edmonton, AB	Heather Steacy (AB-NT)	50.65	56.15
2006	Burnaby, BC	Emma McCorquodale (BC)	49.62	56.15
2007	Oromocto, NB	Emmalyne MacCorquodale (BC)	53.12	56.15
2008	Sherbrooke, QC	Joanna Franke (BC)	46.37	56.15
2009	Sherbrooke, QC	Samantha Kennedy (BC)	42.47	56.15
2010	Ottawa, ON	Samantha Kennedy	45.00	56.15
2011	Ottawa, ON	Asianna Covington (BC)	50.61	56.15
2012	Charlottetown, PE	Courtney Neville-Rutherford	53.18	56.15
2013	Langley, BC	Natasha Akbarizadeh (BC)	56.21	56.21
2014	Langley, BC	Cyerra Cassell (ON)	61.06*	61.06
2015	Ste. Therese, QC	Lindsey Frederiksen (BC)	60.96	61.06
2016	Ste. Therese, QC	Rogers, Camryn(Kajaks Track)	58.69	61.06
2017	Brandon, MB	Trinity Tutti (ON)	56.32	61.06
		Mateya Haintz (BC)	61.01	
2018	Brandon, MB	Phoebe Price-Roberts (BC)	60.64	61.06
		Miranda Tcheutchoua (QC)	58.35	
2019	Cape Breton, NS	Catherina Blouin (QC)	56.75	
		Billie Martin (ON)	56.23	
		Omonye Osenzua (Project Athl)	51.58	



MEDAL WINNERS
1975 – TO PRESENT

2022	Sherbrooke, QC	Lauren Curtis (BC) Elise Drake (Kajaks) Keerat Dhillon	53.36 52.91 52.14	61.06
2023	Sherbrooke, QC	Lauren Curtis (BC/YT) Sierra Anderson (Project Athletic) Sydney Kube (AB/NWT)	54.63 51.28 48.44	61.06
2024	Calgary, AB	Talia Phangura (Unattached B) Gurleen Mander (BC) Sierra Anderson (Project Athletics)	55.95 55.64 54.62	61.06

HAMMER THROW (introduced in 1988) – Boys Under 18

Year	Location of Camp	Athlete & Province	Distance	Record
1988	Quebec City, QC	Glenn McAtee (BC)	51.22*	51.22
1989	Victoria, BC	Eric Guy (QC)	50.32	51.22
1990	Mount Pearl, NL	Winston Giles (BC)	47.12	51.22
1991	Toronto, ON	Wes Boudreau (BC)	56.56*	56.56
1992	Calgary, AB	Wes Boudreau (BC)	63.14*	63.14
1993	Saskatoon, SK	Ken McIlwain (BC)	47.64	63.14
1994	Ottawa, ON	Jarom Lapierre (QC)	49.22	63.14
1995	Winnipeg, MB	Garrett Collier (BC)	51.16	63.14
1996	Sherbrooke, QC	Murray Heber (AB-NT)	47.74	63.14
1997	Mt. Pearl, NL	Dylan Armstrong (BC)	53.68	63.14
1998	Prince George, BC	Dylan Armstrong (BC)	70.22*	70.22
1999	Sudbury, ON	Mike Ankerman (BC)	56.64	70.22
2000	Calgary, AB	Mike Ankerman (BC)	60.92	70.22
2001	Sherbrooke, QC	Tyler Gzuba (BC)	50.43	70.22
2002	Sherbrooke, QC	Sean Laforest (BC/Yukon)	58.78	70.22
2003	Kitchener/Waterloo, ON	Al'Arbi Dendane (QC)	62.76	70.22
2004	Sudbury, ON	J.D. Rose (BC/Yukon)	57.15	70.22
2005	Edmonton, AB	Trey Henderson (BC/Yukon)	65.53	70.22
2006	Burnaby, BC	Trey Henderson (BC)	67.45	70.22
2007	Oromocto, NB	Angus Taylor (BC)	62.19	70.22
2008	Sherbrooke, QC	Alex Pilar (Saugeen Trac)	55.65	70.22
2009	Sherbrooke, QC	Kevin Bowman (ON)	62.50	70.22
2010	Ottawa, ON	Jordan Young (Open)	62.29	70.22
2011	Ottawa, ON	Peter Millman (NS)	65.48	70.22
2012	Charlottetown, PE	Tory Shewfelt (SK)	57.11	70.22
2013	Langley, BC	Drew Erskine (NS)	J54.60	70.22
2014	Langley, BC	Noah Rolph (ON)	61.95	70.22
2015	Ste. Therese, QC	Vikramjit Gondara (BC)	58.68	70.22
2016	Ste. Therese, QC	Vikramjit Gondara (Valley Royal)	64.95	70.22
2017	Brandon, MB	Rowan Hamilton (BC)	69.54	70.22
2018	Brandon, MB	Ryan Jacklin (ON)	64.81	
		Ethan Katzberg (BC)	58.26	70.22
		Iqam Bhandal (BC)	56.47	



**MEDAL WINNERS
1975 – TO PRESENT**

2019	Cape Breton, NS	Ryan Jacklin (ON) Jeremy Elliott (ON) Mathew Arnold (BC)	69.74 58.53 58.10	70.22
2022	Sherbrooke, QC	Jake McEachern Kian Zabihi (BC) Deven Marrero (Kajaks)	69.24 58.52 57.93	70.22
2023	Sherbrooke, QC	Lawrence Man (BC/NWT) Caleb Hominick (NS/NU) Owen Robins (Thorold Elite)	54.01 53.39 50.70	70.22
2024	Calgary, AB	Jason Liu (York University) Luke Herring (Hamilton Olympic Club) Chase Longley (BC)	59.06 58.54 57.87	70.22

TRIPLE JUMP (introduced in 2007)– Girls Under 16

Year	Location of Camp	Athlete & Province	Distance	Record
2007	Oromocto, NB	Chloe Hetherton (SK)	11.93*	11.93
2008	Sherbrooke, QC	Rachel Romu (MB)	12.00*	12.00
2009	Sherbrooke, QC	Sarah Taplin (NB)	11.21	12.00
2010	Ottawa, ON	Angela Mercurio (ON)	11.92	12.00
2011	Ottawa, ON	Angela Mercurio (ON)	11.48	12.00
2012	Charlottetown, PE	Stephanie Cho (BC)	11.67	12.00
2013	Langley, BC	Ebhani Blackwood (ON)	11.77	12.00
2014	Langley, BC	Ivana Nyemeck (QC)	11.38	12.00
2015	Ste. Therese, QC	Kristen Schultz (BC)	11.41	12.00
2016	Ste. Therese, QC	Jada Roach (SAS)	11.53	12.00
2017	Brandon, MB	Sierra Sweeney (NS/NU)	11.38	12.00
2018	Brandon, MB	Jillian Catton (ON) Madeline Ruth Starr (QC) Kennedy Primrose (BC)	11.91 11.13 11.10	12.00
2019	Cape Breton, NS	Kalista Elliott (ON) Tolulope Akinduro (Flying Angel) Madeline Ruth Starr (QC)	11.91 11.54 11.23	12.00
2022	Sherbrooke, QC	Brooklyn Taylor (York) Genevieve Mayville (York) Hannah Gates (SK)	11.01 10.88 10.63	12.00`
2023	Sherbrooke, QC	Hannah Gates (SK) Myka Wilson (NS/NU) Nadya Nemes (unattached)	11.28 11.12 11.09	12.00
2024	Calgary, AB	Addyson Parish (ON) Tessa Bell (BC) Myka Wilson (NS/NU)	11.59 11.20 10.99	12.00



**MEDAL WINNERS
1975 – TO PRESENT**

TRIPLE JUMP (introduced in 2007)– Boys Under 16

Year	Location of Camp	Athlete & Province	Distance	Record
2007	Oromocto, NB	Marvin Muschette (ON)	13.19*	13.19
2008	Sherbrooke, QC	Thomas Bednarik (ON)	12.98	13.19
2009	Sherbrooke, QC	Nicholas Fyffe (BC)	13.73*	13.73
2010	Ottawa, ON	Austin Kreller (ON)	12.84	13.73
2011	Ottawa, ON	Patrick Hanna (QC)	13.34	13.73
2012	Charlottetown, PE	Scott Billings (Open)	12.87	13.73
2013	Langley, BC	Ivan Nyemeck (QC)	13.60	13.73
2014	Langley, BC	Frederic Hanna (QC)	13.60	13.73
2015	Ste. Therese, QC	Bryce MacKenzie (BC)	13.18	13.73
2016	Ste. Therese, QC	Mackenzie Stathis (QC)	13.16	13.73
2017	Brandon, MB	Zackary Poirier (Calgary Warr)	12.86	13.73
2018	Brandon, MB	Praise Aniamaka (BC) Émerick Bayard-Fournier (QC) Joshua Seepersad (ON)	13.82* 13.46 13.06	13.82
2019	Cape Breton, NS	Émerick Bayard-Fournier (QC) Stephen Davis (ON) Emanuel Goi (AB-NT)	14.06* 13.84 13.61	14.06
2022	Sherbrooke, QC	Sayanthan Arulrajan (United Tamil) Kai Gibson (Ottawa Lions) Sakeeran Ganeshamurthi (United Tamil)	13.36 12.60 12.30	14.06
2023	Sherbrooke, QC	Ryan Fugel (SK) Alexis Godbout (QC) Sadiekie Hayden (Thorold Elite)	13.49 12.68 12.67	14.06
2024	Calgary, AB	David Ude (BC) Kottelenberg Warren (ON) Kyler Duclos (SK)	13.72 13.21 13.16	14.06

TRIPLE JUMP (introduced in 1988) – Girls Under 18

Year	Location of Camp	Athlete & Province	Distance	Record
1988	Quebec City, QC	Tracey Dulmage (SK)	11.19*	11.19
1989	Victoria, BC	Kubet Weston (ON)	11.37*	11.37
1990	Mount Pearl, NL	Megan Francis (MB/NWO)	10.89	11.37
1991	Toronto, ON	Noelle Chorney (SK)	11.36	11.37
1992	Calgary, AB	Crystal Shadd (ON)	11.99*	11.99
1993	Saskatoon, SK	Sarah Schnare (BC)	11.35	11.99
1994	Ottawa, ON	Veronica Dyer (ON)	11.22	11.99
1995	Winnipeg, MB	Stephany Reid (NB)	12.41*	12.41



**MEDAL WINNERS
1975 – TO PRESENT**

Year	Location of Camp	Athlete & Province	Distance	Record
1996	Sherbrooke, QC	Danielle Kot (SK)	11.54	12.41
1997	Mt. Pearl, NL	Stephany Reid (NB)	12.21	12.41
1998	Prince George, BC	Nicole Kaffka (BC)	11.33	12.41
1999	Sudbury, ON	Kerriann Mitchell (ON)	11.58	12.41
2000	Calgary, AB	Kerriann Mitchell (ON)	11.90	12.41
2001	Sherbrooke, QC	Tabia Charles	12.21	12.41
2002	Sherbrooke, QC	Sarah Nelson (ON)	11.67	12.41
2003	Kitchener/Waterloo, ON	Kim Tse (AB)	11.41	12.41
2004	Sudbury, ON	Neb Zachariah (ON)	11.85	12.41
2005	Edmonton, AB	Jaime Gittens (ON)	11.77	12.41
2006	Burnaby, BC	Jaime Gittens (ON)	11.97	12.41
2007	Oromocto, NB	Emma Dobson (ON)	11.24	12.41
2008	Sherbrooke, QC	Chloe Heatherton (SK)	12.34	12.41
2009	Sherbrooke, QC	Caroline Ehrhardt (Open)	12.25	12.41
2010	Ottawa, ON	Julia Stille (ON)	11.76	12.41
2011	Ottawa, ON	Angela Mercurio, ON	11.48	12.41
2012	Charlottetown, PE	Angela Mercurio (ON)	12.10	12.41
2013	Langley, BC	Brittany Graves (ON)	11.93	12.41
2014	Langley, BC	Jamilah James (ON)	12.61*	12.61
2015	Ste. Therese, QC	Kerry-Ann James (U of T)	12.09	12.61
2016	Ste. Therese, QC	Alissa Melvin (Laurel Creek)	12.16	12.61
2017	Brandon, MB	Mikeisha Welcome (ON)	12.26	12.61
2018	Brandon, MB	Busola Akinduro (ON) Rebecca Dutchak (BC) Jada Roach (SK)	12.23 11.59 11.56	12.61
2019	Cape Breton, NS	Busola Akinduro (Flying Angel) Lara Denbow (Prairie Stor) Jillian Catton (ON)	12.01 11.98 11.82	12.61
2022	Sherbrooke, QC	Asia Phillips (Flying Angel) Savahnna Gyasi-Nimako (Flying Angel) Sarah McChristie (MB/NWO)	12.57 11.30 11.03	12.61
2023	Sherbrooke, QC	Asia Phillips (Flying Angels) Shiloh Cross (Flying Angels) Lucy Okafor (Calgary Spartans)	12.65 11.75 11.55	12.61
2024	Calgary, AB	Shiloh Cross (Flying Angel) Sofia Varma-Vitug (BC) Brooklyn Taylor (York University)	12.15 12.14 11.98	12.61

TRIPLE JUMP – Boys Under 18

Year	Location of Camp	Athlete & Province	Distance	Record
1975	Waterloo, ON	Ozzie Sargeant (ON)	13.31*	13.31
1976	Edmonton, AB	Don Adams (ON)	13.52*	13.52
1977	Oromocto, NB	Everton McDougal (ON)	13.64*	13.64



**MEDAL WINNERS
1975 – TO PRESENT**

1978	Peace Garden, MB	Gord Sados (AB-NT)	12.69	13.64
1979	St. John's, NL	Ian James (ON)	12.59	13.64
1980	Saskatoon, SK	Mike Williams (ON)	12.75	13.64
1981	Hamilton, ON	Kerry Munro (ON)	13.07	13.64
1982	Fredericton/Oromocto, NB	Calvin Count (AB-NT)	13.34	13.64
1983	Ottawa, ON	Eldrick Florea (ON)	14.13*	14.13
1984	Halifax, NS	Casey Belaisis (ON)	13.95	14.13
1985	Saskatoon, SK	Clint Lange (BC)	13.29	14.13
1986	Sudbury, ON	Soren Rasmussen (AB-NT)	14.39*	14.39
1987	Calgary, AB	Todd Bertrand (QC)	14.01	14.39
1988	Quebec City, QC	Sean Taylor (QC)	13.91	14.39
1989	Victoria, BC	Sam Davis (ON)	13.76	14.39
1990	Mount Pearl, NL	Sam Davis (ON)	14.31	14.39
1991	Toronto, ON	Dego Labelle (QC)	13.97	14.39
1992	Calgary, AB	Adrian Woodley (ON)	14.84*	14.84
1993	Saskatoon, SK	Didier Bouchard (QC)	14.00	14.84
1994	Ottawa, ON	Devon Davis (ON)	14.46	14.84
1995	Winnipeg, MB	Kriss Peterson (ON)	14.56	14.84
1996	Sherbrooke, QC	Obi Ikejiani (NB)	14.12	14.84
1997	Mt. Pearl, NL	Bruce McCannel (SK)	13.84	14.84
1998	Prince George, BC	Bruce McCannell (SK)	14.49	14.84
1999	Sudbury, ON	Stephane Richard (QC)	14.45	14.84
2000	Calgary, AB	Steve Cove (ON)	13.48	14.84
2001	Sherbrooke, QC	Michel Richard	13.99	14.84
2002	Sherbrooke, QC	Dwayne Harriott (ON)	14.57	14.84
2003	Kitchener/Waterloo, ON	Ian Jestadt (SK)	13.61	14.84
2004	Sudbury, ON	Orlando Williams (ON)	14.21	14.84
2005	Edmonton, AB	Kurt McCormack (PE)	14.10	14.84
2006	Burnaby, BC	Jeremy Yang (ON)	13.46	14.84
2007	Oromocto, NB	Brandon Rosenberg (NS)	13.55	14.84
2008	Sherbrooke, QC	Taylor Stewart (ON)	14.13	14.84
2009	Sherbrooke, QC	Marvin Muschette (ON)	14.25	14.84
2010	Ottawa, ON	David Nsabua (Open)	14.26	14.84
2011	Ottawa, ON	Jordan Bates (Open)	11.70	14.84
2012	Charlottetown, PE	Tacum Anderson-Richards (ON)	14.40	14.84
2013	Langley, BC	Patrick Hanna (QC)	13.88	14.84
2014	Langley, BC	Ivan Nyemeck (QC)	14.45	14.84
2015	Ste. Therese, QC	Ivan Nyemeck (QC)	15.02*	15.02
2016	Ste. Therese, QC	Frédéric Hanna (QC)	14.34	15.02
2017	Brandon, MB	Femi Akinduro (Flying Angel)	14.02	15.02
2018	Brandon, MB	Deandre Fournier (ON) Benayo Olak (ON) Markus Rurangirwa (MB)	14.37 14.32 14.11	15.02
2019	Cape Breton, NS	Praise Aniamaka (BC) Daxx Turner (MB) Kenneth West (Flying Angel)	14.78 14.75 14.35	15.02



**MEDAL WINNERS
1975 – TO PRESENT**

2022	Sherbrooke, QC	Divine Aniamaka (BC) Daiquan Monteith (Flying Angels) Arwin Mathi (United Tamil)	14.79 14.69 14.16	15.02
2023	Sherbrooke, QC	Ban Kulainthiran (ON) Kevin Salaudeen (Quinte Legion) Matt Kathiravelu (United Tamil SC)	14.85 13.97 13.95	15.02
2024	Calgary, AB	Daanish Adams (ON) Jaden Stewart (ON) Alexander Anusiem (Running Room)	14.68 14.59 13.65	15.02

PENTATHLON (introduced in 2011) – Girls Under 16

Year	Location of Camp	Athlete & Province	Points	Record
2011	Ottawa, ON	Keely Watts-Watling (Open)	3057*	3057
2012	Charlottetown, PE	Sophie Pauls (BC)	3153*	3153
2013	Langley, BC	Nina Schultz (BC)	3332*	3332
2014	Langley, BC	Victoria Fair (ON)	3330	3332
2015	Ste. Therese, QC	Ashley Germain (Dynamique de Laval)	3290	3332
2016	Ste. Therese, QC	Chloé Royce (QC)	3458*	3458
2017	Brandon, MB	Kassandra Savoie (QC)	3070	3458
2018	Brandon, MB	Isabella Goudos (ON) Sarah Feschuk (AB) Alicia Bremer (BC)	3450 3042 2852	3458
2019	Cape Breton, NS	Shelaine Pritchard (SK) Jayel Dovichak (Bulldogs Tra) Sarah Feschuk (AB-NT)	3150 3066 3019	3458
2022	Sherbrooke, QC	Gabby Paterson (AB/NWT) Clémence Lavoie (QC) Eva Wilson	3210 2882 2321	3458
2023	Sherbrooke, QC	Lily Stroda (BC/YT) Jonckea Gauvin (QC) Laure Castonguay (Vainqueurs Plus)	3233 2797 2690	3458
2024	Calgary, AB	Josee Regala (ON) Kewine Lafo Nana Kouasseu (QC) Tessa Bell (BC)	3136 2881 2874	3458

PENTATHLON (introduced in 2011) – Boys Under 16

Year	Location of Camp	Athlete & Province	Points	Record
2011	Ottawa, ON	Nathaniel Mechler (Open)	1926*	1926
2012	Charlottetown, PE	Zach Lakeit (ON)	3004*	3004



**MEDAL WINNERS
1975 – TO PRESENT**

2013	Langley, BC	Jasper Schiedel (BC)	3257*	3257
2014	Langley, BC	Joel Harrison (Open)	3399*	3399
2015	Ste. Therese, QC	Aaron Marcynuk (AB/NT)	3244	3399
2016	Ste. Therese, QC	Mackenzie Stathis (QC)	3195	3399
2017	Brandon, MB	Quinn Cameron (BC)	3171	3399
2018	Brandon, MB	Emmanuel Désilets (QC) Ty Stevenson (BC)	3446* 2750	3446
2019	Cape Breton, NS	Tyler Sharpe (AB-NT) Nate Paris (BC) Cole Ciceran (Thorold Elit)	3048 2674 2656	3446
2022	Sherbrooke, QC	Philippe Glaude (QC) Jérôme Lépine Caleb Pivin (QC)	3045 2583 2559	3446
2023	Sherbrooke, QC	Caleb Pivin (QC) Ben Dnes (MN/NWO) Micah Brown (Leduc T.F.C.)	3258 3225 3030	3446
2024	Calgary, AB	Nicola Dinev (Dynamique De) Finn Kelly (AB/NWT) Evan Blake (Thorold Elite)	3177 2725 2705	3446

PENTATHLON (replaced by Heptathlon in 1999) – Girls Under 18

Year	Location of Camp	Athlete & Province	Points	Record
1994	Ottawa, ON	Karine Lamontagne (QC)	3879*	3879
1995	Winnipeg, MB	Nikki Biberger (AB-NT)	3799	3879
1996	Sherbrooke, QC	Lisa Soron (SK)	3617	3879
1997	Mt. Pearl, NL	Tamsin Anstey (BC)	3703	3879
1998	Prince George, BC	Shaundra Allard (AB-NT)	3647	3879

HEPTATHLON – Girls Under 18

Year	Location of Camp	Athlete & Province	Points	Record
1999	Sudbury, ON	Farrah Kohorst (BC)	4822*	4822
2000	Calgary, AB	Amelie Mercier (BC)	4378	4822
2001	Sherbrooke, QC	Sarah Nelson (ON)	4559	4822
2002	Sherbrooke, QC	Amanda Dawes (BC/Yukon)	4264	4822
2003	Kitchener/Waterloo, ON	Jessica Massitoe (QUE)	4263	4822
2004	Sudbury, ON	Brianne Theisen (SK)	4193	4822
2005	Edmonton, AB	Adrienne Bethune (ON)	4396	4822
2006	Burnaby, BC	Adrienne Bethune (ON)	4502	4822
2007	Oromocto, NB	Lauren Simpson (AB)	4174	4822
2008	Sherbrooke, QC	Rita Rudell (ON)	4343	4822
2009	Sherbrooke, QC	Andrea Vivic (BC)	4143	4822



**MEDAL WINNERS
1975 – TO PRESENT**

2010	Ottawa, ON	Niki Oudenaarden (AB)	5124*	5124
2011	Ottawa, ON	Georgia Ellenwood (BC)	5043	5124
2012	Charlottetown, PE	Genevieve Gagne (QC)	5015	5124
2013	Langley, BC	Keely Watts-Watling (Open)	4786	5124
2014	Langley, BC	Sara Murray (SK)	4755	5124
2015	Ste. Therese, QC	Dallyssa Huggins (open)	4898	5124
2016	Ste. Therese, QC	Kira Kopec (AB/NT)	4793	5124
2017	Brandon, MB	Skylar Sieban (AB)	5020	5124
2018	Brandon, MB	Chloé Royce (QC)	4909	
		Holly Harrison (BC)	4282	5124
		Shae Ledevehat (NF)	4278	
2019	Cape Breton, NS	Isabella Goudros (ON)	4897	
		Sienna MacDonald (AB-NT)	4895	5124
		Mia Fiesen (ON)	4781	
2022	Sherbrooke, QC	Madison Gordon (BC)	4398	
		Kaycee McKenzie (Red Deer Titans)	3975	5124
		Lauren Dellezay (Leduc Track)	3578	
2023	Sherbrooke, QC	Gabby Paterson (AB/NWT)	4583	
		Marlena Tresnjo (BC/YT)	4545	5124
		Clémence Lavoie (Dynamique de Laval)	4351	
2024	Calgary, AB	Lily Stroda (BC)	5076	
		Paige Zinger (AB/NWT)	4772	5124
		Clémence Lavoie (QC)	4427	

PENTATHLON (replaced by Heptathlon in 1999) – Boys Under 18

Year	Location of Camp	Athlete & Province	Points	Record
1994	Ottawa, ON	Patrick Gohier-Girard (QC)	3168*	3168
1995	Winnipeg, MB	Nick Wilkes (BC)	3387*	3387
1996	Sherbrooke, QC	Jean Archambault-Cyr (QC)	3049	3387
1997	Mt. Pearl, NL	Steven Frodsham (AB-NT)	2929	3387
1998	Prince George, BC	Greg Dingle (BC)	3231	3387

HEPTATHLON (replaced by Octathlon in 2004) – Boys Under 18

Year	Location of Camp	Athlete & Province	Points	Record
1999	Sudbury, ON	Laurent Lavigne Masse (QC)	4791*	4791
2000	Calgary, AB	Tyler Foote (AB-NT)	5359*	5359
2001	Sherbrooke, QC	Dan Mezheritsky (BC/Yukon)	4682	5359
2002	Sherbrooke, QC	Graeme McCallum (BC/Yukon)	4786	5359
2003	Kitchener/Waterloo, ON	Stefan Amason (MB/NWO)	5182	5359



**MEDAL WINNERS
1975 – TO PRESENT**

OCTATHLON (replaced by Decathlon in 2015) – Boys Under 18

Year	Location of Camp	Athlete & Province	Points	Record
2004	Sudbury, ON	Stefan Amason (MB/NWO)	5587*	5587
2005	Edmonton, AB	Mark Chenery (BC/Yukon)	5279	5587
2006	Burnaby, BC	Kevin Ross (AB)	5085	5587
2007	Oromocto, NB	Andrew Graham (ON)	5265	5587
2008	Sherbrooke, QC	Stephen McPhee (AB)	5509	5587
2009	Sherbrooke, QC	Branden Wilhelm (Open, London)	5442	5587
2010	Ottawa, ON	James Turner (BC)	6006*	6006
2011	Ottawa, ON	Junior Solomon (ON)	5126	6006
2012	Charlottetown, PE	Rostam Turner (Open)	5435	6006
2013	Langley, BC	Leaugan Fray (ON)	5354	6006
2014	Langley, BC	Brayden Posyluzny (AB-NT)	5104	6006

DECATHLON – Boys Under 18

Year	Location of Camp	Athlete & Province	Points	Record
2015	Ste. Therese, QC	Laurent Grandmangin (Sherbrooke)	5725*	5725
2016	Ste. Therese, QC	Adam Farmer (NS)	5624	5725
2017	Brandon, MB	Ethan Foster (BC)	6035*	6035
2018	Brandon, MB	Mackenzie Stathis (QC) Blake Devinney (ON) Caleb Timm (ON)	5961 5794 5761	6035
2019	Cape Breton, NS	Quinn Cameron (BC) Winston Clarke (AB-NT) Isaiah Collins (BC)	6195* 6194 6141	6195
2022	Sherbrooke, QC	Samuel Jeffery (Athletics Niagara) Aidan Turner (BC) Lambert Fournier (QC)	6519* 6213 5868	6519
2023	Sherbrooke, QC	Jackson Mackay (ON) Logan Kok (SK) Lu Radtke-Harris (Athletics Niagara)	6535 6188 5620	6535
2024	Calgary, AB	Soren Tico Philipp (Caltaf) Nolan Rosenegger (AB/NWT) Micah Brown (Leduc Track)	6502 6242 6110	6535