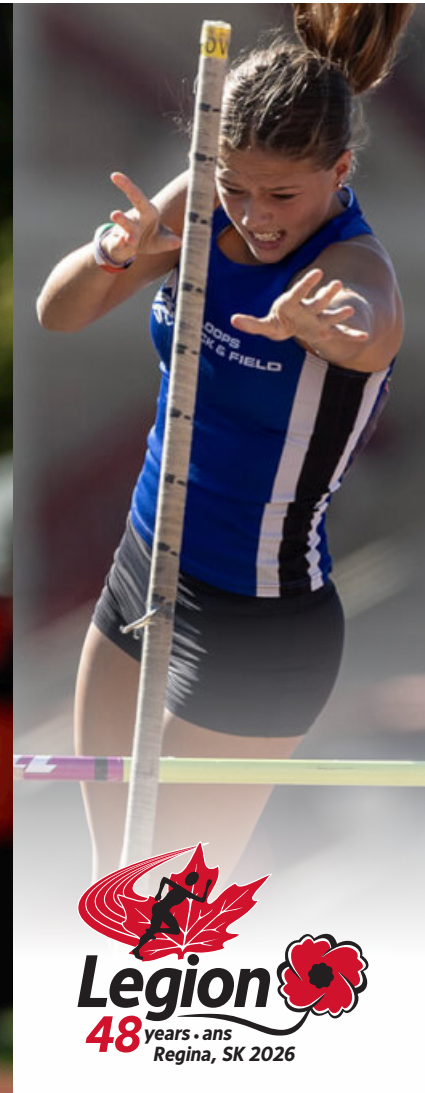


LEGION NATIONALS

Canadian Youth Track & Field Championships

August 7-9, 2026 | Regina, SK

legionnationals.ca



Photos: Stephen J. Thorne/Legion Magazine



The Championships bring together over 1,000 athletes from across the country to compete in Canada's only U16 and U18 National Track and Field Championships.

To qualify, there are two streams for Ontario athletes:

A) LEGION TEAM ATHLETE (full Legion Team dates August 5 through 11, 2026)

1 Compete at a Legion Ontario District Meet (see www.athleticsontario.ca/events for full schedule).

2 Achieve qualifying entry to be selected for a Legion District Team and advance to Provincial Championships * July 10-11 at Laurentian University, Sudbury.

3 Achieve qualifying entry to be selected for Legion Team Ontario and advance to Legion Nationals.*

B) OPEN ATHLETE

1 Compete in a qualifying event sanctioned by Athletics Canada.

2 Achieve qualifying entry standards identified in the Technical Manual (No standard required for para athletes).

3 Register for Legion Nationals online at www.legionnationals.ca from June 1 to July 26, 2026.

*If selected from a District Meet, participation at the Provincial and National Championships is fully sponsored (travel, accommodations, and meals) by Legion Ontario Command.