

# LEGION NATIONALS

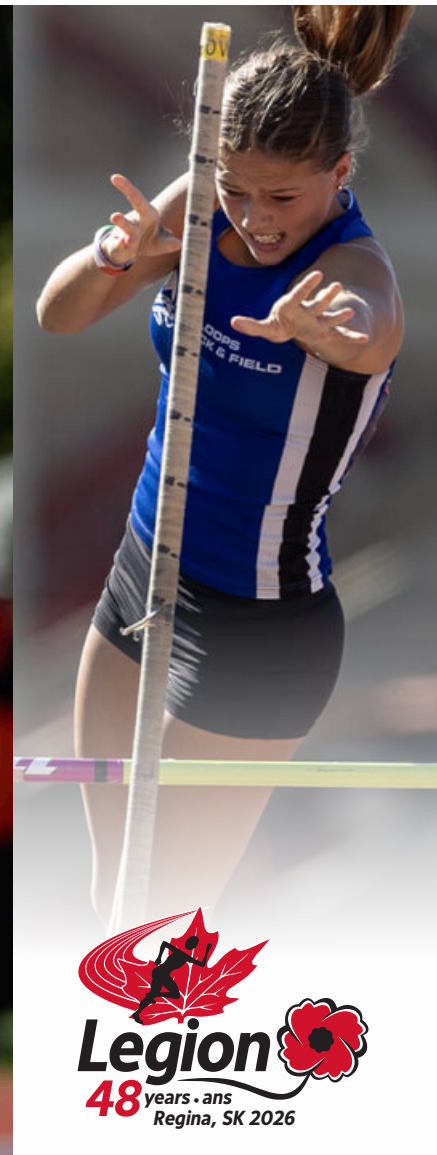
## Canadian Youth Track & Field Championships

August 7-9, 2026 | Regina, SK

[legionnationals.ca](http://legionnationals.ca)



Photos: Stephen J. Thorne/Legion Magazine



The Championships bring together over 1,000 athletes from across the country to compete in Canada's only U16 and U18 National Track and Field Championships.

To qualify, there are two streams for Nova Scotia/Nunavut athletes:

### A) LEGION TEAM ATHLETE (full Legion Team dates August 5 through 11, 2026)

**1** Compete in the Selection Meet July 11-12, 2026.

**2** Achieve the team selection standard or be in the top 38 athletes.

**3** Be selected to Team Nova Scotia/Nunavut and compete at the Legion Nationals.

### B) OPEN ATHLETE

**1** Compete in a qualifying event sanctioned by Athletics Canada.

**2** Achieve qualifying entry standards identified in the Technical Manual (No standard required for para athletes).

**3** Register for Legion Nationals online at [www.legionnationals.ca](http://www.legionnationals.ca) from June 1 to July 26, 2026.