

LEGION NATIONALS

Canadian Youth Track & Field Championships

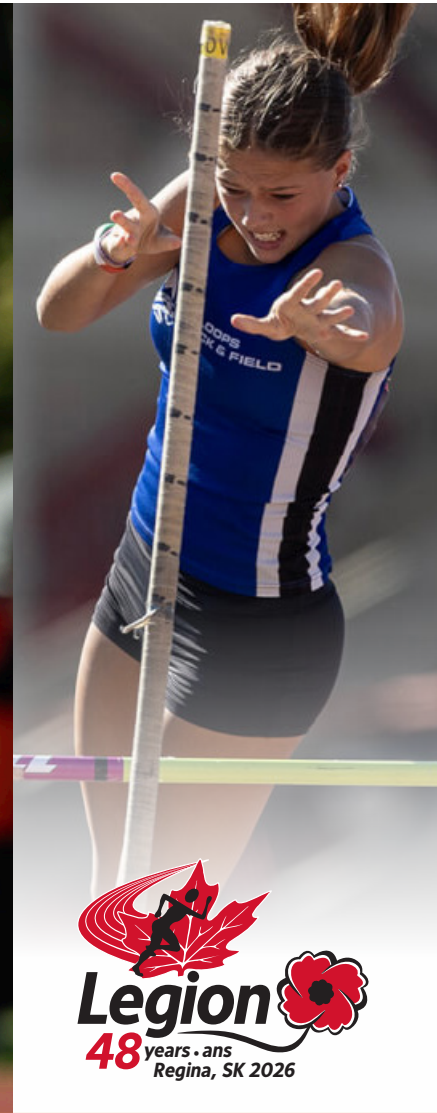
August 7-9, 2026 | Regina, SK

legionnationals.ca

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Photos: Stephen J. Thorne/Legion Magazine



The Championships bring together over 1,000 athletes from across the country to compete in Canada's only U16 and U18 National Track and Field Championships.

To qualify, there are two streams for Manitoba/Northwestern Ontario athletes:

A) LEGION TEAM ATHLETE (full Legion Team dates August 5 through 11, 2026)

1 Compete in a qualifying event to be held at the University of Manitoba, July 4-5, 2026 – Winnipeg, MB.

2 Achieve the team selection standard.

3 Be selected to Team Manitoba / Northwest Ontario Command and compete and Legion Nationals.*

B) OPEN ATHLETE

1 Compete in a qualifying event sanctioned by Athletics Canada.

2 Achieve qualifying entry standards identified in the Technical Manual (No standard required for para athletes).

3 Register for Legion Nationals online at www.legionnationals.ca from June 1 to July 26, 2026.

*If selected for Team Manitoba/Northwest Ontario Command, travel will be covered from Winnipeg or Thunder Bay and room and board will be covered in Regina.